



Midland district health boards' shared services agency



MENTAL HEALTH & ADDICTION REGIONAL NETWORK

Service Development • Workforce Development • Partnerships & Relationships



<http://www.midlandmentalhealthnetwork.co.nz>

What's New



20 September 2012

An update of information, events and resources from established New Zealand websites, relevant to the mental health & addiction sector

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What's New – 30 September 2012

1. Health Quality & Safety Commission New Zealand

National medication chart – review and design changes

In February 2011, West Coast District Health Board (DHB) became the first DHB to implement the national medication chart. Twelve months later, a review of the seven-day chart design began. The final design sought to balance the needs of all clinicians (i.e., prescribers, administrators and dispensers) and the needs of all patient populations (i.e., medical, surgical, mental health) while maintaining the medication safety principles on which the original chart design had been based.

One of the recurring themes in the electronic change register was the need for a long-stay chart to reduce the re-prescribing required on long-stay wards and the possible transcription errors that could result. The long-stay chart pilot was conducted in four DHBs during 2011 and the feedback from the focus groups and the available audit results were used to inform the design of the new 16-day chart.

Each DHB has a lead who coordinates ordering medication charts. If your organisation would like to start using the charts, please discuss this with your medication safety team.

<http://www.hqsc.govt.nz/news-and-events/news/581/>

Hand Hygiene NZ video competition: Deadline extended!

To encourage more teams to enter the HHNZ video competition, the deadline has been **extended by one month**.

The HHNZ video competition seeks entries from groups of hospital-based health care workers that have produced a promotional video to highlight the importance of good hand hygiene practice and the 5 moments approach.

FIRST PRIZE: \$1000 for winning team's charity of choice
SECOND PRIZE: \$200 cinema tickets

More information, competition guidelines and an entry form can be found on the HHNZ news section of the HHNZ website – www.handhygiene.org.nz.

The competition closes at **5pm on Friday 28 September 2012**.

August issue of the National Medication Safety Programme Update now out

The third update from the National Medication Safety Programme is now available.

<http://www.hqsc.govt.nz/our-programmes/medication-safety/publications-and-resources/publication/571/>

Safekids News September issue out now

In the latest edition of Safekids News (September 2012):

- 2012 World Safety Conference Special: Must see child injury prevention sessions
- Consumer Alert: Child ingestion dangers of 'super magnets'
- Q&A: Is it legal to sell expired child restraints in New Zealand?
- Call to action on the safe disposal of mercury thermometers
- Starship Trauma Update: Child cycling injury admissions January 2007 to December 2011
- ACC Safety Week: Fight the 5 Homes Hazards
- Community coalition events across the count

<http://www.safekids.org.nz/index.php/page/SafekidsNews>

New Audio visuals for Commission's work programmes

The Commission has recently developed some new audiovisuals outlining its work programmes. The videos are intended to provide further insight into the work of the Commission. Three videos are online in Consumer Engagement, Reportable Events and the Perinatal and Maternal Mortality Review Committee sections of the site. More videos will be posted in the coming weeks.

<http://www.hqsc.govt.nz/news-and-events/news/615/>

Gout and health literacy resources

This publication produced by Workbase and funded by the Ministry of Health, summarises a review of the suitability of publicly available resources on gout medication and its use – for health professionals as well as consumers and their whānau. The review was undertaken in the context of improving health literacy.

<http://www.health.govt.nz/publication/review-health-education-resources-gout-medication-summary-report-ministry-health>

Health Navigator

Health Navigator is a charitable trust. Their purpose is to add value to the health sector and improve the quality of information, self-help resources, education, coordination, communication and healthcare.

Also see *Section 20* of this newsletter where further information on this website.

<http://www.healthnavigator.org.nz/>

Health consumer website everybody.co.nz

Everybody.co.nz aims to provide useful and accurate consumer health information for New Zealanders. It is written and reviewed by medical writers, consumer health organisations and health professionals.

Also see *Section 21* of this newsletter where further information on this website.

<http://www.everybody.co.nz/>

2. Ministry of Health

Ministry moves to new Internet IPv6 System

The Ministry of Health is one of the first government agencies to have enabled access to its websites via IPv6. Internet growth has meant that the 4.3 billion available IPv4 internet addresses - a requirement for anyone using any means like computers or mobile phones to connect to the Internet – has run out and a new address system, called IPv6, is now being increasingly used. The Ministry of Health has enabled its core website www.health.govt.nz to be accessible via the new internet address system.

A list of New Zealand government websites tested as IPv6 accessible can be found on

<http://www.health.govt.nz/news-media/media-releases/ministry-moves-new-internet-ipv6-system>

Report on the Provision and Funding of Specialist Behaviour Support Services

The Report on the Provision and Funding of Specialist Behaviour Support Services provides a comprehensive overview of these services to the Ministry, along with recommendations to improve services. Behaviour Support Services for people with autism spectrum disorder (ASD) is considered a high priority and a process to purchase ASD specific behaviour support will take place alongside the engagement process for the recommendations related to the broader Behaviour Support Services.

The Ministry of Health will engage with DHBs, current BSS providers, and disabled people and their families and whanau to discuss the recommendations and how we can progress the proposed service improvements.

<http://www.health.govt.nz/publication/report-provision-and-funding-specialist-behaviour-support-services>

2012 Review of the Health Practitioners Competence Assurance Act 2003: A discussion document

This publication is about a review of the Health Practitioners Competence Assurance Act 2003 (the Act). The review will look at how HPCA Act is functioning within the wider health system and how it (or the broader regulatory environment) could be improved. The discussion document has a focus on four principles to guide the review.

