



Midland district health boards' shared services agency



MENTAL HEALTH & ADDICTION REGIONAL NETWORK

Service Development • Workforce Development • Partnerships & Relationships



Midland Region Mental Health and Addictions Mini-conference Evaluation Report



January 2013

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1.0 Executive Summary

The Midland region has not celebrated its innovation in mental health and addictions since the 2006 Midland Living Well conference. Planning for the Mini-conference days commenced in 2011 through the Midland Stakeholder Networks and Forums and were delivered during the months of August and September 2012 in Rotorua.

Four Mini-conference days were held focusing on consumer, whanau, addiction and Maori. Over the four days, 231 participants from across the Midland region attended the Mini-conferences, with some participants attending more than one day. Presenters on each of the days were nominated by each of the regional networks / forums with each presenter being evaluated at the end of the day.

Using simple Likert scales, participants evaluated the pace, presenters knowledge of the topic, content and the presenters interest in the participants. All of the mini-conferences rated as successful based on the participants feedback, with the Consumer mini-conference being rated the highest. A more detailed analysis can be found in [Section 3](#) of this report. Overall, the venue where the conferences were held were rated high with the ease of registration process being rated highest.

All of the mini-conference days were supported by Eru George, Pou Herenga, Lakes District Health Board, who provided a mihi and karakia each morning. The Midland Regional Network Team would like to acknowledge Uncle Eru's ongoing support of the mahi undertaken by the Midland Regional Network Team.



Recommendations

1. That further mini-conference days be held in 2013-2014
2. That consideration be given to holding summits for the following speciality areas:
 - a. Youth
 - b. Perinatal and Maternal

2.0 Introduction and Approach

In September 2006 the Midland region held its first mental health and addictions conference with the theme of 'Meeting the 10 Challenges of Te Tahuu – Improving Mental Health 2005-2015 Second Mental Health Plan.' The conference had over 200 people registered to attend and included a conference dinner where service innovation within Midland was recognised. A number of the services who were recognised for innovation still exist and continue to deliver within their local District Health Board (DHB) area. The intent was that a mental health and addiction conference would be held bi-annually, however due to financial constraints and the expectations of the Ministry of Health (MoH) this has not occurred.

Over the last three years, one of the main drivers from the MoH has been that funding is utilised that provides value for money. With this in mind, in February 2011 the planning for the Midland region mini-conference days commenced with each of the Midland regional stakeholder networks.

Each regional stakeholder network agreed that it was well overdue for Midland to bring together services across the region to celebrate what has occurred since the last conference in 2006. The most cost effective way was to hold a one day mini-conference prior to each of the regional stakeholder networks annual strategic planning day.

At the February and May 2012 regional stakeholder networks meetings, each network determined the theme, presenters and format of each mini-conference day. Invitations were sent to each presenter who were also asked to complete a brief profile of themselves and abstract. Flyers advertising the mini-conference and invitations to register were sent across the region. Each mini-conference was limited to 50 places to keep costs affordable. The mini-conference days were held over August – September 2012.

Evaluation forms were completed by participants prior to leaving to ensure that feedback was gained on how the participants found the day, suggestions for improving the day was ascertained and if they found value in the mini-conference concept. As a Midland Regional Network – Mental Health and Addiction Network we supported the following mini-conferences:

1. **Midland Consumer Leadership Network – He Tipuana Nga Kakano – “*Building Consumer Leadership*”**
2. **Midland Alcohol and Other Drugs Network – “*Creative Futures for Addictions: Making It Happen*”**
3. **Midland Whanau Leadership – Te Ao Whanau – “*Families Are Fundamental*”**
4. **Midland Maori Advisory – Nga Purei Whakataa Ruamano – “*Whanau Ora: Recognising CAMHS and Primary Mental Health*”**

All of the Midland mini-conferences were held in Rotorua.

3.0 Mini-conference Evaluation and Findings

3.1 Consumer Leadership: He Tipuana Nga Kakano Network - “Building Consumer Leadership”

The Midland Consumer Leadership Network led the development and implementation of the mini-conference day with the support of the Midland Regional Network team. The calibre of the presenters made this mini-conference an amazing day.

There were 63 registered participants from across the region prior to the mini-conference day with 51 (81%) registered participants attending on the day. Using simple Likert scales, overall the presenters received an average of 4.6 for their presentations.

District	Registered to attend	Numbers attended
Waikato	17	10
Taranaki	6	6
Tairāwhiti	10	8
Lakes	18	16
Bay Of Plenty	12	11

Kelly Ware - Senior Consumer Relationship Advisor, Waikato DHB.



Title of the Presentation: [Who Would Have Thought I'd End Up Here!](#)

Presentation Abstract:

How do you move from illness where your only capable of thinking about yourself and what's happening in your own life to working in a role where by absolute necessity you must think bigger and wider than you have ever had to before?

This is my journey through a variety of roles in the Mental Health Sector to where I am today, how and why I have got there and what that looks like now. I want to share my progress not because it's perfect or complete but because I do think there are learning's that I have gleamed a long the way that might help others.

Here in Waikato Mental health and Addiction service we are going through a time of major change that hand on heart I know has involved consumers from inception to where we are at now with implementation. There is no magic formula to how or what it will look like, but at its base is a two year goal “to earn the reputation people trust with their loved ones care.”

Kelly Ware – Mini-Conference Evaluation

Evaluations Received

42

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Content of Presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	0	6	9	25	4.5	<div style="width: 90%; background-color: blue;"></div>
Content is applicable to my role	0	2	11	11	16	4.1	<div style="width: 82%; background-color: blue;"></div>
Content has given me direction to develop career	0	3	12	8	17	3.9	<div style="width: 78%; background-color: blue;"></div>
I found value in the presentation	1	0	5	14	20	4.3	<div style="width: 86%; background-color: blue;"></div>
Presenter	1	2	3	4	5		
Overall Rating	0	0	4	9	27	4.6	<div style="width: 92%; background-color: blue;"></div>
Generated my interest in the content	0	0	10	10	20	4.2	<div style="width: 84%; background-color: blue;"></div>
Demonstrated excellent knowledge of presentation	0	1	6	7	26	4.4	<div style="width: 88%; background-color: blue;"></div>
Interest in participants & engaged our heart	0	1	6	7	26	4.4	<div style="width: 88%; background-color: blue;"></div>

4.3 average overall.

Carolyn Swanson, Service Leader Lead, Te Pou National Workforce Centre



Title of the Presentation: [Making A Silk Purse Out Of A Sows Ear](#)

The last 13 years Carolyn has worked in service user roles including consumer advisory, auditing, governance, peer support, project management, training, facilitation, consultancy, evaluation, resource development, advocacy, writing, supervision and mentoring, and quality improvement.

