



## PRIMARY MENTAL HEALTH

- ❖ DEFINITION
- ❖ SERVICE OBJECTIVES
- ❖ SERVICE OFFERED
- ❖ MY ROLE
- ❖ ACCESS AND REFERRAL CRITERIA
- ❖ REFERRAL PROCESS

## BARRIERS TO USING PMH

- ❖ WESTERN INTERVENTIONS
- ❖ CONTRACTUAL REQUIREMENTS
- ❖ INDIVIDUALS AS OPPOSED TO WHANAU
- ❖ ENVIRONMENT VS CLINICIAN SAFETY

## WHANAU ORA

- ❖ SELF MANAGING
- ❖ LIVING HEALTHY LIFESTYLES
- ❖ PARTICIPATING FULLY IN SOCIETY
- ❖ CONFIDENTLY PARTICIPATING IN TE AO MAORI
- ❖ ECONOMICALLY SECURE AND SUCCESSFULLY INVOLVED IN WEALTH CREATIONS
- ❖ COHESIVE, RESILIENT AND NURTURING

## WORKING TOGETHER

- ❖ HOLISTIC APPROACH
- ❖ WHANAU BEFORE DISORDERS
- ❖ EARLY INTERVENTION
- ❖ EXPANDING NETWORKS
- ❖ SUSTAINABLE AND INTERGENERATIONAL OUTCOMES

## SUMMARY

HONE THE SERVICE TO MEET THE NEEDS OF THE WHANAU, NOT THE WHANAU TO MEET THE NEEDS OF THE SERVICE

## ACKNOWLEDGEMENTS

- ❖ Nicola Molloy: *Maori Culture in New Zealand*. <http://www.angelfire.com/nm2/nmolloy/waitangi.html> Retrieved July 23rd 2012
- ❖ Andre McLachlan, 2008. Weaving the Realities And Responsibilities: Crossing cultures and concepts of healing within co-existing mental health and addictive disorders. Extracted from: Levy, M., Nikora. L. W., Mast, M. R., Masters-Awatere, B., Rua, M. R., Waitoki, W., (2008). *Claiming Spaces: Proceedings of the 2997 National Maori and Pacific Psychologies Symposium, 23-24 November, Hamilton*. Hamilton: Maori and Psychology Research Unit.
- ❖ Whanau Ora: *The theory and the practice*. The Honorable tariana Turia. <http://www.bpac.org.nz/magazine/2011/august/whanauora.asp> Retrieved March 11<sup>th</sup> 2012.