



<http://www.midlandmentalhealthnetwork.co.nz>

What's New



March 2014

An update of information, events and resources from established New Zealand websites, relevant to the mental health & addiction sector

What's New – March 2014

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Mental Health and Addiction Specific Sites

1. Mental Health Foundation

Calling for positive work stories

People in the workforce who have experienced mental health problems, and their employers, are the focus of a new study on what works in the workplace. The Mental Health Foundation (MHF) and the University of Otago want to hear from people who have had positive experiences at work, and have gone through a period of being mentally unwell.

Researcher Dr Sarah Gordon will interview employees, and their employers, about what has made their experiences positive and their working relationship productive. The study's findings will be used to develop a practical report for the Like Minds, Like Mine programme, which works to reduce the stigma and discrimination associated with mental illness and promote social inclusion. Participation in the study is voluntary and the employee needs to have been in full or part-time employment, permanent or contracted.

For more information, or to register to take part, email sarah.e.gordon@otago.ac.nz or phone 07 823 5025.

Please note: People using assisted employment services or those working as a peer, consumer advisor, or lived experience practitioner, are outside the parameters of this project. Employees who would like to participate need to have regularly or occasionally sought support or treatment from mental health services, such as a GP or district health board mental health team, or services run by non-government organisations.

For further information, please contact:

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<http://www.mentalhealth.org.nz/page/1493-2014-media-releases+calling-for-positive-work-stories>

Blokes needed for wellbeing study

The Mental Health Foundation is running a research project, with funding from the Movember Foundation, looking at how men access and use information to support themselves through stressful life events. Our project will look at the type of information men currently use and the support they need during stressful times. It will also find out how information and support can be delivered better and be more appealing to men.

We are asking men to complete an anonymous online wellbeing survey and/or take part in focus groups next month. <https://www.surveymonkey.com/s/KW2FT7C>

The groups will give men the opportunity to share their thoughts with other men and the researchers. Once the research is complete, we will share our findings with other agencies so they can target their information and support more effectively. Please help support our work by taking the survey, or encouraging other men to complete the survey or join a focus group.

For more information, email Hugh Norriss at the Mental Health Foundation, or our researcher Dr Peta Wellstead

<http://www.mentalhealth.org.nz/page/1472-news>

Featured books

Starving the stress gremlin: A cognitive behavioural therapy workbook on stress management for young people by Collins-Donnelly, K.

The book is a good, basic stress management resource for those working with the 10-years and older age group, including counsellors, therapists, social workers and school counsellors. Alternatively, it can also be worked through by a young person on their own, or with a parent. The book's main messages, conveyed in a warm and friendly way, include:

- You're not on your own – stress is common
- Only you can change how you react
- You're the one who is in control of your stress reactions
- You have the power to starve your Stress Gremlin.

Jemma's Journey by Peters, J. & Jeanes, J.

Aimed at very young children, Jemma's Journey tells the story of Jemma, a little girl whose mother "has mental health problems", and sometimes "would cry, be suspicious, and say weird things". Author Janet Peters is a registered psychologist who, as a child, had a parent with mental health issues. She clearly knows what children worry about when they know their parents are ill – "is it my fault? Will I get sick, too? Will mum ever come home from hospital?"

Visual CBT: using pictures to help you apply cognitive behaviour therapy to change your life by Joseph, A. and Chapman, M.

Successive chapters cover various paired emotions: anxiety vs. concern; anger vs. annoyance; shame vs. regret, etc. The illustrations are likewise presented in pairs, showing the "healthy", the "unhealthy" response to a situation (for example, a partner commenting on the attractiveness of another person). The reader is encouraged to compare and contrast these, then use the emotional insight gained to identify and modify their own beliefs and behaviours.

<http://www.mentalhealth.org.nz/blog/>

<http://www.mentalhealth.org.nz/>

2. Skylight

Featured books

A Comprehensive Guide to Suicidal Behaviours: Working with Individuals at risk and their Families

Over a million people commit suicide worldwide every year. Taking an interdisciplinary approach that looks at the person at risk, the family and personal relationships they have and the communities in which they are embedded, this book will help anyone working with suicidal individuals to prevent this major cause of death.