Presentation Abstract:

To go from the most profound fear and dread of my experiences of mental health issues to valuing them as a powerful and useful part of my life, was a trip I never thought to take.

In the hottest fire you find your metal. I hoped for companions and teachers along the way, I got the very best of those. What I didn't expect was to find my vocation, my passion and dreams there.

My sows ear became a silk purse.

Carolyn Swanson – Mini-Conference Evaluation

Evaluations Received **43**
 Scale 0.5
 Max to show 5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Content of Training Session	1	2	3	4	5		Avg	Aggregated Data
Overall rating	0	0	4	5	31		4.7	<div style="width: 94%; background-color: #1a3a7a; height: 10px;"></div>
Content is applicable to my role	0	2	7	10	19		4.2	<div style="width: 84%; background-color: #1a3a7a; height: 10px;"></div>
Content has given me direction to develop career	0	1	4	10	25		4.5	<div style="width: 90%; background-color: #1a3a7a; height: 10px;"></div>
I found value in the presentation	0	0	5	9	27		4.5	<div style="width: 90%; background-color: #1a3a7a; height: 10px;"></div>
Presenter	1	2	3	4	5			
Overall Rating	0	0	1	6	33		4.8	<div style="width: 96%; background-color: #1a3a7a; height: 10px;"></div>
Generated my interest in the content	0	0	4	9	27		4.6	<div style="width: 92%; background-color: #1a3a7a; height: 10px;"></div>
Demonstrated excellent knowledge of presentation	0	0	2	4	34		4.8	<div style="width: 96%; background-color: #1a3a7a; height: 10px;"></div>
Interest in participants & engaged our heart	0	0	4	4	33		4.7	<div style="width: 94%; background-color: #1a3a7a; height: 10px;"></div>

4.6 average overall.

Paul Bennett, Kaimahi, Te Runanga O Ngaiterangi Iwi Trust



Title of the Presentation: [Transformation: Tangata Whai Ora ki Kaimahi](#)

Presentation Abstract:

Paul Bennett has been a kaimahi with Te Runanga O Ngaiterangi Iwi Trust based in Mt. Maunganui since 2004.

When the health system had given Paul no hope, he went to his family urupa (cemetery) because of the barriers associated with mental health services. About six months later Paul lost his fear of dying and with that, his general anxiety lessened. It was at this time that Paul decided to undertake a holistic approach to health.

As Paul's health slowly improved he decided to write a book and in 2004 he met Paul Stanley the General Manager of Ngaiterangi who supported him through the publication process. Paul's professional development continues as do the partnerships he has developed.

Before the release of Paul's book in 2005, he began working in Health Promotion speaking publically about the harms of methamphetamine, and after the release of his book, national speaking engagements quadrupled. Early 2007 Paul burnt out and relapsed using alcohol and prescription medication. 2008 Paul went into rehabilitation for the first time in his life because he no longer feared the stigma. Through his recovery Paul was approached to work with different corrections and AOD focus groups which he accepted, but graciously declined the public forums.

September 2011, Paul's revised and updated version of his book was launched at the Cutting Edge Conference with support from the Mental Health Commission. The story remains the same but the focus this time is on Mental Health Awareness, Addiction, and Rehabilitation options. Paul worked briefly as a Consumer Advisor with the BOPDHB in 2011-2012 but due to funding cuts his contract was not rolled over. In March 2012, Paul became a full time student, enrolling in the Diploma of Applied Maori Health Coexisting Disorders Level 6, with Te Pu Wananga o Anamata.

Paul Bennett – Mini-Conference Evaluation

Evaluations Received

42

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Content of Training Session	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	0	3	4	34	4.7	
Content is applicable to my role	0	0	7	8	25	4.4	
Content has given me direction to develop career	0	0	10	9	22	4.3	
I found value in the presentation	0	0	2	4	35	4.8	
Presenter	1	2	3	4	5		
Overall Rating	0	0	1	4	36	4.8	
Generated my interest in the content	0	0	2	8	31	4.7	
Demonstrated excellent knowledge of presentation	0	0	3	1	37	4.8	
Interest in participants & engaged our heart	0	0	2	4	35	4.8	

4.6 average overall.

**Belinda Walker, PRIMHD Decision Support, Midland Regional Network
MH&A**



Title of the Presentation: [Diagnosis Doesn't Determine Your Future](#)

Presentation Abstract:

My current role is PRIMHD Decision Support for the Midland Mental Health & Addiction Regional Network working with Non-Government Organisations and supporting projects across Lakes, Bay of Plenty, Waikato, Taranaki and Tairāwhiti districts.

I first entered DHB mental health services in 1993 - a shocking initiation into what would turn out to be a spiral of revolving door admissions to inpatient units for many years. During that time I lost all confidence to even do the basic activities of life, and was unable to drive or work.

Long term, studying seemed to be the only thing that held my interest and I played around with various courses in an attempt to re-invent myself. To be honest I got into psychology studies purely to annoy my psychiatrist – however this ultimately led me to a place I really wanted to be. A number of people have helped me along the way, believing in me when I didn't believe in myself and holding the hope I had abandoned. Some of these people have become colleagues in my career and it is a privilege to work beside them.

Some of the barriers I faced were not being validated, being treated as a diagnosis rather than person, and rescuing me rather than supporting me to manage on my own. Solutions are that the focus is on strengths rather than weaknesses; that services really understand clients and whānau needs rather than those decided by others, and that many of us are quite capable of doing for ourselves when provided we are encourage supportively to do so.

Where to from here – I will always champion for services that are truly service user focused as this is my heartfelt passion. I aim to stay working in the sector as long as I can influence this cause.

Belinda Walker – Mini-Conference Evaluation

Evaluations Received

42

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Content of Training Session	1	2	3	4	5		Avg	Aggregated Data
Overall rating	0	0	3	3	34		4.8	<div style="width: 96%; background-color: blue; height: 10px;"></div>
Content is applicable to my role	0	1	5	6	28		4.5	<div style="width: 90%; background-color: blue; height: 10px;"></div>
Content has given me direction to develop career	0	1	5	7	26		4.4	<div style="width: 88%; background-color: blue; height: 10px;"></div>
I found value in the presentation	0	0	3	6	30		4.7	<div style="width: 94%; background-color: blue; height: 10px;"></div>
Presenter	1	2	3	4	5			
Overall Rating	0	0	3	5	32		4.7	<div style="width: 94%; background-color: blue; height: 10px;"></div>
Generated my interest in the content	0	0	4	5	30		4.7	<div style="width: 94%; background-color: blue; height: 10px;"></div>
Demonstrated excellent knowledge of presentation	0	0	1	3	35		4.9	<div style="width: 98%; background-color: blue; height: 10px;"></div>
Interest in participants & engaged our heart	0	0	2	6	31		4.7	<div style="width: 94%; background-color: blue; height: 10px;"></div>

4.7 average overall.

