



MENTAL HEALTH & ADDICTION REGIONAL NETWORK

Midland district health boards' shared services agency Service Development • Workforce Development • Partnerships & Relationships

Project Title	Midland CAMHS Inpatient Project
Prepared by	Eseta Nonu-Reid, Midland Regional Director Deirdre Mulligan, Project Consultant
Date	26 th September 2011
Version	Final

Project Statement

The implementation of the UNCROC standards for children has had a significant impact on the demand of the Auckland CFU beds funded by Midland. For the 2010 year Midland has averaged utilising 5 inpatient beds. The Midland Clinical Leadership Group believe that it is timely for Midland to formalise our agreements with Auckland CFU, review and consider acute admission alternatives and models of practice that includes transferring lessons learned from other DHBs, and ascertain the viability of Midland offering its own regional CAMHS inpatient unit.

This project will also examine existing relationships with the Auckland Child and Family Unit (CFU) to develop a Service Level Agreement that involves key clinical stakeholders, Portfolio Managers, Service managers, consumers and whanau.

Objectives

The objective is to develop, by 30 December 2011, a Service Level Agreement that describes pathways, processes and protocols for accessing inpatient services via the CFU. Included in the scope is also the 2 EDS beds delivered to the Midland population via Thrive and Starship hospital.

Additionally a report will be produced that outlines preferred future practice for Midland DHBs, covering both admissions to CFU and local/regional options, including an exploration of the impact of UNCROC guidelines for Midland DHBs .

Strategic Accountability

The project will be guided by:

- Ministry of Health: Te Tahuu, Improving Mental Health 2005-2015, The Second NZ Mental Health and Addiction Plan, 2005.
- Ministry of Health: Te Kokiri, The Mental Health and Addiction Action Plan 2006-2015
- Midland Region Mental Health and Addiction Needs Assessment 2010.
- Midland Region Mental Health and Addictions Strategic Plan 2008-2015.

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- Midland Region Mental Health Workforce Development Plan 2011 – 2014
 - Midland Clinical Services Plan, 2011/12
 - Guidelines for Compliance with Non Age-mixing Provisions in Article 37(c) of the United Nations Convention on the Rights of the Child (UNCROC)
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Background

Midland DHBs (excluding Tairāwhiti) access tertiary specialist mental health inpatient beds for children and adolescents under 18 years of age from the Child and Family Unit (CFU) at the Starship Hospital in Auckland, as well as one Eating Disorders bed for the Midland population.

In 2011, the number of beds funded by the Midland region through IDFs was increased from 3 to 4 per annum, in order to better meet increased demand for service by the region. Additional to the agreement to increase volumes, the GMs recommended that a project was undertaken to:

- Progress the development of a Service Level Agreement and Client Pathway between Midland and ADHB stakeholders.
 - Undertake a stocktake of CAMHS service provision in relation to inpatient services across the Midland region, identify areas of best practice and transfer lessons learnt across the sector utilising Midland clinical expertise.
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Approach

The approach will include the following processes:

- Establishment of a Technical Advisory Group (CAMHS CDs and Managers)
 - Approval of the project scope and the proposed approach
 - Consulting with a range key stakeholder groups
 - Reviewing the previous reports, referral pathways and utilisation data
 - Collecting, analysing and presenting the feedback
 - Drafting preliminary Service Level Agreement for feedback
 - Regular reporting to the project sponsor
 - Submitting the final Service Level Agreement to the Project sponsor for endorsement and sign off by the Midland GMs and ADHB
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The project will include

Key areas to be covered in the Service Level Agreement:

- Introduction and purpose
 - Parties
 - Shared values and ways of working (including discussions on clinical issues and networking, interface meetings)
 - Services to be provided
 - Eligibility criteria
 - Referral pathways
 - Assessment and care planning
 - Treatment (as well as POC utilisations)
 - Discharge
 - Operational structures/processes to support service provision
 - Outcomes of the service
 - Information sharing and Confidentiality
 - Problem resolution and risk management (e.g. beds closed, complaints, sentinel events, other issues that arise)
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- Reporting agreements and data requirements
 - Quarterly reports for Midland
 - By DHB (Referral dates, Admission & discharge dates, Waiting lists by NHIs)
 - Funding
 - Review processes and agreements
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The project will not include The SLA will not, as a general rule, include information about DHBs from outside the region. The project will exclude doing original research.

Completion Criteria The project will be completed once the project report (2011) has been signed off by the Project sponsor, and the SLA has been endorsed and signed off by the GMs from Midland and ADHB.

Internal Stakeholders

- Project Sponsor, Eseta Nonu-Reid
- Technical Advisory Group to provide clinical expertise, direction and advice to the project (Midland DHBs and ADHB)

External Stakeholders

Midland region has a number of existing regional groups representing key stakeholders who will be consulted as part of the project if deemed appropriate:

- He Tipuana Nga Kakano "Growing the Seeds". The Midland Regional Consumer Advisory Group
- Nga Purei Whakataa Ruamano. The Midland Regional Maori Advisory Group. Established early in 2001 this forum meets four times a year
- The Midland Regional Clinical Leadership Forum. A forum of Clinical Directors and Provider Service Managers to provide clinical leadership to the Midland Region
- The Midland Regional Generating Action for Families. A forum to provide peer support and mentorship to Family advisors, advocates and peer support workers working in the sector
- The Midland Regional Mental Health & Addictions Portfolio Managers Group. A forum to provide support and operationalise activity across the region
- The Midland Regional Addictions Forum
- Midland Region Workforce Strategic Advisory Group
- Others as identified during the process.