1. Future focus
A health occupational regulatory framework that supports workforce flexibility, working in multidisciplinary teams and clinically networked environments
2. Consumer focus
Operation of the HPCA Act in a way that is accessible and transparent for consumers
3. Safety focus
A systems perspective that balances individual accountability with team and organisational accountabilities for the management of consumer safety
4. Cost effectiveness focus
The level of regulation is

How to have your say

You are invited to submit feedback on the information set out in this document. In particular, it would be helpful to receive your responses to all or any of the specific questions included at the end of each section and listed at the end.

You can download and email the submission form to: info@healthworkforce.govt.nz (Subject line: HPCA Submissions)

or post your submission to:

HPCA Submissions
Health Workforce New Zealand
National Health Board, Ministry of Health
PO Box 5013
WELLINGTON 6145

The closing date for submissions is **Friday, October 26, 2012.**

<http://www.health.govt.nz/publication/2012-review-health-practitioners-competence-assurance-act-2003-discussion-document>

3. National IT Health Board

Health Identity Programme- September Update

NITHB are trying to minimise any sector impacts by having a multi-phased rollout approach involving seven release phases. Their combined efforts have resulted in the following milestones being reached:

- **Release 1:** The Health e-Address web service specifications are now available online. We are working with DHBs and Plunket to integrate the service. The specifications, integration guide and user guide for Health e-Address can be downloaded using this link. Let us know when you have downloaded them and you wish to express your interest in integrating these services. We can then contact you regarding the next phase. Email them at: HI_Administration@moh.govt.nz
- **Release 2:** Since 9 July 2012, all Provider Person extracts are being supplied from the new NHI/HPI integrated system. Thanks to all the Responsible Authorities for their tremendous effort in achieving file load compliance. Thanks also to all the data recipients for their cooperation as part of the production roll-out. The new system is already proving its value by identifying potential duplicate records that would have otherwise gone unnoticed.
- **Release 3:** Creation of a test environment for DHBs to test the new patient search and other transactions. We planned to have this available in October, but it is available NOW!

This Patient release supports the searching, retrieving, updating and adding of Patient Index Records within the new solution. DHBs can contact at: identity@moh.govt.nz

- **Release 4:** The new patient web services technical specifications will be available online for review in late September. The release of the technical specification is a significant milestone as it is the first time detailed specifications are available allowing developers to start their design process for use of the new web services interfaces. Please provide any feedback to us at: identity@moh.govt.nz We are also developing a Health Information Standards Organisation (HISO) standard for this release.

<http://www.ithealthboard.health.nz/content/health-identity-programme-september-update>

Towards 2014 August Newsletter out now

This latest issue includes:

- Updates on our Shared Health Information seminars, and emerging themes
- HISO Update
- Clinician's Corner – Sadhana Maraj
- Patients First update
- Clinicians and vendors seek IT solutions
- Mothers and babies to benefit from improved electronic sharing of information
- Patient portal proves its worth for Wellington general practice
- New eMedicines director going for gold
- Information Governance EAG to provide input
- Health Identity Programme Update

<http://www.onlinedesigns.co.nz/clients/ithealthboard/august-newsletter-2012.html>

4. Mental Health Foundation

Media grants: \$16,000 available for journalism projects

Applications are open for the 2012 NZ Mental Health Media Grants, which focus on increasing understanding and reducing stigma and discrimination associated with mental illness.

The Mental Health Foundation (MHF) welcomes project proposals from journalists, photojournalists and those freelancing in radio, TV, print and online media. Journalism and photojournalism students may also apply.

Applications close **5 November** and recipients will be announced in mid-December.

Interested applicants can find out about the grants available, check the eligibility, criteria and guidelines, and fill in an application form. Or go to www.mediagrants.org.nz

For more information, please contact:

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Media Grants Coordinator

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info@mediagrants.org.nz**Paula Taylor**

Communications & Marketing Manager

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paula@mentalhealth.org.nz

Mental Health Awareness Week – Take time, take a breath, take notice.**8-14th October 2012**

The Mental Health Foundation organises New Zealand's annual Mental Health Awareness Week under contract from the Ministry of Health. We have organised the week since 1993.

Mental Health Awareness Week (MHAW) is endorsed by the World Federation for Mental Health (WFMH) and marked in over 150 countries. It usually falls during the week of October that encompasses World Mental Health Day (WMHD) 10 October.

The New Zealand theme is chosen based on the WMHD theme, and adapted to suit a Kiwi audience. This year the theme is Take Notice
Lodge any events occurring in your area on the website below

<http://www.mentalhealth.org.nz/page/995-home>

5. SPINZ (Suicide Prevention Information New Zealand)**Webinar for World Suicide Prevention Day 2012**

To mark World Suicide Prevention Day 2012, SPINZ held an online, interactive webinar on the topic of *strengthening protective factors and instilling hope*. Researchers Professor G Luke Larkin and Dr Annette Beautrais from the University of Auckland discussed international evidence and national examples of approaches to strengthen protective factors that can reduce vulnerability to suicide and strengthen resilience.

They looked at risk and protective factors within the framework of micro, meso and macro-level suicide prevention, giving examples of what can be done at individual, community and government levels to make a difference.