Evaluation Form Feedback for Presenters

Kelly Ware	Carolyn Swanson	Paul Bennett	Belinda Walker
A powerful story – very helpful for everyone	Funny and Inspiring	Presentation was from the heart	Passionate and heartfelt presentation
Kelly presents with passion	Inspirational entices me to think about my career	Needs to be heard in schools	Inspired me to promote the rights of people
Able to relate to everything Kelly said	Gives me hope to be a leader in Mental health	Loads of life experience that we all need to learn	Made me think about how we influence the system
Great to hear about the peer support role	Amazing story and thanks for sharing her experiences	Good story and humour, well balanced	Excellent with great humour
Leverage for change is exciting in her role	Valuable asset to whaiora already in services	Serious story of rehabilitation	Great humour and relevance made me cry
Good to hear enablers and barriers to peer support role	Persistence in changing the delivery of services and attitudes of staff	Gave me ideas and inspirations for my own presentations	I will feedback to my workplace how inspirational you are
Thought provoking, good reminder about importance of supervision	Fabulous presentation she needs to move to the next level	Truthful and honest reflection of his journey	A fantastic story which showed me how me story effects people also
Challenging but great strength in support	Wonderful example of Midland doing things well	Offers a unique insight into addictions for youth	Very empowering and inspiring
Some slides difficult to read	Interesting and comfortable on stage	Great presenter although nervous amazing	Great presentation from a patient to a manager.
True survivor, Kelly represents hope	Funny, Sad, Hopeful what a wonderful colourful life	I related to much of this story, well done	Great value in this presentation
Presentation struck my heart strings	Relevant and heart felt	Valuable message of courage and hope	Great humour with such a serious mater
Inspiring seeing her achievements	Wonderful speaker	Message that needs to be shared with young and old	Impact from her story will impact on me forever
Great to see she is influencing change	Inspiration, hope, from dark to light	Excellent sharing his ups and downs	This will have a positive impact on the way I work
Great reminder around self care and burnout	Great to see the right people influencing change	Demonstrated the power to self heal	Amazing story and achievements

3.2 Alcohol and Other Drugs Network “Creative Futures for Addictions: Making It Happen”

The Midland Alcohol and Other Drugs Network led the development and implementation of the mini-conference day with the support of the Midland Regional Network team. The calibre of the presenters made this mini-conference a very successful day.

There were 71 registered participants from across the region prior to the mini-conference day with 63 (89%) registered participants attending the day. Using simple Likert scales, overall the presenters received an average of 4.2 for their presentations.

District	Registered to attend	Numbers attended
Waikato	5	3
Taranaki	2	2
Tairāwhiti	8	8
Lakes	26	22
Bay Of Plenty	26	23
Other	4	5

Claudia Maaka and Suman Te Puni, Ngati Porou Hauora



Title of the Presentation: “How Coastiez Roll”

Presentation Abstract:

This kaupapa is positioned within the context of a rural community early intervention alcohol and drug service. Early intervention for us is about helping our Maori communities help themselves: To analyse their own situations, to define their own problems and challenges, to set their own aims and goals and to devise their own solutions and strategies.

This service incorporates principles of Tino Rangatiratanga, Whakawhanaungatanga, Manaakitanga and Ahurutanga in the pursuit of the sometimes elusive Mauri Ora.

In this day and age we are able to assert our indignity and base frameworks on Maori world views that contain tikanga and integrate these into our clinical work practice. Living and working on the East Coast has taught us how to work uniquely and resourcefully. We adapt to our whanau and make our models of practice fit with them, not make them fit into our models of practice.

Claudia Maaka & Suman Te Puni – Mini-Conference Evaluation

Evaluations Received

45

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall rating and presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	0	0	13	30	4.7	<div style="width: 94%; background-color: blue; height: 10px;"></div>
Content of the presentation is applicable to my role	0	0	7	15	21	4.3	<div style="width: 86%; background-color: blue; height: 10px;"></div>
Content has enlightened and given me direction	0	0	9	17	17	4.1	<div style="width: 82%; background-color: blue; height: 10px;"></div>
I found value in the presentation	0	0	4	17	22	4.4	<div style="width: 88%; background-color: blue; height: 10px;"></div>
Presenter	1	2	3	4	5		
Overall Rating	0	0	2	10	31	4.7	<div style="width: 94%; background-color: blue; height: 10px;"></div>
Generated interest in the presentation content	0	0	2	13	28	4.6	<div style="width: 92%; background-color: blue; height: 10px;"></div>
Demonstrated excellent knowledge of the content	0	0	2	12	29	4.6	<div style="width: 92%; background-color: blue; height: 10px;"></div>
Was interested in the participants	0	0	2	11	30	4.6	<div style="width: 92%; background-color: blue; height: 10px;"></div>

4.5 average overall.

David Benton (Clinic Director), **Michael Ann Benton** (Clinical Co-ordinator & Nurse),
Marg Morunga (Medical Herbalist), Hanmer Clinic



Title of the Presentation: [A Winning Formula - Using Complementary Medicine To Enhance Stabilisation And Ongoing Recovery](#)

Presentation Abstract:

This session looks at the use of and success with herbal medicine, vitamin supplements, and nutritional education in detoxification, stabilisation, and ongoing stability in an outpatient alcohol and drug treatment programme.

At the end of the presentation, attendees will:

1. Understand why the detoxification process itself is stressful to the body and may result in increased nutrient requirements
2. Learn a nutritional supplement regimen for clients in withdrawal from alcohol and other drugs can result in a significant reduction in withdrawal symptoms and decreased stress
3. Understand the importance of addressing Hypoglycaemia (low levels of blood sugar) in the person with a substance use disorder

David Benton, Michael Ann Benton, Marg Morunga– Mini-Conference Evaluation

Evaluations Received

49

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall rating of presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	0	6	14	27	4.4	<div style="width: 88%; background-color: blue; height: 10px;"></div>
Content of presentation is applicable to my role	0	1	4	20	22	4.3	<div style="width: 86%; background-color: blue; height: 10px;"></div>
Content has enlightened and given me direction	1	2	9	16	19	4.1	<div style="width: 82%; background-color: blue; height: 10px;"></div>
I found value in the presentation	0	2	5	11	29	4.4	<div style="width: 88%; background-color: blue; height: 10px;"></div>
Presenter	1	2	3	4	5		
Overall Rating	0	2	6	17	22	4.2	<div style="width: 84%; background-color: blue; height: 10px;"></div>
Generated my interest in the presentation content	1	4	4	17	21	4.1	<div style="width: 82%; background-color: blue; height: 10px;"></div>
Demonstrated excellent knowledge of the content	0	1	5	12	29	4.5	<div style="width: 90%; background-color: blue; height: 10px;"></div>
Was interested in the participants and engaged	0	4	9	13	21	4.1	<div style="width: 82%; background-color: blue; height: 10px;"></div>

4.3 average overall.

