

What's New 15/05/12

Health Quality & Safety Commission New Zealand

Commission hosts workshops

The Health Quality & Safety Commission is hosting workshops this week on consumer engagement and reducing costs through quality improvement.

Lynne Maher, Director for Innovation and Design at the NHS Institute for Innovation and Improvement in the UK, is in New Zealand to share her experience in improving consumer participation in health.

She will present workshops in Auckland on 16 May and Wellington on 17 May for teams of clinicians, health providers and consumer representatives with a project they would like to develop.

Two other presenters from the NHS will address a seminar and workshop in Wellington on 17 and 18 May.

Jim Easton is the NHS National Director for Improvement and Efficiency, and Helen Bevan is Chief of Service Transformation at the NHS institute for Innovation and Improvement.

They will talk about the role of quality improvement and innovation in reducing health costs and transforming services.

<http://www.hqsc.govt.nz/news-and-events/news/443/>

First, Do No Harm releases first newsletter

The *First, Do No Harm* newsletter contains the latest information on its patient safety campaign as a key element in the New Zealand Northern Region Health Plan.

http://www.firstdonoharm.org.nz/newsletter/first_do_no_harm/newsletter.html

Scottish study looks at the rise of multimorbidity and the implications for health care

A new study looks at the increase in the number of people with more than one medical disorder and the implications for health care systems.

Morbidity increased with age and poverty as expected. By the age of 50 half of the population had at least one morbidity and by age 65 most were multimorbid. However in absolute terms there were more people aged under 65 with multimorbidity than over 65.

The authors conclude that these results have important implications for the way health care systems are structured. They argue that the current framework which is structured around individual diseases is no longer appropriate and that a broader, co-ordinated approach is needed to reduce duplication and improve efficiency.

<http://www.hqsc.govt.nz/news-and-events/news/441/>

UK study finds dementia a factor in the incidence of reported adverse events

This study, reported in *The Journal of Geriatric Psychiatry*, examines the relationship between dementia and adverse events experienced by older hospital inpatients and looks at whether such events can be prevented.

<http://www.hqsc.govt.nz/news-and-events/news/434/>

Critical shift in approach discussed at first European conference on patient empowerment

The benefits and challenges of a move towards patient empowerment were discussed by over 250 participants at the first European conference on the subject held in Denmark last month.

Patient empowerment is defined as a process to help people gain control of their own health care, which includes taking the initiative, solving problems and making decisions. It redefines the patient's role, moving away from the traditional approach which creates dependency, to one in which responsibility is shared with health care professionals.

The aim of the conference was to share experiences on the different aspects of patient empowerment, including health literacy, chronic disease and the role of technology.

Three of the presentations are imbedded in this document:

1. Jim Phillips: Co-production and empowering communities - Patients as resource not a problem
2. Rafael Bengoa: An innovative care model for chronic conditions
3. Angela Coulter: Transforming health and social care through patient empowerment - the policy challenge



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<http://www.hqsc.govt.nz/news-and-events/news/431/>

U.S. 'Simply Put' guide offers helpful advice on presenting health information

This guide from the Centres of Disease Control and Prevention in the U.S. offers helpful advice on presenting health information in a way that everyone can understand. It provides practical ways to organize information and use language and visuals. This guide will be useful for creating fact sheets, FAQ's, brochures, booklets, pamphlets, and other materials, including web content.

<http://www.hqsc.govt.nz/news-and-events/news/435/>

International Perspectives on Patient Engagement: Results from the 2011 Commonwealth Fund Survey

A recent Commonwealth Fund study found that patients who were more involved in their healthcare had a more positive experience of their care and reported fewer errors.

<http://www.hqsc.govt.nz/news-and-events/news/410>

Ministry of Health

Mental Health Outcomes Factsheet, 2009/10

A showcase of new mental health outcomes data from the Programme for the Integration of Mental Health Data (PRIMHD).

This factsheet presents summarised data on the outcome of mental health services provided by district health boards. This includes all outcomes data for clients seen in the 2009/10 financial year (July 2009 to June 2010). This is the first Ministry of Health publication to present outcomes information from the Programme for the Integration of Mental Health Data (PRIMHD).

This factsheet presents:

- Background information on both outcomes and the HoNOS suite of measures (the tools used to collect outcomes data).
- Aggregated outcome data at a national level – including the average total score. This data illustrates clients' overall mental and social health.

