



MENTAL HEALTH & ADDICTION REGIONAL NETWORK

Midland district health boards' shared services agency Service Development • Workforce Development • Partnerships & Relationships

<b>Project Title</b>	<b>Midland Eating Disorders Expert Advice Implementation</b>
<b>Prepared by</b>	Eseta Nonu-Reid
<b>Date</b>	26 March 2018
<b>Version</b>	1

**Project Statement**

This project will ensure that the way the Midland DHBs access Expert Advice is provided to ensure that the clinical needs are met consistently.

**Objectives**

The project will provide:

1. Clarity on how the hybrid Expert Advice will work across the region
2. Identify what support components will be provided
3. Develop Service Level Agreement
4. Identify costings

**Strategic Accountability**

The project will be guided by:

- Midland EDS Model of Care
- Midland Regional Services Plan

**Background**

In September 2016 the Mental Health & Addiction Network was provided a copy of the letter sent to the Northern Region lead CE informing them of our intent to exit the Northern Regional Supra-region Eating Disorders agreement from the 1<sup>st</sup> July 2017. The only component that Midland will be retaining from the Northern Region is the Eating Disorders Rehabilitation Bed currently being provided by an NGO.

In the letter the Midland lead CE stated that a Transition Plan will be developed to ensure that all service components that are being exited will be addressed so there are no gaps in service delivery. A Midland EDS Model of Care was submitted to the Ministry of Health in September 2017.

In February 2018, the Ministry of Health signed off the Midland EDS Model of Care.

**Approach**

The approach will include the following processes:

- Approve the Project Scope 6 April 2018.
- Engage key stakeholder groups
- Develop a standardise Service Level Agreements form
- Schedule teleconferences to complete Service Level Agreement
- Check to ensure that the information, and the way it is presented is going to be useful
- Report regularly to the project sponsor

	<ul style="list-style-type: none"> <li>• Submit the final report to the project sponsor</li> </ul>												
<b>The project will include</b>	<ul style="list-style-type: none"> <li>• Service Level Agreements</li> </ul>												
<b>The project will not include</b>	<p>The report will not, as a general rule, include information about DHBs /NGOs from outside the district and/or region.</p> <ul style="list-style-type: none"> <li>• The project will exclude doing original research.</li> </ul>												
<b>Completion Criteria</b>	<p>The project will be completed when the service level agreement are signed off by all parties</p>												
<b>Internal Stakeholders</b>	<ul style="list-style-type: none"> <li>• Project Sponsor – Director, Midland Region Mental Health and Addictions Network</li> <li>• Midland Clinical Governance and Regional Portfolio Managers Groups – Leadership and Expert Advice</li> <li>• Midland Regional Network Team – Backroom Support</li> <li>• Midland Region Eating Disorders Clinical Network - Advice and support</li> </ul>												
<b>External Stakeholders</b>	<ul style="list-style-type: none"> <li>• Ministry of Health</li> </ul>												
<b>Implications for Maori</b>	<p>Māori are over-represented in prevalence data and as users of mental health and addictions services; Māori do not feature high in the Eating Disorders data but it is important that all services provided are whanau centred and mana enhancing. This project will ensure that good information is provided to support planning to meet the needs of Māori in each district and across the Midland region.</p>												
<b>IM Implications</b>	<ul style="list-style-type: none"> <li>• Eating Disorders data has been difficult to collect and will be address in a separate piece of work.</li> </ul>												
<b>Key milestones and timeline</b>	<table border="1"> <thead> <tr> <th>Date</th> <th>Deliverables</th> </tr> </thead> <tbody> <tr> <td>6 April 2018</td> <td>Project Scope finalised</td> </tr> <tr> <td>12 April 2018</td> <td>Meet with key stakeholders</td> </tr> <tr> <td>30 April 2018</td> <td>Teleconference with individual DHBs completed re Service Level Agreements</td> </tr> <tr> <td>21 May 2018</td> <td>Service Level Agreements finalised and signed off</td> </tr> <tr> <td>1 June 2018</td> <td>Approved by GMs Planning &amp; Funding</td> </tr> </tbody> </table>	Date	Deliverables	6 April 2018	Project Scope finalised	12 April 2018	Meet with key stakeholders	30 April 2018	Teleconference with individual DHBs completed re Service Level Agreements	21 May 2018	Service Level Agreements finalised and signed off	1 June 2018	Approved by GMs Planning & Funding
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**Project relationships and linkages**

Other projects or initiatives that this project relates to and key contact people that provide liaison:

<b>Project</b>	<b>Contact</b>
EDS Pathways of Care	Eseta Nonu-Reid

**Financial Summary**

**Budget (one-off costs)**

<b>Costing Activity</b>	<b>Indicative Costs .</b>
Travel	
Meeting costs	
Accommodation/meals	
Consultant Cost	

**Ongoing cost:** Nil

**Cost Savings:**

**Risk management**

**Risks associated with the project.**

**Risk Mitigation**

- |  |  |
|--|--|
| 1. A consistent Expert Advice model is not agreed to | <ul style="list-style-type: none"><li>• Discuss with Regional Portfolio Managers and GMs P&amp;F</li></ul> |
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**Risks the region is exposed to if the project does not proceed.**

- Funding might be frozen by the MoH

**Quality**

Quality will be facilitated through

- Project Update reports

**Project Opportunities and benefits**

Midland can provide a seamless Eating Disorders service in all of the DHBs  
Midland builds capacity and capability

**Assumptions**

The following assumptions have been made:

- All stakeholders are aware and understand the agreed Midland EDS Model of Care

**Constraints**

NA

**Communication Plan**

Project Update Reports  
Midland MH&A Website