Peter France, Te Utuhina Manaakitanga Trust



Title of Presentation: [Ko Te Pito](#)

Presentation Abstract:

Ko te Pito is an eight week group provided by Te Utuhina Manaakitanga Trust to support whanau referred by the Justice System.

The presentation will outline the interface between the Justice system and ourselves while maintaining the integrity of a kaupapa Maori service. The journey includes the barriers we have encountered along the way and the evolving solutions.

Peter France – Mini-Conference Evaluation

Evaluations Received

47

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Content of Training Session	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	3	12	15	15	3.9	<div style="width: 78%; background-color: blue;"></div>
Content of the presentation	0	2	12	19	12	3.9	<div style="width: 78%; background-color: blue;"></div>
Content has enlightened and given me direction	0	7	12	18	8	3.6	<div style="width: 72%; background-color: blue;"></div>
I found value in the presentation	0	5	8	21	11	3.8	<div style="width: 76%; background-color: blue;"></div>
Presenter	1	2	3	4	5		
Overall Rating	1	3	9	17	15	3.9	<div style="width: 78%; background-color: blue;"></div>
Generated interest in the presentation content	1	5	6	22	11	3.8	<div style="width: 76%; background-color: blue;"></div>
Demonstrated excellent knowledge of the content	0	2	6	22	15	4.1	<div style="width: 82%; background-color: blue;"></div>
Was interested in the participants	1	4	5	26	9	3.8	<div style="width: 76%; background-color: blue;"></div>

3.8 average overall.

Karen Below, Jenny Boyle, Rhonda Robertson, Paul Clifford – Salvation Army



Title of the Presentation: **Let's REALLY Get Real! Where To From Here? The Challenges Going Forward**

Presentation Abstract:

Midland region referrers are not all aware of the facilities that they send their clients to. This presentation begins with a brief pictorial journey that the client makes on arrival at our services. (DVD & Photographs) - we will “walk in your clients shoes”.

The presentation continues with the continuing journey of the “Let’s Get Real” and Takarangi implementation within our services plus the way that we are addressing our Maori Health Plan.

Salvation Army – Mini-Conference Evaluation

Total Participants / Evaluations

48

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall Rating of the presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	1	5	23	17	4.2	<div style="width: 84%; background-color: #4a5568;"></div>
Content of the presentation is applicable to my role	0	1	8	19	18	4.2	<div style="width: 84%; background-color: #4a5568;"></div>
Content has enlightened and given me direction	0	5	11	18	12	3.8	<div style="width: 76%; background-color: #4a5568;"></div>
I found value in the presentation	1	1	4	19	21	4.3	<div style="width: 86%; background-color: #4a5568;"></div>
Presenter	1	2	3	4	5		
Overall Rating	0	1	6	20	19	4.2	<div style="width: 84%; background-color: #4a5568;"></div>
Generated interest in the presentation content	0	1	8	20	17	4.2	<div style="width: 84%; background-color: #4a5568;"></div>
Demonstrated excellent knowledge of the content	0	1	5	18	22	4.3	<div style="width: 86%; background-color: #4a5568;"></div>
Was interested in the participants and engaged	1	0	8	17	20	4.2	<div style="width: 84%; background-color: #4a5568;"></div>

4.2 average overall.

Youth Team, Te Utuhina Manaakitanga Trust



Title of the Presentation: [Dynamic Energy](#)

Presentation Abstract:

“Probably the reasons why I keep re-offending was because of my parents, I never actually had them there with me. I hung out with the wrong people, I guess and ended up drinking and drugs ...and then doing crime. My family also...watching older ones doing it...I thought it was life – I thought it was natural.” (young female)

These quotes (Te Puni Kōkiri 2000a) paint a common, and disturbing, picture for many of the young Māori that end up in our criminal justice system. Lack of family support, problems with schooling, truancy, drug and alcohol abuse, and lack of skills and employment prospects combine to lead many youth down a slippery slope to offending and, ultimately for some, prison. Many young people and their whānau never get the type of help that they need to address the factors that lead to offending, or to address the offending once it occurs. (Victoria Owen, Te Puni Kōkiri 2001)

As we know, many young people are involved in, or are a witness to AOD. The Te Utuhina Manaakitanga Trust Youth team would like to present a way in which they are engaging young people who are referred via the Justice System and the lessons they have learnt along the way.

TUMT Youth Team – Mini-Conference Evaluation

Evaluations Received **49**
 Scale 0.5
 Max to show 5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall rating of presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	0	4	15	28	4.5	<div style="width: 90%; background-color: blue;"></div>
Content of the presentation is applicable to my role	0	0	7	19	21	4.3	<div style="width: 84%; background-color: blue;"></div>
Content has enlightened and gave me direction	0	3	15	10	19	4.0	<div style="width: 80%; background-color: blue;"></div>
I found value in the presentation	0	0	7	14	26	4.4	<div style="width: 88%; background-color: blue;"></div>
Presenter	1	2	3	4	5		
Overall Rating	0	0	3	18	26	4.5	<div style="width: 90%; background-color: blue;"></div>
Generated interest in the presentation content	0	0	5	19	23	4.4	<div style="width: 88%; background-color: blue;"></div>
Demonstrated excellent knowledge of the content	0	1	3	16	27	4.5	<div style="width: 90%; background-color: blue;"></div>
Was interested in the participants	0	0	6	13	28	4.5	<div style="width: 90%; background-color: blue;"></div>

4.4 average overall.