<http://www.health.govt.nz/publication/mental-health-outcomes-factsheet-2009-10>

Mental Health and Addiction Factsheet, 2009/10

A showcase of new mental health and addiction data from the Programme for the Integration of Mental Health Data (PRIMHD).

This factsheet presents:

- demographic trends between 2001/02 and 2009/10
- rates of clients seen by deprivation quintile
- rates of clients seen by district health board (DHB) region
- summarised data on non-governmental organisations (NGOs).

<http://www.health.govt.nz/publication/mental-health-and-addiction-factsheet-2009-10>

National IT Health Board

Anton Venter appointed National Programme Director eMedicines

Anton Venter has been appointed to the role of National Programme Director eMedicines, for the Health Quality & Safety Commission (the Commission). He will work in the National Medication Safety Programme, which is delivered jointly by the Commission and the National Health Board/National Health IT Board.

Mr Venter, who is a registered pharmacist, will lead the introduction of electronic medicines management within New Zealand hospitals.

Anton Venter will be based at the National Health IT Board. He comes to the role from Healthcare of New Zealand, where he is National Manager, Integrated Care.

PRIMHD review update

Part two of the Programme for the Integration of Mental Health Data (PRIMHD) review is underway.

A small working group is starting to developing the requirements that were raised in the PRIMHD Review Recommendation Report published late last year. There are three Midland representatives on this group and six subgroups have now been formed to look at specific areas.

Towards 2014 - April Newsletter

In this latest issue:

- find out how hospitals are going for gold with medication management
- discover why top nurse Vicky Noble is passionate about IT as a tool for quality improvement
- and find out how new standards for information about cancer will improve

<http://www.ithhealthboard.health.nz/content/towards-2014-april-newsletter>

Regional Information Platforms (DHBs)

A key goal of the National Health IT Plans is to see the development of regional platforms for sharing core clinical systems. Consolidating systems will make it easier to introduce common standards and to share information with other DHB's and providers. It will mean a patient's information will be available when someone moves between DHB's for treatment.

The core clinical systems included in the regional priority programmes for the 2011/2012 year are:

- **Clinical Workstations**

The clinical workstation is a web based portal which draws information from multiple sources and presents it in the context of the patient's record.

- **Patient Administration Systems**

District Health Boards will have a single Patient Administration System for each region rather than the variety that exist at the moment. A Regional Patient Administration System will allow for a consistent approach to the management of a patient's encounter with hospital services, and the management of hospital and DHB services nationally.

- **Clinical Data Repositories**

A centralised data repository will contain a nationally agreed core set of clinical information, and additional clinical data to be determined by each region.

- **Imaging/PACS**

PACS technology allows X-rays, MRIs and other medical images to be digitized, stored and transmitted electronically, avoiding the need for film development processes and delivery by mail or by hand to physicians and technicians.

- **Clinical Support**

District Health Boards have their own Laboratory Information Systems or they outsource their Laboratory services. Having a common system across each region will make it easier to maintain consistent standards, and to send results to a centralised data repository.

District Health Boards now have a variety of individual Pharmacy Systems, some of which are now obsolete and due for replacement. A hospital Pharmacy System supports and manages the internal workflow of a hospital pharmacy service.

- **Continuum of Care**

Continuum of Care is recognition that healthcare is continuous but there are recognised hand-over points such as eReferrals and Discharges.

Mental Health Foundation

Call for Comic Recovery Stories

A couple of clever UK blokes are compiling a collection of service user recovery stories – in graphic, or comic strip, form. They are calling the A4 compendium *Drawn from Distress to Recovery*, and it will be published on 2013.

Invitation goes out to everybody, past or present “sufferer”, regardless of artistic or literary expertise. At this stage they ask only for expressions of interest: a title and paragraph outlining the proposed story plus a sample page of artwork submitted as a jpg no bigger than 2MB.