You can access the video <http://www.youtube.com/embed/-lozHakvmmc>

and PowerPoint slides <http://www.slideshare.net/suicidepreventionnz/world-suicide-prevention-day-webinar-2012>

Suicide Prevention Information New Zealand August Newsletter available now

- Let's talk about inclusion
- A farmer's story
- Computer game as good as counselling for depressed youth
- Reporting Suicide: avoid simple explanations
- Everyone has a role in Asian suicide prevention
- Watering the young taro shoots
- Māori experts speak

<http://www.spinz.org.nz/page/225-issues+august-2012>

New books & research

- Why Suicide - Questions & Answers About Suicide, Suicide Prevention, and Coping with the Suicide of Someone You Know, revised and updated
- *Beyond Words - Grieving when your child has died*
- *The blokes book two*
- *An adolescent suicide cluster and the possible role of electronic communication technology*
- *But I Didn't Say Goodbye - helping children and families after a suicide*

<http://www.spinz.org.nz/page/245-issues+august-2012=new-books-research>

6. Health & Disability Commissioner

HDC medico-legal conference 2012 - Creating a consumer-centered culture

17 October 2012, Auckland or **18 October 2012**, Wellington

Hear from some of New Zealand's leading medico-legal experts on the latest developments in health and disability law. Join your colleagues, and network with new ones, at this conference that will cover important topics for medico-legal practitioners, chief medical officers, risk managers, providers and consumers in the health and disability services sector.

Registrations close **5 October 2012**

<http://www.hdc.org.nz/education/hdc-medico-legal-conference-2012>

7. Te Pou

New Zealand Healthcare Summit 2012

03 October 2012 9:00 am—04 October 2012 5:00 pm

Aotea Convention Centre, Auckland

With the theme of sustainability of healthcare, this event for the healthcare industry will feature senior level speakers from government departments and agencies, and the public and private healthcare sectors.

It focuses on the key issues in the sustainable funding; development; management; and productive use of New Zealand's healthcare resources and brings together all sectors of the healthcare industry

<http://www.activebusinesscommunications.com/healthcare/email/healthcare.html>

A Time to Listen: Children Living in the Presence of Mental Illness

05 October 2012 9:00 am — **06 October 2012** 1:00 pm

Copthorne Hotel Commodore, Memorial Ave, Christchurch

A national conference presenting six specialist Australian and New Zealand speakers on this important topic.

For all enquiries, registration, costs and details contact Supporting Families In Mental Illness Canterbury, phone 03 366 9284 or email sfpb@xtra.co.nz.

http://www.werrycentre.org.nz/site_resources/library/Training_and_Events/RegistrationPackBooklet.pdf

Pasifika Medical Association (PMA) Conference 2012: Workforce - Strengthening Strategies, Supporting Careers

11 October 2012 9:00 am—**13 October 2012** 5:00 pm

Waipuna Hotel, 58 Waipuna Road, Mt Wellington, Auckland

We as health workers play a number of roles in the community. We are healers, leaders, supporters and comforters. A health system with the right workforce, in the right place, available at the right time is critical to improving health outcomes.

Themes

- Workforce strategies
- Strengthening career pathways and development
- Disaster responsiveness and preparedness

www.pacifichealth.org.nz

Whirlwind Presents: What's the Secret to Being a Modern Man

18 October 2012 9:00 am—4:00 pm

Gear Homestead, Porirua

One-day workshop that will explore who and what the modern man is. Through discussion, activity and expression, you will develop an understanding of just how crucial it is that men today communicate.

Hosted by Whirlwind's Martin Sloman, Ryan Edwards and Tamihana Paurini, we will be working to help ordinary men tell their extraordinary stories.

www.whirlwindstories.com

Improving the acute inpatient environment

The environment is a central factor for the treatment of people with acute mental health and addiction issues. It has long been speculated that the physical environment in which treatment occurs impacts on both the treatment process and the outcomes for service users.

A literature review and brief summary 'Environmental factors and outcomes in mental health and addiction clinical settings' was undertaken by the University of Auckland and commissioned by Te Pou.

The review examined the evidence for the impact of environmental factors on a range of outcomes in mental health and addiction clinical settings. The report identifies ways services can improve the acute mental health and addiction inpatient environment to achieve better outcomes for people using these services.

The following findings were key.

- The physical environment of mental health and addiction clinical settings can be associated with both positive and negative service user and staff outcomes. Positive outcomes may include shortened lengths of stay and improvements in mood, social interaction and sense of safety. Poor environmental design of mental health and addiction clinical settings can undermine positive outcomes. Improving the physical environment of mental health and addiction clinical settings can be a worthwhile strategy in improving clinical outcomes.
- Mental health and addiction service users are frequently left out of the planning and design process and their views and needs regarding their clinical treatment environment are rarely taken into account.
- The planning and design of mental health and addiction clinical facilities should be evidence-based. The literature suggests that simple, inexpensive changes to the design of clinical treatment environments can contribute to positive service user and staff outcomes.

<http://www.tepou.co.nz/news/2012/08/30/improving-the-acute-inpatient-environment>

8. Matua Raki

Working With Older People in the Addiction Sector

As resources allow Matua Raki, will, on request, provide a workshop as an introduction to working with older people in the addiction sector. With an ageing population more older people are accessing addiction services and may have treatment needs that differ from other service users.

The workshop has been designed primarily for addiction practitioners who want to know more about working with older people. The workshop will cover:

- values, attitudes and stigma associated with older age
- engagement and communication
- AoD use and older people
- screening, assessment and intervention
- loss and grief associated with ageing

The facilitator is Suzy Morrison.

Please contact patricia.rainey@matuaraki.org.nz for further information

9. Werry Centre

Children of Parents with a Mental Illness or Addiction (COPMIA) Forum

4 October 2012, 9:00am-12:30pm

Room 220, University of Auckland, Tamaki Campus (Gate 1), 261 Morrin Road, Auckland

The Werry Centre, Matua Raki and Te Pou are pleased to invite you to a COPMIA (Children of Parents with Mental Illness or Addiction) Forum. This half-day session will be presented by Elizabeth Fudge, COPMI Director of COPMI national initiative, Australia.