Evaluation Form Feedback on Presenters

Ngati Porou Hauora	Hanmer Clinic	Salvation Army	Peter France	TUMT Youth Team
Engaging and informative	Great presentation with all presenters	Amazing presentation with such passion	Very in-depth korero, great contribution	Really amazing roopu, truly special
Presentation had a unique flavour	Great to hear about alternative medicine	Would like to hear how they are developing Maori	Found it difficult to maintain concentration	Energetic and passionate about rangatahi
Awesome mahi with great process	As a medical clinician this will be in my tool kit now	Great to hear increased participation from Maori	Identified various dynamics in collaboration	Very entertaining and captured audience
Model is engaging for communities	Herbalist was interesting but flat to listen too	Excellent information to take back to my service	Identified dynamics of whaiora	Wanted some case studies of youth success
Presented with a good solid body of knowledge	Good tips about nutrition, food feeds the mood	Confident presenters who know their stuff	Good comparison rehab versus punishment	Great to see what happens outside the norm
Relaxed and interesting presentation	Very informative and interesting	Some slides unreadable, black on blue	Programme can be used across age range	Great presentations very informative
Great whanau inclusive approach	Herbal detox information that I can share	Loved the information on the Powhiri process	Content of presentation needed more	Slight break between presentations needed
Presentation so relevant for the conference	Very enlightening and informative	Energy and enthusiasm was great	A full overview of programme on offer	Great but would have been good with stats
Love the approach with the schools	Great to get back to the basics and holistic	Very good overall picture of the salvation army	Excellent alignment with justice	Humorous and interactive great presentation
Great principles, values	Passionate and caring	Ice-breakers needed	Bit tough on justice	Table set up difficult
The passion is evident and so is the knowledge	Great see alternative interventions working	Great to see progress with innovation	Passionate and connected with material	Would have liked referral information and process
Great overview of a rural service working well	Great diverse programme meeting peoples needs	Excellent developments in engaging Maori	Enjoyed a different perspective	Energetic and displayed engagement techniques
Humour in presentation was great and inspiring	Inspiring we all need this option in care	Enjoyed history and future views	Presentation will influence practice	Very dynamic and innovative team

3.3 Whanau Leadership: Te Ao Whanau “Families Are Fundamental”

The Midland Whanau Leadership: Te Ao Whanau lead the development and implementation of the mini-conference day with the support of the Midland Regional Network team. The calibre of the presenters made this min-conference a very successful day.

There were 76 registered participants from across the region prior to the mini-conference day with 68 (89%) registered participants attending the day. Using simple Likert scales, overall the presenters received an average of 4.5 for their presentations.

District	Registered to attend	Numbers attended
Waikato	20	15
Taranaki	3	3
Tairāwhiti	11	11
Lakes	31	30
Bay Of Plenty	11	9

George Furstenburg, Clinical Psychologist, Lakes DHB



Title of the Presentation: [Adjunctive Family/Whanau Focused Intervention in the Treatment of Severe Mental Disorder](#)

Presentation Abstract:

Periods during which the family/community becomes the primary treatment context for people suffering from severe psychiatric disorders are generally increasing for all phases of recovery. Family factors has long been established as a key variable in achieving stable recovery from severe mental disorder. There is currently sufficient scientific evidence to suggest that intervention aimed at enhancing the care-giving capacity of family members involved in the day to day care for people with mental disorders have a clinician significant impact on the course of major mental disorders. This presentation will briefly explore the evolving view of the role of family in understanding and treating severe mental disorder. It will introduce its audience to evidence based practices that are based on a family-consumer-professional partnership, which combines clear, accurate information about mental illness with training in problem solving, communication skills, coping skills and developing social supports. It will be illustrated how these interventions build on and combine the complementary expertise and experience of family members, consumers and professionals. Obstacles and opportunities inherent to introducing family focused treatment in routine clinical practice will be explored.

George Furstenburg – Mini-Conference Evaluation

Evaluations Received

47

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall Rating of the presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	1	2	6	16	20	4.2	
Content was applicable to my role	1	3	4	17	20	4.2	
Content has enlightened me and given me direction	3	2	6	17	17	4.0	
I found value in the presentation	1	2	7	14	21	4.2	
Presenter	1	2	3	4	5		
Generated my interest in the presentation	1	4	6	10	24	4.2	
Demonstrated excellent knowledge	0	0	7	10	28	4.5	
Was interested in the participants	4	2	7	11	21	4.0	

4.2 average overall.

Libby Moeke, Hine Moeke-Murray, Tau Moeke, Tairawhiti



Title of the Presentation: [Purākau, Whānau Maori and Mental Health](#)

Brief Description about Your Service:

The Cultural Assessment Team (CAT) is fundamental in the initial and ongoing assessment of Maori when presenting to Te Whare Awhiora. CAT works in conjunction with the Psychiatric Assessment Team (PAT) and is an integral part of crisis intervention. The primary role of the CAT is to ensure that the mana, tikanga and wellbeing, of whānau remains intact throughout any assessment and or admission and to provide a Maori lens and insight into the belief of Maori and their whanau, and where applicable ensure that Maori therapeutic interventions are made available for whanau.

Presentation Abstract

Mātauranga Maori and in particular pūrākau (Maori stories / lore) provides a blue-print for understanding some aspects of mental health and Maori. This presentation looks at the roles of Atua – Te Ira Atua and Te Ira Tangata and an alignment to Mental, Emotional and Physical Wellbeing. This presentation will consider the role of both male and female in terms of purakau and how these exemplars can provide understanding and pathways of safety for whanau.

Hine Moeke Murray & Whanau – Mini-Conference Evaluation

Evaluations Received

79

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall Rating of the presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	2	2	11	24	38	4.2	
Content was applicable to my role	2	6	12	21	36	4.1	
Content has enlightened me and given me direction	2	7	7	29	32	4.1	
I found value in the presentation	2	6	7	24	38	4.2	
Presenter	1	2	3	4	5		
Generated my interest in the presentation	2	4	8	19	44	4.3	
Demonstrated excellent knowledge	0	2	9	19	47	4.4	
Was interested in the participants	2	7	9	19	40	4.1	

4.2 average overall.

Kathleen Wright and Elaine Tangitu, Bay of Plenty COPMIA



Title of the Presentation: [Support Zone: Supporting Children of Parents with Mental Illness and Addictions](#)

Presentation Abstract:

A presentation of the new COPMIA service, Support Zone, provided in the Bay of Plenty, supporting children & youth who have parents that experience mental illness & addiction issues. The service is delivered both in; Whakatane, delivered by Supporting Families in Mental Illness (SF), and in Tauranga by Western Bay of Plenty Mental Health Trust.

This presentation will cover the impacts and risks for this often invisible group of young people & look at the protective factors that help foster resiliency. Included in the presentation is relevant research to support the value of such a service and the positive outcomes our community seeks for this at-risk group of Rangitahi (youth).

