



<http://www.midlandmentalhealthnetwork.co.nz>

# What's New



## April 2014

An update of information, events and resources from established New Zealand websites, relevant to the mental health & addiction sector

## What's New – April 2014

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## What's New – April 2014

### Mental Health and Addiction Specific Sites

#### 1. Mental Health Foundation

##### Update on Words Hurt competition

The following resources are now available to support participants in the Mental Health Foundation's secondary schools competition, Words Hurt.

- [Formative Exercise Unit Plan \(for teachers\)](#)
- [Information for participants](#)
- **Poster A4** as [JPG](#) and [PDF](#)
- **Poster A3** as [JPG](#) and [PDF](#)
- [Promotional e-banner](#)

Secondary schools throughout New Zealand have already taken up the challenge and will produce a video for the competition.

The video brief is to create a video that encourages young people to stop and think when they hear or use words like “nutjob”, “retard”, “schizo”, or “mental”, and reflect on language that is stigmatising or discriminatory.

The competition is open to all secondary school students, but could be the product of a formative exercise for media production standards 2.6 and 3.6, for which we have provided a teaching unit plan. The project must be submitted by **20 June 2014**.

Please email [Ivan Yeo](#) if you require any further information, or phone Ivan on 027 280 8972.

##### **Donate to Pink Shirt Day 23 May 2014 and enter prize draw**

Take a picture of your staff or friends wearing pink shirts on Pink Shirt Day, 23 May, and post it on our [Facebook](#) or [Twitter pages](#). Then if you make a donation to the Mental Health Foundation before Friday 30 May you will go in the drawer to win one of 20 Aromatherapy Company prize packs worth \$100 each.

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##### **April Newsletter**

I am really enjoying the email alerts from the people at [Happify](#). Happify are an international organisation that has taken the emerging research around the world on positive psychology and packaged it as science-based activities and games for a happier, healthier life. You can set up your own personalised programme and monitor your progress as you learn and practice new skills.

They're clever at presenting the key principals in a colourful visual which gives you bite size information to cement the theories into your everyday life. This week's instalment summarises the evidence behind promoting resilience in young children. Did you know that [kids with nurturing mums have bigger brains](#); a 10% larger hippocampus (which handles stress and memory) by the time they get to school age?

What's more, a [mother's satisfaction with her life is more important to a child's social and emotional skills](#), than her education, income, job or amount of time the kids spend in childcare. Now that makes me feel happy.

*Naku iti nei*

Kim Higginson

Information Officer

Mental Health Foundation

## Contents

- [Latest News](#)
- [New NZ Resources](#)
- [New International Resources](#)
- [Update on Stigma & Discrimination](#)
- [Update on Wellbeing & Flourishing Literature](#)
- [Workshops, Conferences and Meetings](#)

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## Featured Books

**“Don't just do something, sit there: A manifesto for living the slow life”** Chapman, W. (2013) Penguin Group

As a very old member of the Foundation's staff, I have been struggling to keep up with the fast life of emails and Pecha Kucha presentations. I have been an advocate of the Slow Food Movement for years and I was not disappointed with Wallace Chapman's manifesto for the slow life.

The books' preface reveals that Chapman, at the age of 24 was told he had a rare, debilitating and incurable disease. The news prompted him to review his life and he opted for slow. At age 43 Chapman, a television personality, columnist, blogger and radio broadcaster, wrote this book.

### Life in the slow lane

According to Chapman, life in the slow lane involves sitting quietly, on the deck or listening to music while making dinner or talking to one another over a meal. How many of us do this nowadays? It's more likely that the freezer is raided for something that will go in the microwave and be on the table in 15 minutes, to be eaten almost as quickly.

What's more, the author writes of people who keep their smartphones on all night and check their computers first thing in the morning before kissing their partner or children. He suggests technology-free weekends, sitting in the evening sun, watching the trees without that nagging feeling about quickly checking in.

### Standing still

It was the Zen saying that prefaced chapter four, alluding to the book's namesake, that drew me even closer to the slow living concept: "Sit quietly, doing nothing, Spring comes and the grass grows by itself."

Here Chapman reflects on filming at a workshop in Muriwai where the sound operator periodically asked everyone to stand still without making a sound for 60 seconds. There were technical reasons for this but the author became aware of the sound of the sea, the beauty all around

them. He says that he now ensures he has a silent space three times a day: doing nothing, and letting the world roll by.

### **Why slow down?**

Chapman also includes responses from a Lincoln University study on why people choose the slow life. One respondent says slow living gives her lasting happiness, not just a quick fix.

Another says his working life was his main focus but he didn't want his work to make him feel like he was "just another cog in the machine".

There is a bibliography that will have me searching in my local library for more great reading and I will certainly be hoping for another book from Chapman; but first I want to buy my own copy of this one.

Reviewed by Marie Hull-Brown, Mental Health Promoter with special interest in older people, Mental Health Foundation.

<http://www.mentalhealth.org.nz/>

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## **2. Skylight**

### **Professionals & Community Groups**

We support professionals, businesses, organisations and community groups dealing with tough situations by providing resources, information, training and professional support. See below the range of ways we can assist you.

[Managing Trauma, Loss and Grief in the Workplace](#) - launched Sept 26th. An essential tool to support the health, safety and wellbeing of employees in any workplace.

[Time for a Break](#) - support for frontline workers to facilitate self care and prevent burnout, compassion fatigue etc

[The Resilience Advantage Poster](#) - what 10 factors can build up your team's resilience to cope with difficult circumstances in your workplace?

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### **Featured Books**



#### **Managing Trauma, Loss and Grief in the Workplace**

**NEW** Just launched a practical handbook for workplace employers and leaders. [Click here](#) for information about it and to purchase your copy. See [MEDIA RELEASE](#). **ALSO NOW AVAILABLE AROUND NZ - A Training Workshop for Leaders and Managers in your workplace.** [Click here](#) and see the 2nd page



**NEW** See our online links directory for support information:

[Support for those Bereaved by Suicide in NZ](#)  
[Support for those Bereaved by Homicide in NZ](#)

<http://www.skylight.org.nz/>

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### **3. HPA (Health Promotion Agency)**

#### **New Depression Initiative**

Videos and stories featuring the true life stories of farmers who have suffered from depression have been added to the depression.org website. The website, which is part of the National Depression Initiative (NDI), is fronted by Sir John Kirwan who has also publically shared his story about his journey through depression.



The new page was added to help make depression.org.nz more relevant to farmers and the rural community. It can be found at [www.depression.org.nz/rural](http://www.depression.org.nz/rural).

The landing page takes people through the information on the depression website. It includes The Journal, which is a free online self-help programme designed to support people with mild to moderate depression. Sir John leads people through six practical lessons in The Journal. It also includes information for those supporting someone through depression.

The website is managed by the Health Promotion Agency (HPA) and the Ministry of Health. HPA is grateful to the farmers who were prepared to share their stories on the new page.

For further information or comment contact HPA Corporate Communications Manager, Lynne Walsh on 021 369 081.

<http://www.hpa.org.nz/>

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### **4. NZDF: New Zealand Drug Foundation**

Nothing new this month.

<http://www.drugfoundation.org.nz/>

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### **5. Alcohol Healthwatch**

#### **Media Releases**

[April 2013 Newsletter Edition 1](#)

[April 2013 Newsletter Edition 1 Research Supplement](#)

14 Apr 2014: [Media-Hospitality sector tactics mar Local Alcohol Policy process](#)

<http://www.ahw.org.nz/>

## **6. Like Minds, Like Mine**

Nothing new this month

<http://www.likeminds.org.nz>

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## **7. Engage Aotearoa**

### **Community Korero with Mike King**

In the Community Korero, comedian Mike King gets straight up about his battle with depression, addiction and his ongoing journey back to recovery, including the mistakes he made along the way. Hear about the things he learnt from the hard times and how all those mistakes were blessings in disguise. This is a not-to-be-missed chance for communities to come together and explore how to support our youth and each other to survive and thrive. Ask the questions you have always wanted to ask – Mike is joined by Tai Tupou for a Q & A session at the end of the talk. Connect with other community members who care. Plus heaps of useful resources to take away for later. Community Korero is open to all members of the community and is suitable for early teens to older adults. We especially encourage mental-health workers, teachers, parents and town-planners to attend this session.

