

Midland Regional Maori MH&A Network

Whanau Ora - Recognising CAMHS & Primary Mental Health Care



Lakeside Novotel, Tutanekai Street, Rotorua
28 August 2012 from 9.00am to 4.30pm



The Midland Regional Maori Advisory Network—Nga Purei Whakataa Ruamano are pleased to offer this workshop day to the Midland Maori Mental Health workforce and interested people. The day will feature presentations and workshops from:

Janelle McCallum

The Workforce Journey

Tom Whare & Matetu, Te Utuhina Manaakitanga Trust

"A "Sounds of Healing"

Te Puna Hauora Ki Uta Ki Tai, Tauranga

*"Tuakana and Teina Rangatahi Advisory Group
Rangatahi Having a Say in Services"*

Jean Mansner, Te Runanga o Ngati Pikiao

Towards a Seamless Service for Maori Health

Places are limited to 60 participants

Registrations Close 3pm Monday 20 August 2012

Confirmation of Registration: Tuesday 21 August 2012

Name: _____

Organisation & Address: _____

Email: _____

Please fax or email your completed form to:

Akatu Marsters

Fax: 07 349 7883

Email: Akatu.Marsters@lakesdhub.govt.nz

If you do not receive a receipt to acknowledge your registration please ring 07 349 7955 extn: 8574



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Midland Regional Maori MH&A Network Meet the Presenters



Janelle Mc Callum — "The Workforce Journey"

The Kaupapa Maori Clinical Support Services (KMCCS) team provides clinical capacity to 23 Kaupapa Maori Mental Health providers for clinical training, mentoring and supervision within the Bay of Plenty rohe.

Workforce competency is an essential component of workforce development. Why? Because the high challenges faced by health professionals in today's environment are increasing putting both clinicians and whanau at risk if you are not able to match the competencies with challenges.

Barriers faced included access to Maori Health providers' connectivity (travel, distance and technology) and cultural idiosyncrasies. Another barrier identified is between clinical and non clinical workers. Utilisation of technology for supervision, mentoring and travel was minimized by providing workforce development in the various rohe.

Outcomes are organisations that were reticent to engage initially are now supporting the programme. The secondary services are seeing more competent level of referrals from the Maori mental health providers. Effective communication between Maori Health providers, primary mental health services and secondary services has significantly improved. The service delivery to whanau has improved with workers being competent both clinically and culturally.

Te Puna Hauora Ki Uta Ki Tai, Tauranga — Tuakana & Teina Rangatahi Advisory Group, Rangatahi Having a Say in Services

The Tuakana-Teinarangatahi Advisory (TNT) group was formed as an extension of Te Puna Hauora Tamariki/Rangatahi Mental Health Services. The group started in Tauranga Moana in 2008, and still exists today. The group used the tuakana-teina concepts as the framework for their model, based on the following whakatauaiki:

"Ma tetuakanakatotikateteina, Ma teteinakatotikatetuakana"

"By the older person the younger learns and by the younger person the older learns".

In breaking their name down to 'TNT', they interpreted that as in Tuakana 'n' Teina, but also adding the concept of a breaking forth or explosion of new ideas – as in another break down of words for "explosives".

An Advisory Group such as TNT, in the opinion of the Te Puna Hauora staff members, is a significant way to ensure that rangatahi have a say in services about them and/or their peers. Their voice will help to break down access barriers.

In the first part of the PowerPoint presentation, the tuakana members will discuss the background and how the group started. The second part of the presentation, led by the rangatahi, discusses what they have achieved, which they composed this year.



Matetu Mihinui & Tom Whare, Te Utuhina Manaakitanga Trust — "Sounds of Healing"

Te Utuhina Manaakitanga Trust has provided AOD services for the past 24 years as a Kaupapa Maori Service. The Trust holds a number of contracts for Rangatahi across the Lakes Region, Adult services within the Rotorua community and a 17 bed Kaupapa Maori Residential Service for the Midland Region (Te Whare Oranga Ngakau).

There is something extremely powerful in the performance of Maori song and dance that means different things to different people in different contexts. While they may represent exotic entertainment in the international market or a symbol of a unique Kiwi identity to New Zealanders, Maori songs and dances do have a specific purpose and significance within Maori culture. There is something "healing" about freeing the voice and body, expressing individual feelings and emotions, but also potentially expressing social and cultural emotions and contexts, or coming to understand these through song and dance,

connecting individuals within a wider framework. (Johnston, 2007)

As suggested by Johnston, we as a group of Maori workers acknowledge the importance of our cultural heritage through waiata and haka. TUMT ensures that both tangata whaiora and staff are versed in both. We would like to take this opportunity to showcase our journey with our whanau as we worked towards performing in the Te Arawa Kapa Haka Regional's.



Jean Mansner, Te Runanga o Ngati Pikiao — Towards a Seamless Service for Maori Health

Te Runanga O Ngati Pikiao Trust holds the contract for Primary Mental Health for the Rotorua District. Our focus is on Maori, Pacific Islanders, and those who are from low decile environments, although the service is open to anyone who is registered with a PHO GP, is domiciled in Rotorua, and has a K10 score of 20 or more.

How do we encourage Maori Whanau to utilise the Primary Mental Health Service? What are the barriers for Maori in particular? Te Runanga O Ngati Pikiao established the service in 2009, initially in a pilot mode. It was soon established that this service was very important to the community and so the contract evolved to a two year contract, of which we are now into the second year. We are continually striving to improve our service and one area is identifying the type of service that will best suit Maori Whanau.

Te Runanga O Ngati Pikiao continues to explore avenues to reach whanau and to make primary mental health less daunting. The principles of Whanau Ora are supportive and user friendly for Maori. Because Mental Health is fraught with stigma, there has been for generations and Maori have historically managed their own whanau ills in-house, they have not sought Mental Health services. While we think that we have some of the answers, particularly using early intervention, one of the barriers was that the entry criteria was too restrictive. Moves have therefore been made to hone the service to meet the needs of the whanau, not the whanau to meet the needs of the service.