Confidentiality will be respected should your work be published but the editors need full contact

Deadline: 31 July 2012

<http://www.mentalhealth.org.nz/page/1087-news#call>

Lifeline Aotearoa looking for feedback

Lifeline Aotearoa wants to know what New Zealanders think about its new Suicide Prevention Helpline and Maori Television Ad Campaign. It is running a very quick survey to help further develop Lifeline services in this area. All answers are completely anonymous

<http://www.spinz.org.nz/page/187-news>

Campaign and video to raise awareness of bullying prevention

New video and Pink Shirt Day campaign highlight commitment to promoting positive relationships

Along with Tamati Coffey, personalities Levi 'Nek Minnit' Hawken, Roseanne Liang, Witi Ashby and Hayley Holt worked with Mental Health Foundation staff and Borderless Productions to create a video in honour of Pink Shirt Day Aotearoa. The video features individual stories and frank discussion about bullying.

For more information, contact:

Erin Fae
Pink Shirt Day Project Lead
Mental Health Foundation
Phone: 09 300 7010
Email: erin@mentalhealth.org.nz

<http://www.mentalhealth.org.nz/page/1138-media-releases-2012+campaign-and-video-to-raise-awareness-of-bullying-prevention>

Mental health DVD in New Zealand Sign Language

The Mental Health Foundation (MHF) has a DVD about change, loss and grief in New Zealand Sign Language (NZSL) available from its [Resource and Information Service](#).

The DVD features members of the deaf community sharing their experiences of loss and change. Expert advice is provided by retired deaf counsellor Richard Townshend and mental health educator Ainslee Coates.

Unfortunately there are no more copies of the DVD available to give away, but people can still borrow one of five copies of the DVD from the Mental Health Foundation [Resource and Information Service](#) (RIS).

Researchers seeking medical practitioners to answer online survey

Australian researchers Dr Lee Kannis and Dr Geoff Lovell are asking Kiwi docs to complete an anonymous 15 minute [online survey](#) to assist their research into exercise prescriptions for people with mental health challenges.

If you would like further information please contact:

Lee Kannis, Lecturer in Clinical Psychology, Faculty of Arts & Business, University of the Sunshine Coast, Locked Bag 4 - Maroochydore, Queensland 4558, Australia. Phone: +61 7 5459 4879, Fax: +61 7 5459 4767 lkannisd@usc.edu.au

SPINZ (Suicide Prevention Information New Zealand)

Everyone needs to work together to reduce the suicide rate

[SPINZ](#) resources available from the [Mental Health Foundation](#) include:

- Responding to people at risk of suicide – how can you and your organisation help? This booklet is intended to provide organisations and individuals with easily accessible information concerning appropriate responses to managing suicide and self harm. It will be useful for organisations and individuals who do not have a primary role in supporting people at risk of suicide, but may have contact with people at risk of suicide as part of their core business.
- Information on Suicide Prevention – a series of videos presented by Judy Bailey on a range of topics including warning signs, risk factors, suicide bereavement, caring for someone who is suicidal, suicide in communities and suicide myths.

More resources at:

[Like Minds, Like Mine website](#)

[SPINZ YouTube videos](#)

Matua Raki

Substance Withdrawal Management guidelines

The guidelines have been developed for use in a range of settings where practitioners from a range of disciplines and backgrounds work with people who are likely to experience withdrawal symptoms when stopping or reducing substance use. Each guideline is tailored to the information needs of a particular audience and provides information about safer substance withdrawal management.

Substance Withdrawal Management: Guidelines for medical and nursing practitioners in primary health, specialist addiction, custodial and general hospital settings provides guidance for the specialist medical assessment and treatment of acute substance withdrawal including the use of medication. [Download](#)

Substance Withdrawal Management: Guidelines for addiction and allied practitioners provides an overview of the effects of substances, associated withdrawal symptoms and risk assessment and general withdrawal management strategies. [Download](#)

Managing your own Withdrawal is a booklet for people who use substances, and their family, whānau and support people, outlining self help strategies for managing mild or uncomplicated withdrawal. [Download](#)

Co-existing problem (CEP) service checklist

The Co-existing Problems Service Checklist is now available online to help mental health and addiction services to self assess CEP responsiveness and capability and plan for future service development:

The CEP service checklist is a brief tool for mental health and addiction/AOD services to use for self-assessment, reflection and planning to develop service level CEP responsiveness and capability. A number of areas across service delivery and workforce development have been identified for services to consider how these are reflected in their organisation. This can be used to identify current areas of practice and areas for improvement that can be used to develop an action plan.