### **2014 Dates**

- **Thur 20 Feb 2014** | Venue: Taupo Nui a Tia College Hall, [Taupo](#) | Time: 7.00 pm
- **Fri 21 Feb 2014** | Venue: Reporoa Community Hall, [Reporoa](#) | Time 10.00 am-12.00 pm
- **Fri 21 Feb 2014** | Venue: Te Toke Road Marae, [Taupo](#) | Time: 7.00-8.30 pm
- **Wed 26 Mar 2014** | Venue: One Tree Hill College Auditorium, [Auckland](#) | Time: 6.30-8.30
- **Wed 9 April 2014** | Venue: CHB Municipal Theatre, Kentworth St, [Waipawa](#), [Hawkes Bay](#) | 6:30-8:30 pm

<http://www.engagenz.co.nz/>

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## **Government Agencies**

### **8. Families Commission**

#### **Media Releases**

*Mon 14 Apr, 2014* [Effective parenting programmes can reduce risk of child maltreatment](#)

A comprehensive report released by the Families Commission finds effective parenting programmes are a key way to reduce the risk of maltreatment of vulnerable children.

*Wed 2 Apr, 2014* - New family violence research welcomed

The Families Commission welcomes new research that estimates the cost of domestic violence to New Zealand employers at \$368 million this year.

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#### **Up and Coming Events**

##### **Evidence2Action Symposium 2014: The secrets of success**

When: **Wed 4 Jun, 2014**

Organiser: Families Commission

Contact: [Enquiries@nzfamilies.org.nz](mailto:Enquiries@nzfamilies.org.nz)

What's New April 2014

A one day symposium hosted by the Families Commission

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## Publications

### Effective Parenting Programmes

A review of the effectiveness of parenting programmes for parents of vulnerable children

This report reviews the evidence on the effectiveness of parenting programmes, as a way of reducing the risk of maltreatment of vulnerable children aged 0-6 years.

#### [Research reports](#)

Mon 14 Apr, 2014

[Download Effective Parenting Programmes](#) (1000 KB)



<http://www.familiescommission.org.nz/>

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## 9. New Zealand Family Violence Clearinghouse

### News

#### April 2014

**'Flagship Programme' being implemented on East Coast to reduce family violence** - 15 Apr, 2014

Justice Minister Judith Collins has announced a 'Flagship Programme' to reduce...

**Select Committee hears oral submissions in inquiry on sexual violence services funding** - 15 Apr, 2014

The Social Services Select Committee is currently hearing oral submissions in...

**Responses to rating NZ the most "socially advanced" country in the world** - 15 Apr, 2014

The 2014 Social Progress Index (SPI) ranked New Zealand as the most socially...

**Additional funding, increased reporting for Elder Abuse and Neglect services** - 10 Apr, 2014

The Government has announced \$170,000 of contestable funding for two new...

**Clearinghouses releases new Issues Paper: Kaupapa Māori well-being framework** - 7 Apr, 2014

The Clearinghouse has today released Issues Paper 6, Kaupapa Māori wellbeing...

**TV series Womenpower returns in April** - 3 Apr, 2014

The 2014 series of Womenpower returns in April, screening on Tuesdays at 7.30pm...

**Concern over selected leadership of North Island Whānau Ora** - 3 Apr, 2014

A new branch of the National Urban Māori Authority (NUMA), Te Pou Matakana, has...

**Research evidences cost of domestic violence to employers** - 3 Apr, 2014

What's New April 2014



Supporting those experiencing domestic violence in the workplace has been...

**Police release crime statistics; family violence information expected 'later this year'** - 2 Apr, 2014

Police have released crime statistics for the year ending 31 December 2013,...

**Sexual Assault Awareness Month; complex trauma and sexual victimisation; EU survey findings** - 1 Apr, 2014

The US annual Sexual Assault Awareness Month (SAAM) takes place in April....

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## Issues Paper

Issues Paper 6, April 2014 - **Kaupapa Māori wellbeing framework: The basis for whānau violence prevention and intervention**

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## Events

**International Indigenous Development Research Conference - Auckland - 25-28 Nov 2014**

**When** Tuesday 25 November - Friday 28 November 2014

**Where** University of Auckland

**Hosted by** Ngā Pae o te Māramatanga

**Cost** Early bird registration open **1 February until August 2014**

Register on [conference website](#)

<http://www.nzfvc.org.nz>

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## **10. Health & Disability Commissioner**

No updates this month

<http://www.hdc.org.nz/>

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## **11. Health Quality & Safety Commission New Zealand**

**Publications** - [Metoprolol oral administration - draft alert](#). **Publication in [Medication Safety 14th Apr 2014](#)** The Medication Safety Expert Advisory Group is developing a full alert following release of a safety signal issued in October 2012 on oral metoprolol administration.

### **Medication Safety Expert Advisory Group – Annual report 2013**

Publication in Medication Safety 10th Apr 2014 The MSEAG annual report for 2013 highlights the priority areas and key achievements for the expert advisory group and the national medication safety team during the 2013 year.

### **April Audit**

Publication in [Reducing Harm From Falls](#) 7th Apr 2014

The April Audit is an activity related to the third theme of April Falls 2014 - safe care environment

**Resources** - Topic 2: Which older person is at risk of falling? Ask, assess, act

Resource in Reducing Harm From Falls 4th Apr 2014

Interactive PDF of topic 2 of the Commission's 10 topics in reducing harm from falls.

**Consumer Network Terms of Reference** - Resource in Consumer Engagement 3rd Apr 2014

Terms of Reference for the Commission's Consumer Engagement Programme consumer network.

**Ask, assess, act informational poster** - Resource in Reducing Harm From Falls 3rd Apr 2014

A3 informational poster for the Ask, assess, act project.

**Topic 3: Falls risk assessment and care planning - what really matters?** - Resource in

Reducing Harm From Falls 3rd Apr 2014 Interactive PDF of topic 3 of the Commission's 10 topics in reducing harm from falls.

<http://www.hqsc.govt.nz/>

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## **12. Human Rights Commission**

### **The Te Urunga Award for Inclusiveness presented to Mt Albert Grammar School**

On Friday the 11th of April, Disability Rights Commissioner Paul Gibson travelled up to Auckland to present Mt Albert Grammar School's Samoan Cultural Group with the Te Urunga Award for Inclusiveness.

Speaking to a hall full of captivated students, he presented the award to school representatives including: Samoan Cultural Group leaders Josias Faleolo and Lillian Kome, fellow group member Amelia Eade, teacher in charge of the Samoan Group Mr Peter Sua, and School Headmaster Mr Dale Burden.

*Te Urunga* works to promote the inclusion of students, both disabled and non-disabled, in such a way that each member of the group is valued for their contribution to the performance.

The 2014 awards were presented to the cultural groups displaying the most inclusive practice in a creative performance at this year's ASB Polyfest. Other winning schools included: Waitakere College, Tuakau College, and Papatoetoe High School.

<http://www.hrc.co.nz/feed>

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### **VIDEO: Physical inactivity means this generation may die five years before their parents**

For the first time in history, this generation may die five years younger than their parents.

Soaring childhood obesity rates are threatening to take years off our children's lives and ignoring the problem is not an option. **MOVE1** is a community dedicated to solving this crisis through campaigning to ensure that children get physically active.

The solution is simple – at least 1 hour of activity every day will make a lifetime of difference, and help ensure that children can break free from the grip of physical inactivity which is threatening to become an epidemic.