Registration is essential. Please return your form by **Friday 28 September** to secure your place.

http://www.keepandshare.com/site_resources/library/Training_and_Events/COPMIA_Forum.pdf

Family Therapy Training 2012

Day 1 & 2: **23 & 24 October 2012** Day 3 & 4: **20 & 21 November 2012** Auckland

An integrated approach to working with family systems

4-day Introductory Workshops provided by Family Therapy Specialists

[http://www.werrycentre.org.nz/site_resources/library/Training_and_Events/FTT12\(1\).pdf](http://www.werrycentre.org.nz/site_resources/library/Training_and_Events/FTT12(1).pdf)

10. New Zealand Guidelines Group

Nothing new this month

11. Skylight

Skylight's Training Schedule for 2012

The workshop programme for 2013 will be launched in November 2012

New option for 2012: Skylight can come to you! at a venue of your choice.

<http://www.skylight.org.nz/Training?src=nav>

New resources:

Helping Children and Young People Who Self Harm

Self-harm and suicidal behaviours are increasingly common in young people, but are often hidden. It can be hard to know what might be causing a young person to self-harm, and how to help and support them. Practical and easy to read, the book guides the reader through what self-harm is, how to recognise it, and how best to respond. It combines case studies with professional and practical advice, covering all aspects from warning signs and treatment to communication and how the family is affected. The book also emphasizes the importance of parents and carers seeking support for themselves.

<http://www.skylight.org.nz/A+Short+Introduction+to+Understanding+and+Supporting+Children+and+Young+People+who+Self+Harm>

After the Suicide!

Those left behind in the wake of suicide are often plagued by unanswered questions and feelings of guilt. Helping them to understand why the suicide happened, how suicide survivors commonly react and cope, and where they can find support can help them move forwards on their path from grief to recovery. It covers common grief and crisis reactions, including those specific to children and young people, how suicide bereavement differs from other forms of bereavement, and how others have coped and been supported. It also addresses how the bereaved can move on, including advice on support networks including friends, family, professionals and other bereaved people.

<http://www.skylight.org.nz/Shop/After+the+Suicide>

12. Kina Trust

Nothing new this month

13. Health Promotion Agency (HPA)

What they do

The Health Promotion Agency leads and delivers innovative, high quality and cost-effective programmes that promote health, well-being and healthy lifestyles, disease prevention, illness and injury prevention and to enable healthy environments.

This includes providing advice and recommendations to government, government agencies, industry, non-government bodies, communities, health professionals and others on the supply, consumption and misuse of alcohol. The HPA also undertakes and works with others on research on the use of alcohol in New Zealand, public attitudes towards alcohol and problems associated with alcohol misuse. The ALAC levy will be retained by the HPA to address alcohol-related harm. <http://www.healthpromotion.org.nz/>

14. Working For Youth

Youth Fund applications now open

MYD is pleased to open the 2013 Youth Fund for young people to apply for small grants of between \$2,000 - \$7,000.

Its called the 'Youth Fund' because we want applications to come from young people. We have regional panels of young people (called the Youth Funding Panel) who will assess all submitted applications and make the decision on which projects should and should not be funded, it's called a 'Youth Fund' for a reason.

If you are a young person, a group of young people, or an organisation that works in partnership with young people and you have a great project idea that young people will benefit from, then have a look at the attached application form. There is no harm in just looking, you never know your project might just be perfect for this.

Applications close on **Friday 12 October**.

For more information see the attached information sheet and application form, or go to: <http://www.myd.govt.nz/funding/youth-fund/index.html>

Rotary Youth Leadership Awards now open

RYLA (Rotary Youth Leadership Awards) is a week-long leadership development programme for 20-28 year olds hosted and sponsored by Rotary Clubs in the district.

RYLA is an experiential live-in programme designed to help young people develop their team work and communication skills and fulfill their potential as leaders.

The programme consists of a combination of:

- talks by community and business leaders with a particular focus on leadership development
- opportunities for the exchange of ideas, opinions and experiences in discussion groups
- open sessions, sport and keep-fit exercises
- involvement in a community activity and with the host Rotary Club.

Successful applicants are fully sponsored by a local Rotary Club.

Find out more from: <http://www.ryla.co.nz/>

Youth Work Training in Waikato, Bay of Plenty and Tairāwhiti

A co-ordinated regional approach to youth work training is now in underway for Waikato, Bay of Plenty and Tairāwhiti.

A new Youth Work Training page will be added to this website any day. Until then you can download information on how to apply for an Individual Training Subsidy by following this link: <http://www.working4youth.co.nz/view-project.php?id=31&>

Meeting the Future: Engaging Youth in the Community and Voluntary Sector

October 24th, 2012 - October 26th, 2012 , Suncourt Hotel and Conference Centre, Taupo

New Zealand Council of Social Services (NZCOSS) is the national umbrella organisation for local Councils of Social Services (COSS's), Community Houses, REAPS and other social service networks throughout Aotearoa New Zealand.

The theme of NZCOSS's 2012 Biennial Conference is: Meeting the Future: Engaging Youth in the Community and Voluntary Sector. The conference will focus on engaging the next generation of community and voluntary sector leaders.

For conference registration and further information see the NZCOSS website at: <http://nzcross.org.nz/conference/>

Financial Literacy - Education Resources Available

The New Zealand Network for Financial Literacy has a range of education resources for unit standards related to financial literacy. The resources can be used for NCEA, tertiary and trade qualifications, and are also suitable for use in foundation skills programmes, adult and community education and workplace learning and are a great resource to increase literacy and numeracy levels.

