



Establishing Perinatal & Infant Mental Health Services in the CAMHS/AoD Sector

Epenesa Olo-Whaanga

Tania Wilson



Today

- Introductions
- Background- Scope of project- Tania
- Discussion questions- Epenesa



Our Project Brief

- To ensure infants and those caring for them receive the most effective support at the right time it will be important to support the development of PIMHS in the CAMHS/AoD sector.
- This can be achieved through increasing the understanding of Planners & Funders, Managers, Clinical Leaders and clinicians of Perinatal Infant Mental Health and service delivery.



Project Aim

This project aims to meet the goals of the (DRAFT) Ministry of Health's policy document "Health Beginnings" (2010) to:

- encourage and disseminate good practice
- assist, over time, the achievement of greater consistency in the quality of services and the way they are delivered across the country
- provide guidance on well researched cost-effective models of care to assist DHBs to make best use of existing funding.



Two key focus areas

1. Service development, re-design and alignment to the provision of a continuum of care
2. Development of evidence based training and promotion of the infrastructures required to support competent practice.



Principles to incorporate into the Service Design

Engagement,
Choice & Partnership
Whanau ora
System of Care
Evidence Based Interventions
Strength based approach
Effective Clinical systems
7 HELPFUL Habits of Effective CAMHS & the Choice & Partnership Approach (CAPA)