What's New April 2014

**For more information:**

**MOVE1** on Twitter: <https://twitter.com/move1hour>

**MOVE1** on YouTube: <https://www.youtube.com/user/move1hour>

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**Award winning speech from the NZ Race Unity Speech Awards thrills judges**

A provocative and thought provoking speech on race relations has won Thai An Vo top place over 180 students in the National finals of the annual NZ Race Unity Speech Awards held last weekend. The students were tasked with explaining how they related to race relations in New Zealand by interpreting a traditional Maori proverb and a quotation on unity.

But it was Thai An's speech that impressed chief judge Superintendent Wallace Haumaha and panel including Race Relations Commissioner, Dame Susan Devoy and Berlinda Chin, director of the Office of Ethnic Affairs.



"Thai An's speech was truly thought-provoking and engaging. His perspective on moving forward together as a multi-cultural nation was entirely pragmatic and practical. His comment that 'the biggest changes can never come without the small ones' absolutely resonates," said Superintendent Wallace Haumaha.

**Further information:**

**Download the Speeches from the following links:**

[2014 speech – Thai An Vo Auckland International College](#) (PDF)

[2014 speech – Thai An Vo Auckland International College](#) (Word)

**To read more about the speech competition, visit:**

[http://www.raceunity.co.nz/page/Speech\\_Awards/](http://www.raceunity.co.nz/page/Speech_Awards/)

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**EVENT RECAP: 2014 Summerz End Youth Fest**

On Friday the 4th of April, the annual Summerz End Youth Fest roared back into life hosting a range of great music performances including Titanium.

Each year the Summerz End Youth Fest is held with the aim of bridging the gap between youth from all walks of life and our communities, by creating a sense of belonging through connecting our common cultures.

In addition to this, Festival attendees were able to attend variety of workshops from African drumming, DJ-ing, "popping" dance, Indian dance, as well as mess around at fun photo booths (including an "I am Aotearoa New Zealand" themed one!).

In conjunction with the Festival, the organisers ran an 'Art Mile project', with the theme for this year being 'Multicultural'. This was chosen to reflect the increasingly diverse nature of

Christchurch and give everyone the ability to showcase and share their identity, regardless of their ethnic background.

Summerz End Website: [www.summerzend.com](http://www.summerzend.com)

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## Human Rights Commission Newsletters

### **Te Ngira: New Zealand Diversity Action Programme Update**

A monthly update for participants in the New Zealand Diversity Action Programme, and any other interested parties.

- [April 2014](#)

### **Te Punanga - The Refugee Focus Network**

Kia ora koutou katoa – welcome to Te Punanga, the newsletter of the Refugee Focus Network. The Refugee Focus Network is facilitated by the Human Rights Commission as part of the New Zealand Diversity Action Programme. It seeks to connect refugee communities and people and organisations that work with them by publicising events, projects and activities involving refugees in New Zealand.

- [April 2014](#)

### **Te Waka Reo - The Language Policy Network**

Kia ora koutou katoa – welcome to Te Waka Reo, the newsletter of the Language Policy Network. The Language Policy Network is facilitated by the Human Rights Commission as part of the New Zealand Diversity Action Programme. Its purpose is to support and publicise groups that undertake language policy initiatives, projects and programmes that foster linguistic diversity in New Zealand.

- [April 2014](#)

### **On The Bright Side - Paenga Hihiko**

Monthly acknowledgments from the Race Relations Commissioner for cultural diversity and positive contributions to race relations in New Zealand.

- [April 2014](#)

<http://www.hrc.co.nz>

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## **13. Ministry of Health**

### **Tightening of drug utensil regulation - 11 April 2014**

A new regulatory notice will tighten controls around utensils used for illegal drugs. Currently people can subvert prohibitions on importing drug utensils by bringing them into the country in

parts. The new Notice prohibits importation of drug utensils in parts. The new Notice also prohibits 'offer for sale'.

This means that it will be in breach of the new Notice for retailers to display cannabis and methamphetamine utensils for the purpose of selling in addition to the current prohibition on supply of those utensils.

At present, taking action over a possible breach has required the observing of a transaction on the part of a retailer. This has at times required burdensome sting operations. The Notice also removes hookah pipes from the list of cannabis utensils. This recognises that the traditional use of hookah pipes is to smoke fruit-flavoured tobacco. There is little evidence to suggest that hookah pipes are being used to administer illegal drugs in New Zealand. Smoking of tobacco is subject to the Smoke-free Environments Act 1990.

#### **What and when**

The Misuse of Drugs (Prohibition of Cannabis Utensils and Methamphetamine Utensils) Notice 2014 will come into effect on 12 May 2014. The Notice replaces a 2003 notice of the same name.

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#### **New Zealand health personnel in Solomon Islands - 15 April 2014**

Ten New Zealand health personnel will be operational in the Solomon Islands helping with the health related flood response by Thursday this week. The three doctors, four nurses, two logisticians, mission leader with support from the Ministry of Foreign Affairs and Trade leave New Zealand Tuesday and arrive in Honiara the next day to start work Thursday.

The first team will be in Honiara, working at the National Referral Hospital for a fortnight before being replaced with a second team at the end of the month. The medical team will be helping with the surge of presentations with flood related disease – particularly children with diarrhoea – which can cause serious illness if not treated. They will also be helping treat fever related disease exacerbated by the flooding.

The doctors and nurses will be largely concentrated in the hospital emergency department – with some local public health assistance provided as well. The Ministry of Health says there has been a strong response to the request for help. The New Zealand experience shows health agencies face a huge increase in demand in a crisis and how important it is to bring in staff to give local health professionals the support they require.

## Publications

### **Hauā Mana Māori- Living unique and enriched lives - 23 April 2014**

This report examines issues relating to accessibility of health and disability support services for disabled (hauā) Māori and their whānau in the Murihiku/Southland region. [Read more](#)

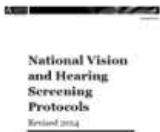


### **Report on the Performance of General Practices in Whānau Ora Collectives as at December 2013. 22 April 2014**

Summary, , This report focuses on the performance of general practices in Whānau Ora collectives – using results from the software package HealthStat, which collects an anonymous summary of patient. [Read more](#)

### **Dioxins: A Technical Guide 16 April 2014**

This guide is for health professionals and others who may have questions about dioxins and their health effects. The guide also includes historic exposure incidents in New Zealand. [Read more](#)



### **National Vision and Hearing Screening Protocols 11 April 2014**

These screening protocols are for use by vision hearing technicians (VHTs) and other health professionals who are part of the National Vision Hearing Screening Programme. [Read more](#)

### **New Zealand Practice Guidelines for Opioid Substitution Treatment 2014**

11 April 2014

This document contains practical and evidence-based advice for clinicians on best practice for the clinical assessment and treatment of clients with opioid dependence. They are aligned with the Australian guidelines on opioid substitution treatment (OST). [Read more](#)



### **Well Child / Tamariki Ora Programme Practitioner Handbook 2013 11 April 2014**

This handbook outlines the purpose of the Well / Child Tamariki Ora programme and best practice for delivering services. It is used to support planning, education, and professional development, and as reference material when providing services to families. [Read more](#)

## Probity Report: Retrospective Probity Review of the RFP process for Regional & National Services to Prevent and Minimise Gambling Harm 04

April 2014

This is the final report of PricewaterhouseCoopers' retrospective review of the RFP process for Regional and National Services to Prevent and Minimise Gambling Harm. [Read more](#)

<http://www.health.govt.nz/>



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## 14. Ministry of Justice

### What's new

[Representing yourself in the High Court of New Zealand](#) The information in this section of the Ministry of Justice's website will help you understand how you can represent yourself when taking a claim to the High Court of New Zealand or defending a claim in the High Court.

[Government Response to Law Commission Report on Review of the Law of Trusts](#) The Trustee Act 1956 (the Act) and case law regulate the administration of trusts in New Zealand. The Law Commission has reviewed the core institution of the trust in New Zealand and has made 51 recommendations to modernise and clarify trust law. The Government agrees with the Law Commission's key recommendation to replace the Act with a new Trusts Act. However, further work is required on the detail of the new Trusts Act.