<http://www.matuaraki.org.nz/Co-existing-Problems/cep-service-checklist.html>

Addiction Services: Workforce and Service Demand Survey 2011 Report

<http://www.matuaraki.org.nz/images/stories/pdf/mr%20workforce%20survey%202011.pdf>

Addiction Competencies Framework

Matua Raki has supported DAPAANZ in the review and development of a new Addiction Competencies Framework, which outlines competency pathways for key groups including alcohol and other drug (AOD) practitioners and associate AOD practitioners, AOD support workers, problem gambling counsellors, Quit coaches and others providing smoking cessation treatment.

The development of the framework has been a collaborative effort across three key groups: problem gambling, AOD and smoking cessation. The process has been challenging, and the coming together of these three groups has the potential to support advances for people accessing services.

<http://www.matuaraki.org.nz/Sector-Competencies/addiction-competencies-framework.html>

ADOM implementation project

The [Alcohol and Drug Outcome Measure](#) (ADOM) is a brief outcome measure relevant to New Zealand alcohol and other drug (AOD) services.

The Ministry of Health contracted Te Pou to lead the ADOM implementation project. The project is a collaboration between Te Pou and [Matua Raki](#). It began in October 2011 and will result in the development of:

- an ADOM implementation training pack that includes ADOM information protocols and data collection tools
- a data collection system that allows easy feedback on ADOM data entered and aggregated data
- further testing of Part B improvements alongside implementation of Part A
- an AOD sector communication plan for promoting/marketing voluntary uptake of ADOM
- a plan to deliver a staged approach to implementing ADOM in interested AOD services.

ADOM progress update

ADOM collection protocols and training resources have been developed and aim to provide national consistency / standards for ADOM collection.

These resources (the ADOM tool, collection protocols and resources in clinical settings) are currently being tested by six addiction services until June 2012.

The test sites are:

- Northland DHB, Whangarei
- Care NZ, Hamilton
- Lakes DHB (Methadone Programme only), Rotorua
- Te Poutama Tautoko, Hastings
- Mid Central DHB, Palmerston North
- Southern DHB, Invercargill.

The final ADOM collection protocol and resources will be ready for implementation from 1 September 2012.

Addiction services interested in voluntary implementation of ADOM can access a briefing pack from Matua Raki and Te Pou websites from 1 August 2012, and can register for ADOM implementation from 1 September.

<http://www.tepou.co.nz/outcomes/adom-project>

2012 Leadership Seminar Presentations

The presentations used in the 2012 Leadership Seminars provided by Matua Raki and NCAT are now available for download.

- Overview of national trends
- Current policy development
- Developing service performance
- Impact on the sector

<http://www.matuaraki.org.nz/Presentations/2012-leadership-seminar-presentations.html>

Werry Centre

SPARX Study Published

The study was a randomised controlled trial comparing SPARX (a form of computerised cognitive behavioural therapy) with usual care. The study was carried out across 24 sites in New Zealand with 187 adolescents seeking help for depressive symptoms. SPARX was as effective as usual treatment.

The article is available on BMJ's website: <http://www.bmj.com/content/344/bmj.e2598>

Researchers and clinicians from around the globe have expressed interest in using SPARX. At this stage A/Prof Merry and the e-therapy team are trying to secure funding for the roll-out of SPARX. For up-dates please check out the website www.SPARX.org.nz

New Zealand Association of Family Therapy

The New Zealand Association of Family Therapy has officially formed. General Membership is open to everyone at no cost and enables you to receive newsletters, make posts on the New Zealand Association of Family Therapy website, and receive member discounts on events and resources.

<http://www.nzافت.com/>

Family Therapy Association of Aotearoa New Zealand - Call for Abstracts

Call for abstracts from Family Therapy Association of Aotearoa New Zealand (Ka ora, ka tupu kia rere ki te ao - Life, growth and movement to the world). The Reference Group of the proposed Family Therapy Association of Aotearoa New Zealand (FTAANZ) confirms an inaugural conference to be held in Wellington, 5 - 7 September 2012. The conference is hosted by Massey University at their Wellington campus.

Submissions close on 01 June

contact either:

Julie Burgess-Manning at juliebm71@yahoo.co.nz

or

Graham Allan at allan.gbr@xtra.co.nz

Please see our website for updates: www.FTAANZ.org.nz