These resources have been developed with the support of business and union representatives, tertiary education providers and qualification experts.

The seven resource packs (each pack includes a workbook, study guide and facilitators manual) can be used separately or linked together into a progressive course. (One of the unit standards is level 1, five are level 2, and one is level 3).

The resources are available for download at: <http://www.financialliteracy.org.nz/education-resources/tertiary>

The website also has education resources and tools for school teachers, at: <http://www.financialliteracy.org.nz/education-resources>

Funding Available for Community Health Projects

New Zealand organisations running programmes that improve the health and well being of local communities are invited to apply for funding from the Medibank Community Fund (MCF).

MCF supports grassroots initiatives throughout New Zealand and Australia that encourage healthy eating, physical activity or community connectedness. Grants are allocated regionally and vary in value depending on the project.

In 2012, \$60,000 in grants was provided to six New Zealand projects, ranging from school breakfast programmes and community and school gardens to a horticultural training programme for at risk youth.

For the 2013 funding round, programmes must address at least one of three criteria:

- healthy eating
- encouraging greater exercise
- greater community connectedness.

Application forms and the accompanying information kit for 2013 Medibank Community Fund Community Grants, along with a summary of 2011 and 2012 grants, are available online from the Medibank Community Fund website:

<http://www.medibankcf.com.au/community.shtml>

Applications need to be completed and submitted electronically by midday on **7 December 2012**. Grants will be announced by 1 May 2013.

15. Office of the Children's Commissioner

Proposed solutions to child poverty

The Children's Commissioner's Expert Advisory Group has released a paper outlining a package of proposed solutions to child poverty. The Expert Advisory Group on Solutions to Child Poverty was established in March 2012 by the Children's Commissioner. Since then the Group has examined international and New Zealand evidence and developed a package of proposals to reduce child poverty and mitigate its effects. Some of the proposals are ambitious, but they are also realistic, cost-effective, based on evidence, and take into account New Zealand's economic and fiscal context.

The Group is asking for feedback on the ideas in the paper. The Group is interested to know your views on:

- Which proposals will be effective in reducing child poverty?
- Which proposals are less likely to be effective?
- What are the most important proposals to reduce child poverty?
- What needs to be done first and why?
- What is missing from the package?

How you can provide feedback

Online: [SurveyMonkey](#)

Email: childpoverty@occ.org.nz

Post:
FEEDBACK ON CHILD POVERTY SOLUTIONS
Office of the Children's Commissioner
PO Box 5610
Lambton Quay
Wellington 6145

Facebook: [Children's Commissioner's Facebook page](#)

In person: You are welcome to attend any of the events listed on the website

Please send your feedback by **12 October 2012**.

http://www.occ.org.nz/publications/child_poverty

Voices of children and young people

One of the ways the Commissioner makes sure the voices of children are heard is through his Young People's Reference Group (YPRG). This group is made up of young people aged between 12 and 17-years-old from around New Zealand. The YPRG provide advice to the Commissioner, take part in submissions to government and present at conferences. They also speak publicly on issues that matter to children and young people.

One of the current members, 16-year-old Jessica Palairt was recently interviewed on Radio Rhema and talked about the impact of alcohol on young people. Listen to the interview use the link below;

http://www.rhema.co.nz/index.php?option=com_k2&view=item&id=5647:biggest-issues-with-nz-youth&Itemid=16

A consultation with Young People on Te Kaunihera Tapuhi o Aotearoa | Nursing Council of New Zealand's Code of Conduct and Boundaries Review.

The key messages to come from this consultation were that nurses play an important part in young people's positive experience of health care. The young people spoke about the need for respect, about being informed about their health needs and their information being kept confidential when receiving health care from nurses. They would like nurses to build relationships with them to get the best health outcomes for young people. They want to be consulted and included in all decisions to do with their health needs. Young people stressed how important it is that the information they receive is clear, easy to understand, non-judgmental and has a good dosage of patience and warmth.

This report offers valuable insights from young people around nursing practice.

http://www.occ.org.nz/_data/assets/pdf_file/0010/9937/Nurses_Code_of_Conduct.pdf.

CHILDREN - The Journal of the Office of the Children's Commissioner

Who gets to play? Promoting participation in ECE for all children

<http://www.occ.org.nz/>

16. Families Commission

MOU between Ngapuhi and CYF signed

This MOU marks an historic occasion and the beginning of a new relationship, which promises to have far reaching impact on children and whānau in New Zealand

<http://www.familiescommission.org.nz/news/2012/mou-between-ngapuhi-and-cyf-signed>

Families Commission mourns the passing of a great leader, Jacqui Te Kani

We are saddened by the news that Jacqui Te Kani General Manager of the Māori Women's Welfare League passed away on Tuesday 11 September. We extend our thoughts and sympathy to Jacqui's whānau, hapū and iwi.

The Families Commission has been privileged to work with Jacqui and the Māori Women's Welfare League which is one of our four He Waka Whānui partners.

We acknowledge the significant contribution Jacqui made over her life's work. She was dedicated to improving the social and economic development for wāhine Māori. She will be missed by all who knew her and worked alongside her.

<http://www.familiescommission.org.nz/news/2012/families-commission-mourns-the-passing-of-a-great-leader-jacqui-te-kani>

Social Security (Benefit Categories and Work Focus) Amendment Bill introduced into Parliament

The Bill will be read for a first time in the coming weeks and go through a full select committee process. It is expected that changes will come into effect from July 2013.

The Bill introduces three new benefit types to replace the seven current benefit categories:

- Jobseeker Support for those actively seeking and available for work
- Sole Parent Support for sole parents with children under 14 years of age
- Supported Living Payment for people significantly restricted by sickness, injury or disability.