[Interviews for the New Zealand Crime and Safety Survey \(NZCASS\) 2014 are now underway](#) The survey collects information about New Zealanders' experience of crime and safety and informs policy in this area. We carried out similar surveys in 1996, 2001, 2006 and 2009. About 6000 people in households throughout the country will be taking part in the survey.

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### Accessing court decisions online

This page provides information about where to find all final decisions made by the courts that are available to the public. These are:

- Higher courts
- District courts
- Environment court
- Employment court
- Tenant tribunal
- Disputes tribunal

<http://www.justice.govt.nz/courts/accessing-court-decisions-online>

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### Court and tribunal statistics

View the latest [workload and waiting time statistics for courts and tribunals](#).

<http://www.justice.govt.nz/>

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## **15. Ministry of Social Development**

### **Minister Borrows Announces New Fraud Tool - 17 April 2014.**

The Associate Minister for Social Development, Chester Borrows, announced today the passing of the Social Security (Fraud Measures and Debt Recovery) Amendment Bill that holds partners jointly accountable for any welfare fraud and subsequent debt created because of dishonesty.

From 7 July 2014, the Ministry of Social Development (MSD), including Work and Income, Senior Services and Youth Services, will be able to hold partners of beneficiaries accountable for welfare fraud so the consequences of welfare fraud are appropriately shared by parties to the relationship. The new law enables MSD to investigate and prosecute beneficiaries and their partners for relationship fraud and also makes the beneficiary and their partner jointly liable for repaying the debt.

This is known as Relationship Debt Sharing. Relationship Debt Sharing applies to all overpayments that are created following an investigation by MSD, where we can determine that the partner knowingly benefited and ought to have known about the beneficiary's or superannuitant's overpayment in excess of their entitlement.

It is fair and equitable that both people are held accountable for the dishonesty. This initiative is part of a package of reforms designed to prevent and detect welfare fraud and recover any money that was dishonestly obtained. [Read the Minister's media release](#)

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### **Benefit Fact Sheets 17 April 2014**

The Benefit Fact Sheets provide a high-level view of trends in benefit receipt over the past five years. They present numbers and characteristics of clients on benefits at the end of the current quarter and for the equivalent quarter one year ago and five years ago.

[Welfare Reform](#)

[All main benefits](#)

[Jobseeker Support \(JS\)](#)

[Sole Parent Support \(SPS\)](#)

[Supported Living Payment \(SLP\)](#)

[Data tables](#)

[Release timetable](#)

The Benefit Fact Sheets provide breakdowns of overall numbers, where appropriate, by:

- benefit sub-categories
- gender
- broad age groups
- ethnicity
- continuous duration on any benefit
- presence of dependent children
- broad categories of incapacity.

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### **Ministry Starts Housing Assessments - 14 April 2014.**

From today, the Ministry of Social Development manages applications for social housing and refers people on the waitlist to social housing providers. The Government has also opened up



the income-related rent subsidy to more housing providers. This means from today, people on the waitlist for social housing could be referred to Housing New Zealand or to a registered community housing provider when a suitable property becomes available.

The Ministry is responsible for:

- assessing people's eligibility for social housing
- assessing people's need for a house
- the waitlist for social housing
- referring people to housing providers
- calculating and administering income-related rents
- paying the income-related rent subsidy to housing providers.

For people wanting housing assistance, they can contact the Ministry on 0800 559 009, or for over 65s, on 0800 552 002. [Read the Minister's release](#)

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### **Make It Happen Te Hiku Community Report - 01 April 2014.**

The Make It Happen community response report, released as part of the Make It Happen project in the Far North communities of Te Hiku o Te Ika (Te Hiku), is now available.

Hon Paula Bennett, the Minister for Social Development, received the report at a Community Hui in Kaitaia on 1 April. Make It Happen was launched by Mrs Bennett last year to ask the community if social spending in Te Hiku is effective and whether it could be improved.

“The community was given a blank sheet of paper and they were asked to decide on the type of social services they need and the outcomes they wanted to improve peoples’ lives,” Mrs Bennett said.

Around 1250 people from Te Hiku along with iwi, government agencies, local government, NGOs and social service providers provided feedback on their main ideas and issues of concern.

The main themes raised were the need for a prosperous and progressive region with a strong emphasis on improving the health and wellbeing of the community. To address these themes, the report has identified a range of indicators which will be used to measure progress.

In the next stage of the Make It Happen project, work between the community, social services providers and the Government begins on implementing the report. A governance group comprising community representatives will be established to work with government agencies. The Make it Happen Te Hiku Community Report is closely linked with and supports the Te Hiku Social Development and Wellbeing Accord signed by the Prime Minister and iwi leaders last year.

<http://www.msd.govt.nz/>

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## **16. National IT Health Board**

### **Online health records to improve patient care - 07 April 2014**

People in Wellington, Porirua and the Kapiti Coast will benefit from a new online system enabling doctors in emergency departments and after hours practices to view a summary of patients’ recent GP records.

Read the full media release about the shared care record [over at the Beehive](#).

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## Newsletter

**Towards 2014 March 2014 newsletter** - 25 March 2014, [Read the latest edition of Towards 2014](#).

In this issue:

- The year of the portal
- Clinician's Corner - Dr Sadhana Maraj
- College support for portal rollout
- General practice innovators to lead the way
- US experience of portal adoption strategies
- Electronic medicine reconciliation is improving care
- New look website

<http://www.ithealthboard.health.nz/>

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## **17. Office for Disability Issues**

No updates this month

<http://www.odl.govt.nz/>

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## **18. Office of the Children's Commissioner**

**MORE COMPREHENSIVE PLAN NEEDED FOR CHILD WELL-BEING** - March 2014

Children's Commissioner Dr Russell Wills says the Government's response to the Health Select Committee report will see better outcomes for children, but misses the big picture. [Download \(pdf 174 KB\)](#)

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## Journals



### **CHILDREN ISSUE 84 - Faiths against violence, March 2014**

This edition of Children explores some of the issues and experiences of the faith community when seeking to address family violence.

It includes some inspiring first-hand stories from those training faith leaders - and articles that examine the complex role of faiths that wish to address family violence

in their communities. [Download \(pdf 1.6 MB\)](#)

---

## What's New

### **Guidelines for school food programmes available now**

Practical new guidelines for schools wishing to introduce food programmes have been released by Children's Commissioner. The five guides provide clear advice to schools, whether they are

thinking about where to start or wanting to improve an existing food programme. [Read the guidelines here](#)

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### **First Child Poverty Monitor released**

Too many kiwi kids live in poverty. Each year the Children's Commissioner, J R McKenzie Trust and Otago University will release a monitor of child poverty in this country. The data is backed up by a Technical Report produced by Otago University's NZ Child and Youth Epidemiology Service. Read the [Child Poverty Monitor: 2013 Technical Report](#)

[Visit the Child Poverty Monitor website](#)

[www.occ.org.nz](http://www.occ.org.nz)

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## **19. Office for Senior Citizens**

**Minister for Senior Citizens - Hon Jo Goodhew.**

[Read more about the Minister for Senior Citizens on the Beehive website](#)

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### **Our Relationships**

The Office for Senior Citizens has key relationships with several individuals and organisations.

[Learn more about our key relationships](#)

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### **News**

Read messages from the Minister for Senior Citizens, Hon Jo Goodhew.

[Messages from the Minister for Senior Citizens](#)

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### **Events**

#### **World Elder Abuse Awareness Day - Saturday June 15**

World Elder Abuse Awareness Day events - Local Age Concerns throughout the country have been busy planning and preparing displays and activities in their communities. Below are some examples of what is on offer in Midland.

**Taupo:** St Patricks School pupils will display and talk about their artworks portraying older people in their lives at a community morning tea at 10am on Friday June 14 at the Great Lake Centre in Taupo. Also, further north in Tokoroa, intermediate school students will present a kapahaka demonstration and then talk about the older people in their lives at a morning tea at St Marks Lounge in Bridge Street, Tokoroa, on Friday June 7. There will also be elder abuse awareness displays in public libraries in Taupo and Tokoroa.