Bay of Plenty COPMIA Services – Mini-Conference Evaluation

Evaluations Received

62

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall Rating of the presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	1	1	16	25	17	4.0	<div style="width: 80%; background-color: #000080;"></div>
Content was applicable to my role	1	6	16	17	20	4.0	<div style="width: 80%; background-color: #000080;"></div>
Content has enlightened me and given me direction	1	6	15	23	15	4.0	<div style="width: 80%; background-color: #000080;"></div>
I found value in the presentation	2	4	11	21	22	4.0	<div style="width: 80%; background-color: #000080;"></div>
Presenter	1	2	3	4	5		
Generated my interest in the presentation	2	1	13	21	23	4.0	<div style="width: 80%; background-color: #000080;"></div>
Demonstrated excellent knowledge	1	2	14	24	19	4.0	<div style="width: 80%; background-color: #000080;"></div>
Was interested in the participants	2	3	16	21	18	4.0	<div style="width: 80%; background-color: #000080;"></div>

4.0 average overall.

Jim Dickinson and Sue Philipson, Family Advisors, Taranaki DHB



Title of the Presentation: [Untangling the Language](#)

Presentation Abstract:

The 2008 Adult Literacy and Life Skills (ALL) Survey found that 44% of New Zealanders had 'Low Literacy' levels. Despite this our Mental Health Services, who profess a desire to engage Tangata Whaiora and their Whanau in the recovery process, continue to use acronyms and jargon to an extent that excludes and alienates even highly literate people.

When a person is experiencing Mental Illness they and their family need health services to provide more than physical care, counselling and medication. They need to understand what has happened before, what is happening now, what will happen and what might happen in the future. They need education. They need to contribute to recovery. They need to feel they have at least some level of control. None of this can happen if they have no idea what the clinicians are talking about, and this is made worse by the stressful situation they find themselves in.

The aim of this presentation is to help and encourage people working in Mental Health to change the ways they communicate to ensure their message is fully understood no matter what level of English Literacy, experience with the health system, or the stress and distraction the person or their whanau are experiencing.

Sue Philipson & Jim Dickinson – Mini-Conference Evaluation

Evaluations Received

44

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall Rating of the presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	0	7	16	19	4.3	<div style="width: 86%; background-color: #4a5568;"></div>
Content was applicable to my role	0	1	9	15	17	4.1	<div style="width: 82%; background-color: #4a5568;"></div>
Content has enlightened me and given me direction	0	1	10	14	17	4.1	<div style="width: 82%; background-color: #4a5568;"></div>
I found value in the presentation	0	1	8	16	17	4.2	<div style="width: 84%; background-color: #4a5568;"></div>
Presenter	1	2	3	4	5		
Generated my interest in the presentation	0	0	12	12	18	4.1	<div style="width: 82%; background-color: #4a5568;"></div>
Demonstrated excellent knowledge	0	0	8	14	20	4.3	<div style="width: 86%; background-color: #4a5568;"></div>
Was interested in the participants	0	1	10	11	20	4.1	<div style="width: 82%; background-color: #4a5568;"></div>

4.1 average overall.

Evaluation Form Feedback on Presenters

George Furstenburg	Children Of Parents Mental Illness and Addictions (COPMIA)	Hine Moeke-Murray and Whanau	Sue Philipson and Jim Dickenson
Delighted to hear the coming trends working with families	Great innovation would love this in our area	Powerful and enlightening, very challenging at times	Absolutely true - we need to improve our communication
Excellent challenge to clinicians	I want this for my child	Practical exercise was amazing	Highlighted use of acronyms
Technical information that was understandable by all	Needed background of COPMIA and how this was started	Challenging out of the box presentation	The subject was interesting and the presentation was insightful
Useful for me own practice, how to access, engage with whanau	Very brave presentation given the calibre of the audience	Passionate and enlightening presentation	Could relate to a lot of the information they spoke about
Well researched presentation	Great answer and question time	Powerful	Enjoyable and thought provoking
Excellent information and well presented	Enjoyed the cultural component of the presentation	Great framework on how to work with family/whanau	Loved the downloader caption at the end.
Tone of voice sometimes challenging	Needed more detail around this innovative service	Excellent korero vital in the rebuilding of Maanakitanga	Totally enjoyed information regarding literacy
Liked the evidenced basis to his presentation	Beautiful programme with great presenters but nervous	Was re-traumatising but was worthwhile for the learning.	I learnt a lot from this conference
Lots of words on power point that need to be improved	Essential work that should be in all parts of New Zealand	Very emotional well-balanced presentation with experimental learning	Great topic as we do overlook language difficulties especially acronyms
Concise presentation with no time wasted, a lot of information	Excellent and mind provoking, this will make a difference in my life	Made me think, gave me inspiration	Interesting simple presentation with great content
Nice to hear a clinician so supportive of whanau	Presentation could be improved but great to hear	The best part of the conference. Absolutely brilliant	Presenters were very clear
Great models of care used with supporting evidence	Would be good to look at advertising this service	A cultural experience I didn't need.	Organised well with great venue for networking
Presentation lacked information around working with Maori	Enjoyed hearing the flexibility in services to meet group needs	Might be brutal, but was fantastic	Comprehension important when reading and discussing care
Great information on family connectedness	Full credit to the ladies who fill a gap for children	Fabulous, love their recovery models/process they have for their whanau	Loved the humour and the content is much needed to be heard by clinicians

3.4 Nga Purei Whakataa Ruamano “Whanau Ora: Recognising CAMHS and Primary Mental Health”

The Midland Nga Purei Whakataa Ruamano lead the development of the mini-conference day which was led by the Midland Regional Network team due to the low attendance of the NPWR members. The calibre of the presenters made this mini-conference a very successful day.

There were 65 registered participants from across the region prior to the mini-conference day with 57 (88%) registered participants attending the day. The participants were also joined by 25 members of Te Utuhi Manaakitanga Trust whaiora kapa haka group who performed over the lunch break. Using simple Likert scales, overall the presenters received an average of 4.0 for their presentations.

District	Registered to attend	Numbers attended
Waikato	11	10
Taranaki	0	0
Tairāwhiti	3	3
Lakes	17	14
Bay Of Plenty	33	29
Other	1	1

Janelle McCallum, Poutiri Trust, Kaupapa Maori Clinical Support Service



Title of the Presentation: *The Workforce Journey*

Presentation Abstract :

Workforce competency is an essential component of workforce development. Why? Because the high challenges faced by health professionals in today's environment are increasing putting both clinicians and whanau at risk if you are not able to match the competencies with challenges.

Barriers faced included access to Maori Health providers' connectivity (travel, distance and technology) and cultural idiosyncrasies. Another barriers identified is between clinical and non clinical workers. Solutions utilised to overcome the barriers were access from both formal and informal forms of engagement i.e. the Poutama/Powhiri framework and later the Awhiro framework. Utilisation of technology for supervision and mentoring and travel was minimized by providing workforce development in the various rohe.