Midland Child Adolescent Mental Health Services will also be consulted as part of the project, as they will have views on what the SLA needs to reflect.

Implications for Maori Maori are over-represented in prevalence data and in mental health and addictions services. This project will ensure that good information is provided to support planning to meet the needs of Maori children and adolescents in the Midland region.

IM Implications The regional network meetings, email and Midland website will be utilised to convey information about the project to the sector.

Resources and Project Structure

The project will be led by Deidre Mulligan, the project consultant who will be responsible for carrying out the work, consultation, communication and writing the Service Level Agreement. The project consultant will report directly to the Midland Region Director, Mental Health and Addiction Service Development.

Midland/DHB staff to be involved in this project are:

- Belinda Walker (Midland region) who will provide project assistance, administrative support, minute taking, peer review as required.

A Technical Advisory Group to provide advice and direction to the project will be established based on clinical expertise in the area of child and adolescent mental health.

Key milestones and timeline

Date	Deliverable
1 st September 2011	Project scope drafted
6 th October 2011	Clinical Reference Group established
14 th October 2011	Project brief signed off by Technical Advisory Group and Project Sponsor
30 th October 2011	Stakeholder consultation and data gathering
30 th November 2011	SLA drafted and circulated for consultation and feedback with key stakeholders
15 th December 2011	SLA amended based on feedback
30 th December 2011	Final SLA to GMs for sign off and approval for implementation
Monthly	Progress reports to project sponsor

Project relationships and linkages

Other projects or initiatives that this project relates to and key contact people that provide liaison:

Project	Contact
Link with other individual DHB or regional projects relevant to this project	Midland Portfolio Managers & Midland Director
Midland Region Clinical Plan	Midland Director and Midland CSP Planner

Financial Summary

Budget (one-off costs)

The project consultant will be contracted for up to 120 hours with some flexibility. In addition to the project consultant, other costs are estimated as follows which are covered in the contract price:

Costing Activity	Indicative Costs
Travel	\$2,000
Meeting costs	\$2,000 (nil if the project uses existing meetings)
Accommodation/meals	\$1,000

Ongoing cost: Nil

Cost Savings: The cost of carrying out this project as a regional project will be significantly less than the cost of all 5 DHBs developing individual SLAs.

Risk management**Risks associated with the project.**

1. Too little information available resulting in a SLA that is not fit for purpose - **Medium**
2. Delays in receiving information from the various information sources – **High**
3. Resistance to the project being undertaken - **Low**

Risk Mitigation

- Assess which information is most useful for the purposes of the SLA. Discuss this with the Technical Advisory Group.
 - Build sufficient time into project plan or renegotiate timeframes with project sponsor
 - Discuss this with the Project Sponsor and GMs, and develop champions across the region who support the project
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Risks the region is exposed to if the project does not proceed.

- Midland DHBs do not access appropriate specialist tertiary mental health inpatient services for children and adolescents
 - The Midland DHBs continue to behind the mark when national imperatives are implemented.
 - There will be continue to be an inconsistent basis for accessing services regionally.
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Quality

Quality will be facilitated through

- Establishment of a small Technical Advisory Group with clinical expertise from Midland DHBs and ADHB – teleconferences and/or meetings
 - A project consultant who has knowledge of mental health and addiction policy settings, accountability frameworks and information available
 - A signoff process for both the project scope and the final SLA that involves portfolio GMs as well as the Project sponsor.
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Project Opportunities and benefits

The Midland Regional CAMHS Project – Mental Health and Addictions will provide sound clinical advice in regional planning, implementation and evaluation. It is timely to review the way the region accesses child and adolescent inpatient services from CFU and develop a SLA that clearly articulates the pathway in, through and out of these services.

Assumptions

The following assumptions have been made:

- The project will be funded by Midland Regional Network, Mental Health and Addictions
 - The project will be sponsored by Midland Regional Director, Mental Health and Addiction Service Development
 - The Midland regional networks will actively participate in and support the project as appropriate
 - Child and youth services will be consulted a key stakeholders
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Constraints

There are no particular constraints.

Communication Plan

There will be at least two written communications with stakeholders, one at the start of the project, outlining the project and its objectives and another at the end of the project, thanking stakeholders for their contribution to the project and providing the final SLA.

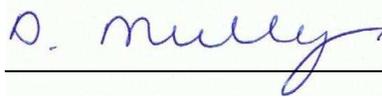
During the project, stakeholders will be consulted at their scheduled meetings on gaps, needs, priorities and risks.

Some of the key messages to be included in communications with stakeholders will be:

- The purpose and objectives of this project
 - The consultation and feedback process
 - The SLA at the end of the project
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Sign-off (signatures required)

Project Consultant: Deirdre Mulligan



Project Sponsor: Eseta Nonu-Reid



GM Planning & Funding Lakes DHB: Mary Smith



Date: 06 October 2011