**Tauranga:** Age Concern Tauranga is holding its Purple Pamper Party on Tuesday June 11 to offer pampering for carers and older people. It will also run a second Preventing Elder Abuse public meeting at the Greerton RSA on July 9.

**Hamilton:** Age Concern Hamilton has organised a flash mob in Garden Place in front of the Hamilton City Council building. It is also involved in the street appeal trial with groups collecting at four different locations

**Taranaki:** Displays in public libraries. Education session and sing-a-long over afternoon tea for rest home residents. Public awareness seminar combined with talk on financial abuse prevention at Taranaki Cathedral on June 14.

**Gisborne:** Age Concern Tairāwhiti has organised community awareness activities at Te Wananga O Aotearoa on June 10, Turanga Health on June 11 and Kiri Te Kanawa Retirement Village on June 12. At Treble Court, they will have a display and handouts including purple muffins.

<http://www.ageconcern.org.nz/safety/elder-abuse/world-elder-abuse-awareness-day-events>

[www.osc.govt.nz](http://www.osc.govt.nz)

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## **20. SPINZ (Suicide Prevention Information New Zealand)**

### **April - Waves - suicide grief education programme, Wellington**

A new Waves group support programme starts in May in Wellington, for adults who have been affected by the suicide of someone they know. The grief education programme runs over 8 weeks between mid May and mid July, at the [Skylight](#) office in Newtown, Wellington.

The Waves programme is facilitated by professional counsellors and educators. The group allows members to

- share their thoughts and feelings around what's happened
- discuss the nature of suicide
- gain information and ideas about how to care for themselves and others, including children, after a suicide

If you are interested in joining the group or learning more, please contact [Skylight](#) on 0800 299 100, or email [jenny@skylight-trust.org.nz](mailto:jenny@skylight-trust.org.nz).

If you have lost someone to suicide and do not live in Wellington, our resource database includes [a list of support groups throughout New Zealand](#).

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### **New community fund supporting Māori and Pacific suicide prevention is now open for applications.**

Waka Hourua's Community Fund will distribute \$2 million to projects through two funding rounds.

Applications for the first funding round are due on **16 May 2014**.

One-off funding is available to Māori whānau, hapū, iwi, Pacific families and communities who can show how their suicide prevention or response initiative will contribute to greater resilience, connection, protection and inclusiveness for all its members.

Projects should contribute to one or more of the following outcomes:

- Families, whānau and communities are strongly connected to one another and people actively participate in the wider community
- Families, whānau and communities have their own approaches and plans in place and are actively building resilience and reducing risks of suicide
- People are informed about and assisted to access the services available to them
- Community leaders empower people, foster resilience and bring people and resources together
- Families, whānau and communities have stronger relationships and confidence to be able to talk about their difficulties
- People bereaved by suicide receive the support they need within their families and whānau.

Suicide rates for Māori are 1.8 times higher than for Pākehā, and the rate for young Māori is 2.4 times higher than for young non-Māori, according to the latest statistics released by the Ministry of Health. Read more about the fund and apply online through the Waka Hourua website.

<http://www.wakahourua.co.nz/> or [#suicideprevention](#)

<http://www.spinz.org.nz>

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## **21. The Beehive**

### **Releases**

#### **23 APRIL, 2014 NGĀTI POROU ACCORD STRENGTHENS CROWN RELATIONSHIP**

The Crown has signed an Accord with Ngāti Porou in Gisborne, formalising the government's ongoing commitment to the iwi, Minister for Treaty of Waitangi Negotiations Christopher Finlayson said today. [Read full release >>](#)

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**23 APRIL, 2014 CHANGES TO ALCOHOL LAWS HAVE IMMEDIATE EFFECT**

Police Minister Anne Tolley says that Police reported significantly fewer serious assaults and public disorder offences after changes to alcohol laws came into full effect at the end of last year.

[Read full release >>](#)

**17 APRIL, 2014, NEW LAW WILL HOLD PARTNERS COMPLICIT IN WELFARE FRAUD TO ACCOUNT**

Associate Social Development Minister Chester Borrows has welcomed the passage of a Bill to hold partners complicit in welfare fraud to account, 102 votes to 17. [Read full release >>](#)

**14 APRIL, 2014, TRENDS REVEALED FROM CENSUS 2013 ONLINE OPTION**

Several trends have emerged following analysis of the 2013 Census online option, Statistics Minister Maurice Williamson says. [Read full release >>](#)

**14 APRIL, 2014, PATIENT SAFETY CAMPAIGN TO FOCUS ON SURGERY**

Associate Health Minister Jo Goodhew has launched the next phase of the national patient safety campaign Open for better care, which focuses on reducing harm associated with surgery. [Read full release >>](#)

**13 APRIL, 2014, MAJOR MAKEOVER FOR SOCIAL HOUSING**

From tomorrow selected community groups will be able to offer income related rents for people needing social housing and people will be able to test their eligibility through Work and Income.

[Read full release >>](#)

**11 APRIL, 2014, MINISTER TO OPEN \$190 MILLION MIDDLEMORE FACILITY**

Health Minister Tony Ryall will this afternoon open a new \$190 million clinical services block at Middlemore Hospital, named after eminent orthopaedic surgeon Dr Harley Gray. [Read full release >>](#)

**9 APRIL, 2014, \$3.5 MILLION FUNDING BOOST FOR COLONOSCOPIES**

Health Minister Tony Ryall says up to \$3.5 million is being allocated for extra colonoscopies - the latest announcement in the government's drive to improve diagnostic services in New Zealand.

[Read full release >](#)

**8 APRIL, 2014, \$170,000 TO EXPAND ELDER ABUSE SERVICES**

Senior Citizens Minister Jo Goodhew has today announced an additional \$170,000 for two new specialist Elder Abuse and Neglect Prevention (EANP) services, one in Wairoa and one in Rotorua which will also cover Kawerau.

[Read full release >>](#)

**4 APRIL, 2014, FIRST MONTH OF FLU VACCINATION A GREAT SUCCESS**

Associate Health Minister Jo Goodhew has welcomed the news that already over 654,000 influenza vaccines have been distributed to New Zealanders. [Read full release >>](#)

**2 APRIL, 2014, \$32 MILLION FOR BETTER SUPPORT FOR PEOPLE WITH AUTISM**

Health Minister Tony Ryall and Associate Health Minister Tariana Turia have today announced the government is investing an extra \$32 million over four years so more people with autism receive support to lead full lives. [Read full release >>](#)

**1 APRIL, 2014, GOVERNMENT ANNOUNCES NORTH ISLAND WHĀNAU ORA COMMISSIONING AGENCY**

Te Pou Matakana - a new organisation born from the National Urban Māori Authority (NUMA) has been selected to establish the Whānau Ora Commissioning Agency for Te Ika a Māui (North Island) announced Minister for Whānau Ora, Tariana Turia today. [Read full release >>](#)

<http://www.beehive.govt.nz/>

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## **Workforce Centre's**

### **22. Health Workforce NZ**

#### **Voluntary Bonding Scheme**

Payments to reward medical, midwifery and nursing graduates who agree to work in hard-to-staff communities and/or specialties, and medical physicist and radiation therapist graduates who remain in New Zealand. [Read more](#)

#### **Education and training**

Health Workforce New Zealand supports and funds a number of training initiatives. This section outlines our key programmes. [Read more](#)

#### **Career planning**

Health Workforce New Zealand expects career plans to be in place for all the trainees it funds. This page includes career plan templates to use or adapt, and advice on how to go about planning your next steps. [Read more](#)

#### **New roles and initiatives**

Innovative thinking to ensure the health workforce has the flexibility and resources to meet the needs of the public into the future. [Read more](#)

#### **Workforce service forecasts**

Reports into what future health workforces will look like in key areas such as aged care, diabetes and mental health. [Read more](#)

## Workforce publications

Publications relating to New Zealand's health and disability workforce. [Read more](#)

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## Investment and purchasing

Health Workforce New Zealand provides funding for postgraduate clinical training to develop the workforce. This page sets out the specifications for district health boards (DHBs), which are responsible for much of this training. [Read more](#)

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## DHB clinical staffing numbers

This report provides background on how medical and nursing full-time equivalents (FTE) are reported to the Ministry of Health. [Read more](#)

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## Tell us what you think - Health Workforce

The Health Workforce NZ website has been overhauled. Help us improve it by answering these questions. [Read more](#)

<http://www.healthworkforce.govt.nz/>

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## 23. Le Va

### News

#### [Registrations of interest for one-off suicide prevention research fund](#)



**Published:** 01 April 2014 by **Le Va**

Registration of interest is now open for a one-off research fund investigating suicide prevention for Pacific and Maori communities, as part of the national Waka Hourua programme.