Outcomes are organisations that were reticent to engage initially are now supporting the programme. The secondary services are seeing more competent level of referrals from the Maori mental health providers. Effective communication between Maori Health providers, primary mental health services and secondary services has significantly improved. The service delivery to whanau has improved with workers being competent both clinically and culturally.

Poutiri Trust – Mini-Conference Evaluation

Evaluations Received

43

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall Rating of Presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	1	5	11	21	4.4	<div style="width: 88%; background-color: blue;"></div>
Content was applicable to my role	0	0	8	8	22	4.4	<div style="width: 88%; background-color: blue;"></div>
Content has enlightened me and given me direction	0	1	8	12	17	4.2	<div style="width: 84%; background-color: blue;"></div>
I found value in the presentation	1	0	5	9	23	4.4	<div style="width: 88%; background-color: blue;"></div>
Presenter	1	2	3	4	5		
Generated my interest in the presentation content	0	1	9	7	21	4.3	<div style="width: 86%; background-color: blue;"></div>
Demonstrated knowledge of content	0	0	10	5	23	4.3	<div style="width: 86%; background-color: blue;"></div>
Was interested in the participants and engaged our hearts	1	1	9	5	22	4.2	<div style="width: 84%; background-color: blue;"></div>

4.3 average overall.

Tom Whare and Matetu Mihinui, Te Uthina Manaakitanga Trust



Title of the Presentation: *Sounds of Healing*

Presentation Abstract:

There is something extremely powerful in the performance of Maori song and dance that means different things to different people in different contexts. While they may represent exotic entertainment in the international market or a symbol of a unique Kiwi identity to New Zealanders, Maori songs and dances do have a specific purpose and significance within Maori culture. There is something “healing” about freeing the voice and body, expressing individual feelings and emotions, but also potentially expressing social and cultural emotions and contexts, or coming to understand these through song and dance, connecting individuals within a wider framework. (Johnston, 2007)

As suggested by Johnston, we as a group of Maori workers acknowledge the importance of our cultural heritage through waiata and haka. TUMT ensures that both tangata whaiora and staff are versed in both. We would like to take this opportunity to showcase our journey with our whanau as we worked towards performing in the Te Arawa Kapa Haka Regionals.



Te Utuhina Manaakitanga Trust – Mini-Conference Evaluation

Evaluations Received

41

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Over rating of presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	2	4	11	22	4.4	<div style="width: 88%; background-color: #1a3a7a;"></div>
Content of the presentation was applicable to my role	0	4	6	10	19	4.1	<div style="width: 82%; background-color: #1a3a7a;"></div>
Content has enlightened me	0	2	9	10	18	4.1	<div style="width: 82%; background-color: #1a3a7a;"></div>
I found value in the presentation	0	1	6	11	21	4.3	<div style="width: 86%; background-color: #1a3a7a;"></div>
Presenter	1	2	3	4	5		
Overall Rating	1	0	6	14	18	4.2	<div style="width: 84%; background-color: #1a3a7a;"></div>
Demonstrated knowledge of content	0	1	6	10	22	4.3	<div style="width: 86%; background-color: #1a3a7a;"></div>
Was interested in the participants	0	2	5	11	21	4.3	<div style="width: 86%; background-color: #1a3a7a;"></div>

4.2 average overall.

Jean Mansner, Te Runanga O Ngati Pikiao



Title of the Presentation: *Towards a Seamless Service for Maori Health*

Presentation Abstract:

How do we encourage Maori Whanau to utilise the Primary Mental Health Service? What are the barriers for Maori in particular? Te Runanga O Ngati Pikiao established the service in 2009, initially in a pilot mode. It was soon established that this service was very important to the community and so the contract evolved to a two year contract, of which we are now into the second year. We are continually striving to improve our service and one area is in identifying the type of service that will best suit Maori Whanau.

Te Runanga O Ngati Pikiao continues to explore avenues to reach whanau and to make primary mental health less daunting. The principles of Whanau Ora are supportive and user friendly for Maori. Because Mental Health is fraught with stigma, there has been for generations and Maori have historically managed their own whanau ills in-house, they have not sought Mental Health services. Colonisation plays a huge part in the reluctance to engage in a westernised health service, but we cannot allow this to be a reason for not doing something about it. An example is to establish contact with those whanau who do not feel comfortable with going to the GP for non-physical situations.

While we think that we have some of the answers, particularly using early intervention, one of the barriers was that the entry criteria was too restrictive. Moves have therefore been made to hone the service to meet the needs of the whanau, not the whanau to meet the needs of the service.

Jean Mansner – Mini-Conference Evaluation

Evaluations Received

40

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall rating of the presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	1	9	12	11	5	3.3	<div style="width: 66%; background-color: blue;"></div>
Content of the presentation was applicable to my role	1	6	9	14	8	3.6	<div style="width: 72%; background-color: blue;"></div>
Content has enlightened me and given me direction	3	9	13	7	6	3.1	<div style="width: 62%; background-color: blue;"></div>
I found value in the presentation	4	7	12	9	6	3.1	<div style="width: 62%; background-color: blue;"></div>
Presenter	1	2	3	4	5		
Generated interest in the presentation content	6	7	12	7	6	3.0	<div style="width: 60%; background-color: gray;"></div>
Demonstrated excellent knowledge in the content	3	6	12	7	10	3.4	<div style="width: 68%; background-color: blue;"></div>
Was interested in the participants	4	9	12	6	7	3.0	<div style="width: 60%; background-color: blue;"></div>

3.2 average overall.

Te Puna Hauora Ki Uta Ki Tai, Tauranga



Title of the Presentation: *TNT Tuakana and Teina Rangatahi Advisory Group – Rangatahi Having a Say in Services*

Presentation Abstract:

The Tuakana –Teina Rangatahi (TNT) Advisory group was formed as an extension of Te Puna Hauora Tamariki / Rangatahi mental health services. The group started in Tauranga Moana in 2008, and still exists today. The group used the tuakana-teina concepts as the framework for their model, based on the following whakatauki:

“Ma tetuakanakatotikateteina, Ma teteinakatotikatetuakana”

“By the older person the younger learns and by the younger person the older learns”

In breaking their name down to ‘TNT’, they interpreted that as in Tuakana ‘n’ Teina, but also adding the concept of a breaking forth or explosion of new ideas – as in another break down of words for explosives.

“Te Ara Whakapiki Taitamariki (2002) documents alarming evidence of over-representation of Maori youth in negative mental health statistics including increased usage of alcohol and drugs. Difficulties for Taiohi in accessing health care was also identified through the survey. Further comments are that Taitamariki Maori have the right as the indigenous peoples of Aotearoa New Zealand, to enjoy good health and health equity. It is central to healthy Maori youth development that Taitamariki develop a positive sense of self within whanau, hapu, Iwi and other Maori environments. Institutional barriers that discount and alienate Maori from participating fully in schools, community and society must be eliminated.