These types are in addition to the new Youth Payment and Young Parent Payment introduced in August. Details are available from the Ministry of Social Development website.

<http://www.familiescommission.org.nz/news/2012/social-security-benefit-categories-and-work-focus-amendment-bill-introduced-into-parliament>

<http://www.msd.govt.nz>

17. Ministry of Social Development

Investment approach refocuses entire welfare system

Social Development Minister Paula Bennett has announced further detail on the investment approach and the actuarial valuation of the welfare system.

"The lifetime cost of the current beneficiary population has been put at \$78 billion by experts," says Mrs Bennett.

“The investment approach will change the entire focus of the welfare system so that support is invested where it will make the biggest difference.”

To understand where best to target support, an actuarial valuation (future liability appraisal) has revealed the lifetime costs of those on different benefit types and the effect of policy changes on individuals within the benefit system.

To read the full actuarial valuation go to: www.msd.govt.nz

Rise - Issue 20 - September 2012

Cover stories

Opening doors

Looking for work felt like knocking on a long row of locked doors for Stacey, Harjinder and Tammy. It took a dental firm committed to making a difference and a Limited Service Volunteer course to open the door into a career. Rise tells their story and talks to other employers with a sense of responsibility for helping young people into work.

Role models, lifelines and legends

“Most of the boys we see, their dad is long gone. The Youth Court is a court of fatherless drifting boys... They seek out role models like heat seeking missiles,” says Principal Youth Court Judge Andrew Becroft. Rise meets a young man who is turning his life around, the mentor who took him in hand, plus judges and youth workers who say that for troubled young guys, a mentor can be a lifeline.

A place to be a parent

Seven state homes with round-the-clock support have become places where struggling parents can keep their kids safe and do a better job of raising them. The programme is a team effort by Upper Hutt’s Child, Youth and Family, Salvation Army and Housing New Zealand. In this feature, a family tells its story and Rise talks to the amazing couple who run the Supporting Living Homes.

<http://www.msd.govt.nz/about-msd-and-our-work/publications-resources/journals-and-magazines/rise/issue-20/index.html>

Pre-employment drug testing for jobseekers

From July 2013 people who refuse to apply for drug-tested jobs will face sanctions

Beneficiaries with work expectations will face sanctions if they refuse to apply for drug-tested jobs

Under the current welfare system an unemployment beneficiary can decline to apply for an available drug-tested job, because they won’t pass the test, without consequence

<http://www.msd.govt.nz/about-msd-and-our-work/newsroom/media-releases/2012/pre-employment-drug-testing-for-jobseekers.html>

Household Incomes in New Zealand: Trends in Indicators of Inequality and Hardship 1982 to 2011

The Household Incomes Report provides information on the material wellbeing of New Zealanders as indicated by their household incomes from all sources from 1982 to 2011.

The report uses data from Statistics New Zealand’s 2010–2011 Household Economic Survey (HES) to update the previous report in the series which had information to 2010.

The interviews for the 2010–2011 survey were carried out in the year to 30 June 2011, and asked about incomes in the previous twelve months.

The 2010–2011 survey is the first HES to fully capture the impact on incomes of the global financial crisis and related economic slowdown.

In addition to the Full Report and the Summary, there is also a Short Summary which gives a quick overview.

The next update is planned for mid 2013 using data from the 2011–2012 HES.

<http://www.msd.govt.nz/about-msd-and-our-work/publications-resources/monitoring/household-incomes/index.html>

18. Ministry of Justice

Nothing new this month

19. Human Rights Commission

New Zealand Christian, Muslim and Jewish faith leaders condemn film and violence

The joint statement was issued by Catholic Archbishop John Dew, Anglican Bishop Richard Randerson, Federation of Islamic Associations President Anwar Ghani and Wellington Regional Jewish Council Chairperson David Zwartz, supported by Race Relations Commissioner Joris de Bres.

They said: “The film, *The Innocence of Muslims*, was dishonestly made and presented, and designed to mislead, provoke hate, and cause harm. We unequivocally condemn the making and promotion of this irresponsible and inflammatory film and the resulting violence, which has seen the loss of innocent lives.

Note: The Human Rights Commission, the Anglican and Catholic Bishops, the New Zealand Federation of Islamic Associations and the New Zealand Council of Christians and Jews are all supporters of the Statement on Religious Diversity (2007) which affirms that “the right to freedom of expression and freedom of the media are vital for democracy but should be exercised with responsibility.”

<http://www.hrc.co.nz/wp-content/uploads/2012/09/Religious-Diversity-in-New-Zealand-WORD.doc>

Changes to local government risk poor outcomes for people and law

The Human Rights Commission says proposals in the Local Government Amendment Act 2002 run the risk of limiting the role and responsibility of local government to realise a range of democratic and other human rights.

Human Rights Commissioner Dr Judy McGregor said, “The Human Rights Commission is clear that responsibility for promoting and protecting human rights does not only reside with central government, but also with local and regional government.

“Our concern is that proposed changes to local government responsibilities and powers will curtail this important role.”

The Commission has three significant concerns with the substance of the Bill:

These are:

1. The removal of reference to the four “wellbeings” (the social, economic, environmental and cultural health of people), in the purpose provisions. In relation to diversity and in other areas of work the Commission does with agencies such as the Mayor’s Taskforce for Jobs on youth unemployment and its current work on the Canterbury earthquake recovery, it is evident that community wellbeing must be a logical outcome of local government service provision.
2. The removal of the mandatory poll provisions and its replacement with a burdensome process for public participation in reorganisation proposals.
3. The extension of Ministerial intervention and derogation of the autonomy of local elected representatives.