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### Publications

#### [GPS 2.0 keynote presentations, 2014](#)

Published 28 March 2014 by **Le Va**



#### [Preventing Suicide for Pasifika - top 5 tactics](#)

Published 26 March 2014 by **Le Va**

The journey towards Pacific families flourishing in New Zealand Le Va was recently profiled in [Pacific Peoples' Health magazine](#), where chief executive Monique Faleafa talked about how a strengths-based approach to embracing Pacific solutions and collective responsibility will



lead to a greater positive state of mental health among families. [Read the full article](#) (PDF, 1.65MB).

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### Disability

Imagine a world where Pacific people with disabilities have access to all the services they need. A world without language or cultural barriers. Le Va is working on developing such a world, right here in New Zealand.

We have successfully delivered on the [Faiva Ora - National Pasifika Disability Plan 2010-2013](#), and are excited to be given the responsibility of delivering the new Faiva Ora plan for 2013-2016.



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### Pacific public health workforce development



To contribute to flourishing Pasifika families and healthy communities we look beyond healthcare services to improve the conditions in which we live, learn, work and age. We partner with communities to enable increased control over and improve their health and well being. [Taea o Tautai: the Pacific Public Health Workforce Development Plan 2012-2017](#) takes this approach.

Le Va has been charged by the Ministry of Health with implementing actions in Taea o Tautai. The plan contributes to [Te Uru Kahikatea: The Public Health Workforce Development Plan 2007-2016](#) and focuses on

The plan has been inaugurated with the Samoan name Taea o Tautai: the morning for the fisherman – an appointed time of stewardship and leadership as they navigate the seas for village sustenance

<http://www.leva.co.nz>

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## 24. Matua Raki

### News

#### [Substance withdrawal management workshops for nurses, South Island](#)

**Published:** 22 April 2014, Matua Raki is running a series of one-day workshops in Substance Withdrawal Management in the South Island in May and June 2014 for nurses and addiction practitioners who directly support withdrawal management. The workshops will be facilitated by Steph Anderson of NMDHB.

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#### [2014 Matua Raki workforce innovation award entries invited](#)

**Published:** 15 April 2014, Matua Raki is seeking applications for its 2014 Workforce Innovation Award. The award showcases innovation in work practices that contribute to improving workplace wellbeing and staff engagement.

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#### [Opioid Substitution Treatment guide launched - for clients and their support people](#)

**Published:** 14 April 2014, Matua Raki has just published OST and you: a guide to opioid substitution treatment for clients of Opioid Treatment Services, put together by people with



experience of opioid substitution treatment, with support from the Matua Raki Consumer Leadership Group.

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### Publications

[OST and you - a guide to Opioid Substitution Treatment](#)

Published 15 April 2014 by **Matua Raki**



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### Events

#### Te Pou and Matua Raki events April 2014

**09 April 2014** | [An introduction to working with older people in the addiction sector](#)

**10 April 2014** | [An Introduction to Working with Older People in the Addiction Sector](#)

This workshop will be run by Matua Raki and is primarily for practitioners who want to know more about working with the older people who appear to be accessing addiction services in greater numbers as our population ages.

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#### Sector events April 2014

**01 April 2014 – 03 April 2014** | [Family therapy training - Wellington](#)

Family therapy training: Systemic approaches to working with individuals, couples and families

**07 April 2014** | [Loss & Pregnancy - Interventions for the pregnancy that follows loss, and its impact on raising children](#)

A one-day workshop for community perinatal mental health providers including Midwives, CBEs, GPs, Obstetricians and Neonatal Staff, Psychologists, Counsellors, Social Workers and NGOs to explore the issues, hear about research, best practice and network.

**10 April 2014 – 11 April 2014** | [National Association of Opioid Treatment Providers \(NAOTP\) meeting](#)

The National Association of Opioid Treatment Providers meets three times a year.

**29 April 2014** | [Engaging Pasifika Cultural Competency Workshop](#) The programme aims to ensure a mental health, addiction, disability and public health workforce that can better engage Pacific clients, families and communities at the critical first point of contact, ensuring the best possible outcomes for Pacific consumers and their families/aiga.

**30 April 2014 – 02 May 2014** | [Family therapy training - New Plymouth](#) Family therapy training: Systemic approaches to working with individuals, couples and families

[www.matuaraki.org.nz](http://www.matuaraki.org.nz)

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## 25. Te Pou

### More than numbers workforce stocktake

To support organisations to identify the current and future needs of their workforce, Te Pou and Matua Raki are leading [More than numbers: the 2014 workforce stocktake](#) of adult mental health and addiction services with support from Te Rau Matatini, Werry Centre and Le Va. The stocktake will comprise of two phases - a workforce survey of organisations, and an individual workforce census to gain a better understanding of the workforce demographics, skill mix, competencies, education and training needs of the mental health and addiction workforce.

## Workshops designed to support effective training in disability services

Coming to a town near you, the Disability Workforce Development team within Te Pou are holding a series of workshops to support effective training in disability services. The workshops are free to attend.

Workshop dates and times in Midland:

Hamilton	<b>Wednesday 2 April</b>	Te Pou, Kakariki House 293 Grey St, Hamilton
Bay of Plenty	<b>Thursday 3 April</b>	Kiwi 360 State Highway 2 Te Puke
Taranaki / Wanganui	<b>Thursday 1 May</b>	Anndion Lodge and Function Centre, 143 – 145 Anzac Parade, Whanganui 4500

For more information on workshops please contact your Disability Workforce Development regional facilitator

<http://www.tepou.co.nz/news/2014/03/17/workshops-designed-to-help-disability-services-to-implement-effective-training->

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## News

### [Equally Well: Improving physical health outcomes of New Zealanders with a mental illness and/or addiction](#)

In 2013, Te Pou and Platform started work to better understand and support the physical health of people with a mental illness and/or addiction. This began with a review of international and New Zealand evidence, and included a call for New Zealand evidence. Read an update on this project and key findings from the evidence review.



## IDEA services pilot programme supports staff to gain level 3 qualification



IDEA Services used funding from the Disability Workforce Development training grant to develop and pilot a programme to assist employees of IDEA services and Timata Hou gain a Level 3 qualification. [Read more](#)

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## Your Stories

### [Warrant of OK Fitness making a difference](#), Published: **09 April 2014**

An initiative to encourage people with experience of mental health and/or addiction problems to think about their physical health in a more positive and proactive way is gaining momentum in Hamilton, through a user-friendly warrant of fitness for physical health.

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## Latest Te Pou resources

[More than numbers: Organisation workforce survey data dictionary](#), 17 April 2014

[2014 Matua Raki workforce innovation award entry form](#), April 2014

[OST and you - a guide to Opioid Substitution Treatment](#), 15 April 2014

[Presentations from the 5th Addiction Research Symposium](#), 08 April 2014

[More than numbers organisation workforce survey: Section A and B forms](#), 31 March 2014

<http://www.tepou.co.nz/>

## **26. Te Rau Matatini**

### **Waka Hourua**

Waka Hourua, a national suicide prevention programme for Māori and Pacific communities is a partnership between national Māori health organisation Te Rau Matatini and national Pacific non-government organisation, Le Va. Waka Hourua will provide a clear focus for suicide prevention in Māori whānau, hapū, iwi, Pacific families and communities. It invites Māori and Pacific communities to enhance resilience and build capacity to prevent suicide and to respond safely and effectively when and if suicide occurs.