An Advisory Group such as TNT, in the opinion of the Te Puna Hauora staff members, is a significant way to ensure that rangatahi have a say in services about them and/or their peers. Their voice will help to break down access barriers.

In the first part of the PowerPoint presentation, the Tuakana members will discuss the background and how the group started. The second part of the presentation, led by the Rangatahi, discusses what they have achieved, which they composed this year.

Te Puna Hauora – Mini-Conference Evaluation

Evaluations Received

41

Scale

0.5

Max to show

5

	Not good, staff unhappy
	OK but keep an eye on this
	Good replies - keep it up

Overall rating of Presentation	1	2	3	4	5	Avg	Aggregated Data
Overall rating	0	2	7	15	15	4.1	
Content of presentation was applicable to my role	0	1	10	12	16	4.1	
Content has enlightened and given me direction	0	2	11	9	17	4.1	
I found value in the presentation	0	2	9	12	16	4.1	
Presenter	1	2	3	4	5		
Generated interest in the presentation content	0	2	4	14	19	4.3	
Demonstrated excellent knowledge of content	0	1	3	15	20	4.4	
Instructors interest in participant	1	0	5	12	21	4.3	

4.2 average overall.

Evaluation Form Feedback on Presenters

Te Utuhina Manaakitanga Trust	Poutiri Trust	Te Puna Hauora	Jean Mansner
Enthusiastic and passionate presentation.	Highlighted the importance of supervision	Highlights the importance of the voice of rangatahi	Presenter needs to understand we as Maori walk the talk
Tino Ataahua Nga Mahi	Needed time to ask questions	Kia kaha te roopu Rangatahi	Awesome
Needed to marry to the framework	Exciting, informative	Awesome presentation	A bit dry, but good information
Sounds of healing awesome	Different way of learning - great	Exclusive / Tumeke	Very informative
Ka rawe te mahi o nga kaimahi me nga tangata whaiora o te roopu o Te Utuhina Maanaki Trust me te roopu kapahaka hoki ka mau te wehi te whakangahau ra	Its presentations like this that take you back to Kaupapa Maori, we weaken to the mainstream settings so easily. Awesome presentation	This presentation provided a really good insight into rangatahi input into mental health services this type of service that should be replicated through out the region	Perhaps due to the hour of the day & energy levels depleted this felt at times like a lecture & repetitive.
Thoroughly enjoyed the witty humour through out the presentation	Really enjoyed movie. Was able to get a better understanding of (KMCSS	Gave us methods and way of engaging youth in our communities	Very informative and clearly knows her stuff in other areas
Tom and Matetu provided a good overview of their mahi.	Wonderful to see Maori been Maori in their community	Awesome with rangatahi leading the way	Very slow presentation with some offensive comments
Enjoyed the exercise. Inspirational	Nice to see the up-skilling and investment in clinicians in NGO	Great positive work	Great to see a Pakeha perspective on working with Maori
Will take this back to my work place	Wonderful movie that told an important story	Energetic, great role models and amazing singer	The presentation needed to be more stimulating
Tino Pai enei tangata mea to ratou roopu kapahaka	Great imagination in presentation but needed to relax	Great presentation to the younger generation, very inspiring	A flat and boring presentation but enjoyed the day otherwise
Made me cry with hope and inspiration & a great reminder of being in this work for tangata whaiora - it is easy to be overwhelmed by funders needs	He kawa nga mea katoa I roto I a ratou whakaaturanga. Nga mihi nui ki te roopu me nga kaimahi hoki	Excellent presentation. All too often the choices of the rangatahi are overwhelmed ignored or silenced	Pai ana te korero o te wahine nei, ahakoa ka mahi o matou te nuinga o tama korero. He rawe ona whakaaro ki te tangata whaiora me nga whanau whanau

3.5 Mini-conference Panels

Two of the mini-conference days had invited participants who formed a panel to respond from their perspective to a posed question. The Midland Regional Network would like to thank the panel members for participating and for making the following discussion lively.

Maori Advisory – Nga Purei Whakataa Ruamano



- Marita Ranclaud – Portfolio Manager, Lakes DHB
- Janice Beazley - Māori Clinical Advisor/Project Coordinator, The Werry Centre, and
- Maureen Emery – Service Manager, Mental Health, Lakes DHB

The questions that they each responded to was: [“What do you see will be the future directions for Maori mental health and addictions given the indications of the Blueprint II?”](#) The individual perspectives from the panel members generated a lot of interest and lively discussion.

Whanau Leadership – Te Ao Whanau



- Missy Katipa – Regional Manager, Recovery Solutions, Gisborne
- Lesley Watkins – Portfolio Manager, Bay of Plenty DHB, and
- Sue Rostron – Service User Lead, Te Pou

The questions that they each responded to was: [“How do you see provider arm, NGO and primary health services working more collaboratively with family / whanau to achieve the objectives of Blueprint II”](#) Again, the individual perspectives from the panel members generated a lot of interest and lively discussion.

4.0 Return on Investment

A total of 231 people attended the four mini-conference days with the highest attendance being at the Family Whanau day (65), Alcohol and Other Drugs (59), Maori (56) and Consumer (51). Places were limited to 50 per mini-conference but due to high interest additional places were confirmed to ensure the minimum of 50 attendees. No conference fee's were charged and accommodation support was provided to Taranaki and Tairawhiti attendees to ensure their participation.

The total cost for all four mini-conference days was \$12,537.00 with a \$55.00 per person total cost. Compared to the cost of the 2006 Living Well Conference the four mini-conference days were significantly more cost effective, allowed for a specialist foci and promoted Midland service development and innovation.

Total Number Participants Attended	231
Venue & Catering Cost: (Function Package)	\$ 9,595.66
Accommodation: (Taranaki & Tairawhiti Participants)	\$ 2,628.78
Other Disbursements (Gifts & Flowers for Presenters)	\$ 312.52
Total Cost	\$ 12,536.96
Per Person Cost	\$ 54.27

5.0 Summary and Recommendations

Overall, from the Evaluation Form feedback, participants felt that all of the mini-conference days were well worth attending. The Consumer mini-conference day received the highest evaluation scores and was very well received by those attending. The support provided by the Midland Regional Network participants leading up to and on the day was of high calibre and allowed the regional network participants to be showcased to the sector.

It is therefore recommended:

1. That further mini-conference days be held in 2013-2014
2. That consideration be given to holding summits for the following speciality areas:
 - a. Youth
 - b. Perinatal and Maternal