<http://www.hrc.co.nz/wp-content/uploads/2012/08/Local-Govt-Act-Amendment-Bill-260712.doc>

Commission endorses marriage and adoption equality

The Commission has prepared a short paper endorsing marriage equality and a non-discriminatory approach to adoption.

The paper summarises case law and legislative debates around same-sex marriage and adoption in New Zealand in the context of the right to found and form a family.

The Commission’s paper notes two proposed members’ bills that would allow same-sex couples to adopt. The Commission endorses marriage equality and adoption equality

<http://www.hrc.co.nz/wp-content/uploads/2012/08/Same-sex-marriage-and-the-right-to-form-a-family.11.7.12.final-with-images1.doc>

20. Health Navigator

Your gateway to health information and self-help ideas you can trust

Started by health professionals and consumers, this website aims to make it safer, quicker and easier to ‘navigate’ the health maze and find what you need, when you need it. Highlights include:

- Health topics such as asthma, COPD, diabetes, gout, heart disease, child health
- A focus on easy to read medication information and what you can do to help yourself/whanau
- Library with videos, people’s stories and health information in other languages
- Resources and training for health providers in chronic care/long-term conditions, health literacy and self-management support

<http://www.healthnavigator.org.nz>

National Shared Care Plan Programme

The National Shared Care Plan Programme is one of two national pilots being sponsored by the National Health IT Board and District Health Boards to explore the area of shared care and enabling system integration from a health information and workflow perspective. When we talk with patients, most people assume key information such as medications, allergies, test results and x-ray reports are available from any point in the health system. The reality is very little is

connected in most parts of NZ so when you need urgent care in the evening or weekend, your medical records are not available to the doctor/nurse treating you.

The National Shared Care Plan Programme aims to address some of these issues and provides summary health information and an electronic care plan 24/7 that is accessible via the internet, hospital systems or general practice systems for people with long-term health conditions. The care plan is developed with the patient and their family/whanau (where desired), they can view it via a secure portal and includes mutually agreed problems, goals, actions, timeframes and accountabilities, i.e. who will do what and by when. Already this is leading to improved satisfaction and active participation for patients as the treatment and care provided is more likely to fit the person's values, preferences and personal situation.

To see how this is working for Mary, view the short video below.

<http://www.youtube.com/embed/36hdyXZs1Z4>

Multiple Languages (March 2012)

Finding health information you can trust in a range of languages quickly can be challenging. We are updating this section and will be adding additional links and education resources in a range of languages to each health topic over the next few months.

<http://www.healthnavigator.org.nz>

Nutrition Factsheets

Auckland District Health Board has developed some excellent easy to read factsheets on a range of topics as part of the Refugee Health Collaborative they have been doing. These can be downloaded from the Tools & Resources section and languages include Arabic, Amharic, Burmese, Dari English and Somali.

<http://www.healthnavigator.org.nz/keeping-well/smart-eating/tools-resources/>

Action Plans

The care plan and action plan section has been updated including link to an excellent new Angina or Chest Pain action plan developed by the Heart Foundation.

<http://assets.healthnavigator.org.nz/2012/03/Angina-action-plan-.jpg>

21. Health Consumer Website – everybody.co.nz

Everybody.co.nz aims to provide useful and accurate consumer health information for New Zealanders. It is written and reviewed by medical writers, consumer health organisations and health professionals.

Feature article: pneumococcal disease

Pneumococcal disease is a bacterial infection that produces a range of symptoms, from minor to very serious. Some strains of the bacteria are likely to cause infections in particular parts of the body more than others, such as the sinuses (sinusitis) and the ear (middle ear infection). The bacteria can spread to other body parts causing pneumonia and invasive pneumococcal disease, including blood infection and meningitis.

Support Groups

Details of over 100 organisations offering health and disability support in New Zealand everybody

Human Atlas

The everybody Human Atlas is a range of medical animation content developed by Blausen Medical Communications (BMC) in the US. BMC has the world's largest library of 3D medical imagery with more than 4,000 animations and 7,000 stills. Over a ten-year period BMC has developed an international reputation for quality, detail and scientific accuracy.

We are very pleased to be able to provide New Zealanders with these state-of-the-art movies explaining medical conditions simply and effectively.

Medical Dictionary

Look up the meaning of a medical term in their Online Dictionary.

<http://www.everybody.co.nz/>

22. Health Workforce NZ

Health Workforce New Zealand (HWNZ) was set up in 2009 to provide national leadership on the development of the country's health and disability workforce. HWNZ has overall responsibility for planning and development of the health workforce, ensuring that staffing issues are aligned with planning on delivery of services and that our healthcare workforce is fit for purpose.

It combines many of the workforce development functions formerly undertaken by the Ministry of Health and has assumed responsibility for the work of the Clinical Training Agency (now known as Investment Relationships and Purchasing).

<http://www.healthworkforce.govt.nz/>

2012 Review of the HPCA Act 2003: A Discussion Document

The Ministry of Health is undertaking a strategic review of the Health Practitioners Competence Assurance Act 2003.

The review will assess how the operation of the Act can be improved, including how it continues to protect public safety in a changing health environment, and how it supports the development of New Zealand's health workforce now and in the future.

As part of this review, Health Workforce New Zealand will be undertaking a full public consultation, beginning on 31 August 2012. As an organisation with an interest in health issues, we would like to give you the opportunity to attend a presentation about the review.

A copy of the Discussion Document is available on the:

- [Ministry of Health website](#)
- [Health Workforce New Zealand website](#)
- [Health Improvement & Innovation Resource Centre \(HIIRC\)](#)

Submissions may be made between **31 August 2012** and **26 October 2012**. Please visit the website for further details on how to make a submission.