A key workstream within Waka Hourua is the development of a Strategic Research Agenda with a clear objective to build the evidence base of what works for Māori, Whānau, Hapū, Iwi Pacific families and communities to prevent suicide. The draft Strategic Research Agenda, Te Ra o Te Waka Hauora, has been developed by Te Rau Matatini and Le Va. It provides a clear outline of the principles and priorities to build the evidence base around Māori and Pacific suicide prevention. The Health Research Council Māori and Pacific secretariat has provided information in relation to process. The final Strategic Research Agenda and one-off research funding pool will be made available in **April 2014**.

A copy of the draft strategic research agenda is available at the Waka Hourua website. <http://www.wakahourua.co.nz/te-ra-o-te-waka-hourua>

<https://www.matatini.co.nz/>

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## **27. Werry Centre**

### **Vacancies**

#### **Incredible Years Project Manager: 22 April 2014**

The Werry Centre, Fixed-term (24 hours per week), **Closing date: Tuesday 6th May 2014**

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### **Youth Health Workshop**

The Youth Health Workshops provide practical programmes to enhance professional skills when working with young people in clinical and community settings. The Centre for Youth Health is happy to consider additional training for health providers if requested.

#### **Youthline Manukau**

**145 St George Street, Papatoetoe**

There are two workshops

#### **The HEEADSSS Assessment, 12 June, 22 July**

A one day introduction to clinical practice in youth health including: communication and engagement in youth health and using the HEEADSSS assessment model.

#### **What Comes After HEEADSSS, 18 April, 9 September**

This one day course gives an introduction to intervention skills when working with young people such as problem solving, motivational interviewing and discussing principles of behaviour change in young people. For more info and registration, please refer to the [flyer](#) (.pdf)

## Latest News

- Introduction to HEEADSSS Assessment – eLearning module is now available – free. [Read More..](#)

<http://www.werrycentre.org.nz/?t=16>

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## Other

### **28. Health Consumer Website/Health Navigator**

Trusted health information and self-help resources for all New Zealanders



Website features include:

- 100s of [health topics](#)
- [Asthma](#), [diabetes](#), [gout](#), [kids](#) ...
- Plain English [medication information](#)
- [Library](#) with [videos](#), [people's stories](#)
- [Multiple languages](#)

Resources for Health Providers:

- [Guidelines, pathways, & tools](#),
- [Resources and training](#)
- Workshops -[Long-Term Conditions Feb 14](#)

<http://www.healthnavigator.org.nz/>

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### **29. Working For Youth**

**Recent Notices** (scroll over title for link)

- 📅 IDAHOT - International Day Against Homophobia and Transphobia
- 📅 Ara Taiohi E-update 16 April 2014
- 📅 Ministry of Health - NGO email for April and nominate a volunteer for the Volunteer Awards!
- 📅 Te Utuhina Manaakitanga Trust Free youth holiday program

**Upcoming Events** (scroll over title for link)

- 📅 Working4Youth Roundtable - **Thursday, May 1st, 2014**
- 📅 Rotorua Careers Expo - **Wednesday, May 14th, 2014 to Thursday, May 15th, 2014**
- 📅 Youth Week 2014 - **Saturday, May 17th, 2014 to Sunday, May 25th, 2014**
- 📅 Matariki Rotorua 2014 - **Saturday, June 28th, 2014 to Saturday, July 26th**

**Youth Week 2014**

Start Date Saturday, **May 17th, 2014 - Finish Date Sunday, May 25th, 2014**


Contact <http://arataiohi.org.nz/YouthWeek>

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Youth Week is about recognising the amazing contributions and achievements of young people in New Zealand. The week inspires us to value, support, and affirm the diversity of young people in our society. Ultimately we want Aotearoa/ New Zealand to be a country where young people are vibrant and optimistic through being supported and encouraged to take up challenges.

The theme for youth week 2014 is '**Be the Change**'.

**Publications** (scroll over title for link)

 Dont Stand Idly By Whilst Legal Highs Ruin Teenage Lives, Submitted 08/04/2014

### Youth Worker Training

 Youth Work Code of Ethics Workshop - **9 May - Tauranga** - Youth Work 101

<http://www.working4youth.co.nz/>

## **30. Skip – Strategies for Kids/Information for Parents**

### What's New

#### Painting a picture of parents' needs 15 April 2014

We're exploring fresh ways to reach and engage with parents! [Read full details](#)

### Resources available to order



**SKIP booklets** can be ordered individually or in larger quantities. Everyone is welcome to order the booklets, whether they are to be read by individuals, used in parenting support groups, or displayed in a workplace.

**Whakatipu** resources have child development information, activities and tikanga-based learnings for all whānau.

**SKIP fridge magnets and stickers** have simple messages designed to remind parents to talk, listen, sing and read to children. **Our posters** offer positive parenting messages, and friezes share tips for building a strong relationship with your baby and to support their development. [Order SKIP resources](#)

### Research and training material

SKIP provides independent research on positive parenting and training materials to help promote positive parenting messages throughout. Resources include posters, DVDs, books and training modules and are intended only for organisations providing positive parenting education for parents. So please only order what you need. [Read about and download SKIP research and training materials](#)



### Whakatipu

Whakatipu is a kaupapa that encourages strong whānau connections which nurture and develop tamariki. Tikanga and pakiwaitara are interwoven with child development information, ideas and activities for whānau. Full of humour and heart, these new resources reinforce how tamariki and parents can learn together through play at every age and stage.

<http://www.skip.org.nz/whakatipu/index.html>

<http://www.skip.org.nz/>

## **31. Deaf Aotearoa New Zealand**

Nothing new this month

What's New April 2014

## **32. Autism New Zealand Inc**

### **2014 Conference Update April**

You're invited to attend Autism New Zealand's 2014 Conference: **Looking to the Future**, Friday 22 August – Saturday 23 August - Rutherford Hotel, Nelson

Learn about & discuss the latest autism research, education, resources and programmes – for use at home and in the classroom. Network with the New Zealand autism community, experts and international speakers

### **Autism NZ is pleased to announce these world-class keynote speakers:**

- **Dr Catherine Lord** – Member of the Neurodevelopmental Disorders Work Group for the recent revision of the DSM V
- **Minds for Minds** – will present an update on groundbreaking research in the area of genetics & microbiology
- **Neil Stuart** – discussing and showcasing the development of Autism New Zealand's educational resources and their uses

Registrations open on this website in early May. Updates will be posted on this website and our [Facebook page](#). Contact [conference@autismnz.org.nz](mailto:conference@autismnz.org.nz) for more information. [Click here](#) for a printable PDF of this information

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### **Springfree Trampoline Competition! Springfree Trampolines support autism awareness all over the world**

Check out [Springfree's facebook page](#) or [website](#) to see what their staff are up to for Autism Awareness Month. In New Zealand Springfree are giving one lucky winner a **R79 Medium 3m Round Trampoline** (valued at \$1699), along with free delivery! If you love jumping - you can show us! To enter the draw for the trampoline, either go to the [Autism NZ Facebook page](#) and follow the instructions, or

#### **To enter by email:**

**Send an email to:** [reception@autismnz.org.nz](mailto:reception@autismnz.org.nz)

**Subject line:** Springfree Trampoline

**Attach/embed:** Your favourite picture of 'jumping' - it could be you, your friends or a celebrity!

Entries **close at 5pm on Friday 16 May.**

<http://www.autismnz.org.nz/>

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### **33. Health Promotion Forum of New Zealand**

#### **Newsletter**

The autumn edition of our newsletter Hauora is out now. Contents include:

- [Defining health promotion](#)
- [Health promotion: at the cutting edge of health and wellbeing](#)
- [Chatham Islands provide excellent health promotion model](#)
- [Kautaha: a strengths-based approach to building health and wellbeing](#)
- [HPF interns and fellows: a win-win relationship](#)
- [Unity and diversity of HPF board](#)

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#### **NZ Population Health Congress: call for abstracts**

Health Promotion Forum, the New Zealand College of Public Health Medicine and the Public Health Association are now inviting abstracts for the first Population Health Congress. We are now inviting abstracts and encourage you to take this opportunity to present and discuss your work and your contribution to improving population health.

