

## Midland Addiction & Other Drugs Network “Creative Futures for Addictions – Making it Happen” Programme 21<sup>st</sup> August 2012

**0900 – Karakia by Matua Eru George**

**0910 – Welcome – Dr Graeme Judson**

**0915 – Housekeeping - Akatu**

### **0920 - Opening Address – Peter Kennerley, Ministry of Health**

Team Leader Addiction Treatment Services team at the Ministry of Health. Peter has worked extensively at the Ministry mainly in public health policy, purchasing and legislative issues. Since 2007 has worked on addiction treatment issues, firstly in relation to AOD services for justice sector clients, and then more broadly.



### **0940 — Te Utuhina Manaakitanga Trust Youth Team — “Dynamic Energy”**



Te Utuhina Manaakitanga Trust has provided AOD services for the past 24 years as a Kaupapa Maori Service. The trust is committed to providing quality services for whanau by ensuring best practice through competent staff in both clinical and cultural knowledge. As we know, many young people are involved in, or are a witness to AOD. The Te Utuhina Manaakitanga Trust Youth team would like to present a way in which they are engaging young people who are referred via the Justice System and the lessons they have learnt along the way.

*“Probably the reasons why I keep re-offending was because of my parents, I never actually had them there with me. I hung out with the wrong people, I guess and ended up drinking and drugs ...and then doing crime. My family also...watching older ones doing it...I thought it was life – I thought it was natural.” (young female)*

Quotes like this (Te Puni Kōkiri 2000) paint a common, and disturbing picture for many of the young Māori that end up in our criminal justice system. Lack of family support, problems with schooling, truancy, drug and alcohol abuse, lack of skills and employment prospects combined lead to many youth heading down a slippery slope to offending and ultimately for some, prison. Many young people and their whānau never get the type of help they need to address the factors that lead to offending, or to address the offending once it occurs. (Victoria Owen, Te Puni Kōkiri 2001)

**1040 – 1055 – Morning Tea**

### **1055 – 1155 — Paul Clifford, Salvation Army - “Let’s REALLY get Real!! Where to from here? The Challenges Going Forward”**

The Salvation Army provides a full range of alcohol and other drug intervention services in the area. These include a Waikato based Monday-Friday Day Programme, a Waikato Community intervention service, a Midland regional social detoxification service and a Midland regional Residential Programme. A BOP Community Alcohol and Drug Service also serves out of a Tauranga based office. The Salvation Army also has full Problem Gambling Services across the region.



Midland region referrers are not all aware of the facilities that they send their clients to. This presentation begins with a brief pictorial journey that the client makes on arrival at our services. (DVD & Photographs) - we will “walk in your clients shoes”. The presentation continues with the continuing journey of the “Let’s Get Real” and Takarangi implementation within our services plus the way that we are addressing our Maori Health Plan.



### 1155 – 1245 - Peter France — “Ko te Pito”

Ko te Pito is an eight week group provided by the Te Uthina Manaakitanga Trust to support whanau referred by the Justice System.

This presentation will outline the interface between the Justice system and Te Uthina Manaakitanga Trust while maintaining the integrity of a kaupapa Maori service. The journey includes the barriers we have encountered along the way and the evolving solutions

## 1245 – 1:30 – Lunch (please return promptly)

### 1:30 – 2:30 - David Benton, Michael Ann Benton & Marg Morunga, Hanmer Clinic Tauranga — “A Winning Formula: Using Complementary Medicine to Enhance Stablisation & Ongoing Recovery”

Hanmer Clinic Tauranga, is an NGO providing specialist outpatient alcohol and drug addiction treatment programmes in Tauranga.

This session looks at the use of and success with herbal medicine, vitamin supplements, and nutritional education in detoxification, stabilisation, and ongoing stability in an outpatient alcohol and drug treatment programme.

At the end of the presentation, attendees will:

1. Understand why the detoxification process itself is stressful to the body and may result in increased nutrient requirements
2. Learn a nutritional supplement regimen for clients in withdrawal from alcohol and other drugs can result in a significant reduction in withdrawal symptoms and decreased stress
3. Understand the importance of addressing Hypoglycemia (low levels of blood sugar) in the person with a substance use disorder.



### 2:30 – 3:30 - Claudia Maaka & Suman Te Puni, Ngati Porou Hauora Early Intervention AOD Services — “How Coastiez Roll”

We provide a Kaupapa Maori Youth AOD early intervention service. This consists of education, programs, counselling, alternative therapy and support. We cover a geographical area from Potikirua to Tologa Bay. Our programmes are unique to suit the needs and natures of our small rural communities.

This kaupapa is positioned within the context of a rural community, early intervention alcohol and drug service. Early intervention for us is about helping our Maori communities help themselves: To analyze their own situations, to define their own problems and challenges, to set their own aims and goals and to devise their own solutions and strategies.

Living and working on the East Coast has taught us how to work uniquely and resourcefully. We adapt to our whanau and make our models of practice fit with them, not make them fit into our models of practice — Mauri Ora

## 3:30 – 4.00 – Reflection on Presentations – David Benton Evaluation Forms

## 4.00 – 4.15 – Close of Day (From the Floor) – Afternoon Tea