<http://www.healthworkforce.govt.nz/news/2012/08/31/2012-review-of-the-hpca-act-2003-a-discussion-document>

23. The Beehive

Public submissions sought on new Family Carers Policy

People can now make submissions on how the Ministry of Health funds home and community support to disabled adults in the future. The consultation follows the Government's decision not to appeal the Court of Appeal ruling in the family carers' case (Ministry of Health v Atkinson) in June 2012. This means that the current policy of not paying certain family members for providing home and community support to disabled adults needs to change.

Submissions can be made online at www.surveymonkey.com/s/familycarersconsult

by email to familycarersconsult@moh.govt.nz

or in writing to Family Carers Consultation, Ministry of Health, PO Box 5013, Wellington 6145

Submissions close at **5pm on Tuesday November 6, 2012**.

A series of public workshops are being held in centres around the country. Details of these meetings, the consultation document: Consultation on Paying Family Carers to Provide Disability Support 2012, and questions and answers are available at www.health.govt.nz/familycarersconsult. For further details on the venue and times, and to register your interest in attending a workshop, please email familycarersconsult@moh.govt.nz

Workshops afternoon and evening, Hamilton, Tuesday **9th October**.

Workshops afternoon and evening, Auckland, Wednesday **10th October**.

Members of Liquor Licensing Authority appointed

Justice Minister Judith Collins announced three appointments to the Liquor Licensing Authority on the 19th September 2012.

Judith Moorhead, David Major and Ross Miller have been appointed for a term of five years.

“These members bring vast decision making experience to the work of the Authority,” Ms Collins said.

Judith Moorhead is an Auckland barrister and has been reappointed having been a member of the Authority since 2007.

David Major was national director of the Prison Chaplaincy Service until his retirement last year. He was a former member of the Parole Board and has had extensive experience with the Salvation Army in policy development and administration.

Ross Miller, a Judicial Justice of the Peace, is a former chief executive of local authorities in the Wairarapa and Coromandel. He has been a member of the Ministry of Social Development's Benefits Review Committee for the past nine years.

The Liquor Licensing Authority maintains a general overview of liquor licensing laws and considers and determines the granting and renewal of liquor licences.

<http://beehive.govt.nz/release/members-liquor-licensing-authority-appointed>

New campaign to improve healthcare quality & safety

Associate Health Minister Jo Goodhew announced on the 20th September the development of new Quality and Safety Markers for healthcare and a national patient safety campaign to launch early next year.

The campaign will be led and coordinated by the Health Quality & Safety Commission with local and regional leadership from the sector. Further information can be found at www.hqsc.govt.nz.

24. Le Vaa

GPS 2012 - Growing Pacific Solutions for our families

Le Va's GPS 2012 national fono was recently held in Auckland. You can read the GPS conference news or sign up for Le Va's regular e-newsletter to be kept informed.

<http://www.leva.co.nz/news/tag/gps-conference>

Supporting tomorrow's Pacific leaders in health

Read about Le Va's Futures that work programme in the latest issue of Spasifikmag.

<http://www.spasifikmag.com/issue48health/levasfutures/>

Pacific Addiction Workforce Strategy 2011-2014

Addiction-related harm has a significant impact on Pacific families in New Zealand. Pacific people have high prevalence rates across the addictions continuum but low (and often late) access to help and treatment. Effective treatment works when we have a capable and competent workforce that can meet the needs of Pacific families.

Le Va was commissioned by Matua Raki, the National Addiction Workforce Development Centre, to develop the Pacific Addiction Workforce Strategy 2011-2014.

<http://www.leva.co.nz/supporting-workforce/addictions>

Engaging Pasifika: New Zealand's Pacific Cultural Competency Training Programme

Engaging Pasifika is a Pacific cultural training programme focusing on better engagement between health services and Pacific people and their families. The programme focuses primarily on the basic and essential cultural skills and knowledge required to work effectively with Pacific service users and their families.

This factsheet describes the programme, who it is for, its intended outcomes and the training approach.

<http://www.leva.co.nz/library/leva/engaging-pasifika-new-zealands-pacific-cultural-competency-training-programme>

25. Te Rau Matatini

Te Rau Matatini Scholarships Are Open For 2013

Hoe Tahi Addiction and Methamphetamine Scholarships - OPEN

The Hoe Tahi scholarships, with the support of Matua Raki, aims to strengthen the addiction workforce capacity and capability including those working with whānau who have poly drug issues. It will be available for people undertaking a relevant study programme in the area of addictions.

Hoe Whā Problem Gambling Undergraduate Scholarships - OPEN

The aims of Hoe Whā undergraduate programme is to support people currently working in the problem gambling or gambling sector and who are undertaking a relevant study programme in the 2011 academic year.

Hoe Whā Problem Gambling Postgraduate, Masters and PHD - OPEN

The Hoe Whā programme also aims to develop the problem gambling and gambling sector to enhance research capacity by providing scholarships in the area of problem gambling study and research. There will be a post doctoral fellowship available that supports post doctoral research in addition to the above programmes.

Henry Rongomau Bennett Foundation - Māori Leadership in Health Scholarships are OPEN

The Henry Rongomau Bennett Foundation is a tribute to Henry Rongomau Bennett's life and work as the first Māori Psychiatrist in Aotearoa. The purpose of the scholarship is to develop and build leadership in Māori health, competence in Te Ao Māori and excellence in health.

https://www.matatini.co.nz/cms_display.php?sn=60&st=1&pg=5635

For further scholarship information or support please contact:

Scholarships Telephone: 0800 MATATINI (628 284)

or email scholarships@matatini.co.nz