Abstracts are being invited for:

- Day 1 (**Monday 6 October**) – Focus on **connecting with communities**, particularly the indigenous communities of New Zealand and the Pacific e.g. population health programmes and community based initiatives.
- Day 2 (**Tuesday 7 October**) – Focus on **connecting with policy, business and culture** e.g. healthy public policy, health promoting businesses, and national-level epidemiological studies.

Presentations can be in a range of formats including long and short oral presentations, Pecha Kucha (20 slides at 20 seconds each), written papers, and Interactive workshops.

Please visit the Congress website ([www.pophealthcongress.org.nz](http://www.pophealthcongress.org.nz)) for more information about abstract submission, Congress themes and the range of formats.

The closing date for submissions is **29 May 2014**.

<http://www.hauora.co.nz/nz-population-health-congress-call-for-abstracts.html>

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#### **Calendar Events**

<b>Dates</b>	<b>Type of Training</b>	<b>Location</b>	<b>Registration</b>
<b>2014</b>			
April 10	<a href="#">Pacific Health Promotion and Social Determinants of Health</a>	Auckland	Registration closed
April 11	<a href="#">Determinants of Health</a>	Tauranga	Registration closed
April 17	<a href="#">Maori Concepts of Health Promotion</a>	Auckland	Registration closed

May 8-9	<a href="#">Health Promotion for Community Workers</a>	Blenheim	<a href="#">Registration open</a>
May 16	<a href="#">Promoting the health and wellbeing of older people</a>	Auckland	<a href="#">Registration open</a>
May 27-30: Block One June 24-27: Block Two	<a href="#">Certificate of Achievement in Introducing Health Promotion</a>	Wellington	<a href="#">Registration open</a>

<http://www.hauora.co.nz/>

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## **34. Medsafe**

### **News and Events**

- |               |                          |  |
|---------------|--------------------------|--|
| 11 April 2014 | Committees               | <a href="#">Information on the recent reclassification of vaccines</a>   |
| 9 April 2014  | Consumer Information     | <a href="#">Questions and Answers on Rotavirus Vaccination (RotaTeq)</a>   |
| 9 April 2014  | Monitoring Communication | <b>M</b> <a href="#">Allopurinol and lichenoid-type skin reactions added to the medicines monitoring (M) scheme</a>          |
| 8 April 2014  | Committees               | <a href="#">Comments on Agenda Items for the 51st Medicines Classification Committee meeting</a>                             |
| 4 April 2014  | Committees               | <a href="#">Minutes of the 157th meeting of the Medicines Adverse Reactions Committee - 13 March 2014</a>                    |
| 1 April 2014  | Monitoring Communication | <b>M</b> <a href="#">Doxazosin and a possible risk of nightmare (paroniria) added to the medicines monitoring (M) scheme</a> |

<http://www.medsafe.govt.nz>

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## **35. Gambling Helpline New Zealand**

### **Specialist Services**

#### **Maori Gambling Helpline**

We are professional Maori counsellors trained to help people who are affected by gambling. Our Kaupapa is to listen and support you and your whanau, in dealing with the effects of problem gambling.

If you feel you may have or have had a gambling problem or you may be affected by someone who gambles, we welcome you to call the service. Whilst the service has been created to support Maori, their partners, friends or whanau – we welcome all non- Maori wishing to access our service.



We can offer you a range of practical suggestions, and where possible we can put you in touch with support networks in your area.

#### **Our Hours of Operation - Haora mō ēnei kaupapa**

Our free national phone number is: **0800 654 656**

**Mondays 12.00 noon – 4.00pm**

**Wednesdays 5.00 – 9.00pm**

**Saturdays 8.00am – 12.00 noon**

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#### **Pasifika Gambling Helpline**

*Vai Lelei, Talofa Lava, Fakaalofa Lahi Atu, Kia Orana, Malo E Lelei, Taloha Ni, Bula Vinaka, Greetings*

We are experienced counsellors who are trained to work with you around gambling problems. We are part of the Pacific community and have a shared understanding of the Pacific culture.

You may be the person gambling, or you may be a family member or friend concerned about someone else's gambling. We're here for all of you.

Our Hours of Operation

**Our free national phone number is: 0800 654 657**

Tuesdays 5.00 - 9.00pm

Thursdays 6.00 - 9.00pm

Fridays 12.00 noon - 4.00pm

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#### **Youth Gambling Helpline**

People of all ages can be affected by gambling. At Youth Gambling Helpline we have younger counsellors who can listen to you, and help you talk through any challenges you may be having with your own, or someone else's, gambling.

If you have any questions, or if you want to have a chat, please give us a call on our free-phone number **0800 654 659**.

Our phones are open on Monday evenings from 5pm to 8pm.

If you'd like to call us outside of these hours, leave us a voicemail message and we will call you back. Unless you explicitly give us permission, we won't identify ourselves to the person who answers the phone until we're sure we're speaking with you.

If it's urgent you can contact the Gambling Helpline 24 hours a day, 7 days a week on **0800 654 655**.

<http://www.gamblinghelpline.co.nz/>

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### **36. Pharmac**

## News

### [Approval of proposal to subsidise certain pharmaceuticals prescribed by all Diabetes Nurse Prescribers](#)

**17 April 2014** PHARMAC is pleased to announce the approval of a proposal to subsidise certain prescription medicines and devices prescribed by all Diabetes Nurse Prescribers.

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### [Proposal to list a range of wound care products supplied by Protec Solutions Limited](#)

**16 April 2014** PHARMAC is seeking feedback on a proposal to list a range of wound care products supplied by Protec Solutions Limited ("Protec") in Part III of Section H of the Pharmaceutical Schedule from 1 June 2014. **Closes: Friday, 9 May 2014.**

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### [Proposal to list diazoxide 50 mg per ml, 30 ml oral liquid](#)

**11 April 2014** PHARMAC is seeking feedback on a provisional agreement with Link Pharmaceuticals to fund diazoxide oral liquid 50 mg per ml, 30 ml (Proglycem Liquid) from 1 July 2014 subject to the Special Authority and hospital access restrictions. **Closes: Wednesday, 30 April 2014.**

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### [Proposal to widen access to tocilizumab \(Actemra\) for rheumatoid arthritis in patients who are unable to be treated with methotrexate](#)

**11 April 2014** PHARMAC is seeking feedback on a proposal to widen access to tocilizumab (Actemra) in DHB hospitals from 1 July 2014. **Closes: Wednesday, 30 April 2014.**

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### [PHARMAC's review of the Named Patient Pharmaceutical assessment policy \(NPPA\) - seeking your views](#)

**8 April 2014** We're seeking feedback on our Named Patient Pharmaceutical Assessment (NPPA) and any other issues you may have with PHARMAC's provision of subsidies for exceptional circumstances. **Closes: 2 May 2014.**

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### [ROI - Interventional cardiology](#)

**2 April 2014** PHARMAC invites Registrations of Interest (ROIs) for listing agreements for the supply of Interventional Cardiology Products via listing on the Pharmaceutical Schedule to District Health Board hospitals from parties who are able to supply or procure the supply of Interventional Cardiology Products. **Closes: 4:00 pm, Friday, 2 May 2014.**

<http://www.pharmac.health.nz/>

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## **37. Waka Hourua**

Nothing new this month

<http://www.wakahourua.co.nz/>