Backed up by research and clinical expertise the book clarifies the facts about suicide and debunks the many unfounded myths surrounding the subject. It covers the classifications and manifestations of suicide, as well as the major risk factors, at-risk groups and warning signs. Advice on effective communication and a repertoire of strategies for distress management are offered, not only for supporting at-risk individuals and those who have survived a suicide attempt, but also families coping with bereavement. A final chapter explores the impact of the internet and the digital age on both the propagation and prevention of suicide.

Ben's Flying Flowers

Bens Flying Flowers follows Emily as she tries to overcome her grief following her brother's death. As time passes, Emily finds a way to remember her brother and grows to understand that although Ben has died, her happy memories of him can continue to live on.

This is written by Inger Maier, PhD., a clinical psychologist who has added helpful information throughout the book. She has written guides for parents about helpful things to discuss with their children. Having a book does help children know they are not alone in their loss, there are others who have felt the same way they do, and that their roller-coaster-ride feelings are natural and part of a process.

Blue Cheese Breath and Stinky Feet; How to Deal with Bullies

Written for children, ages 6-12 who are victims to school bullies. The picture book refers to "The Plan" for the reader to identify 11 specific, practical tips for discouraging and coping with bullies. Live story features humour and a "normal" victim most readers can identify themselves with and describes the fears that victims have regarding the bully. Skills education for all children.

Goodbye, Brecken

Goodbye Brecken is an evocative and sombre telling of a girl's loss surrounding the death of her dog. With this loss comes her (and undoubtedly the readers') first experience with grief and profound sadness. As she comes to accept Brecken's death, she can deal with her grief and remember her lost dog with happiness.

The book includes a Note to Parents written by Allan Peterkin, author of The Flyaway Blanket.

It's OK To Be Sad

Margaret Collins is a former head teacher of an infant and first school. She is now Visiting Fellow in the School of Education at the University of Southampton. She researches children's perceptions of health education topics, writes and co-writes teaching materials for children, books and articles on personal, social, health and citizenship education (PSHCE).

Using stories about life events, Margaret Collins focuses on the needs of 4-9 year olds, and the ways in which they can express concerns, anxieties and grief. She also provides helpful advice for children and adults about how to help others when they are experiencing such difficulties'. When a child faces a problem with health or disability we are quick to offer support or change our expectations. Sadness, distress, anxiety, whether transient or long-term, can have significant effects on every child but they are invisible and the support or adjustments might not be in place. In this great resource Margaret uses stories about 20 different life events to:

- illustrate the range of feelings
- give permission for the expression of feelings
- encourage empathy towards others
- demonstrate that loss is a common experience for us all.

<http://www.skylight.org.nz/>

3. HPA (Health Promotion Agency)

Vacancy - Advisor/Senior Advisor Nutrition and Physical Activity/Communicable Diseases

We are seeking a resourceful, enterprising person to lead or support the development of a range of exciting projects and make a difference to the health and wellbeing of New Zealanders.

Download the application and job description from the website below.

Applications close **Wednesday 2 April 2014** and should be sent to Bonnie Kew, Senior Human Resources Advisor, Health Promotion Agency, PO Box 2142, Wellington 6140 or email

b.kew@hpa.org.nz

<http://www.hpa.org.nz/Vacancies>

Consultation on Alcohol Advertising and Sponsorship

The Government has established a forum to consider whether further restrictions should be placed on the marketing of alcohol. The Ministerial Forum on Alcohol Advertising and Sponsorship is seeking submissions from affected stakeholders, experts on advertising, sponsorship, alcohol and health, and the public. It is looking for new evidence, information and expert advice that has emerged since 2010.

To inform its report, the Forum would appreciate your feedback to the questions in the submission form on the website below;

<http://www.hpa.org.nz/what-we-do/alcohol>

BMI: A comparison between self-reported and measured data in two population-based samples. Technical report

Body Mass Index (BMI) is an index of weight-for-height that is used to classify underweight, overweight and obesity in adults. The validity of self-reported BMI data is a long-standing question posed by researchers from around the world. Some studies indicate that self-report data is not a valid measure due to social desirability bias or lack of knowledge or recall. Specifically, weight tends to be under-estimated while height is over-estimated, which can lead to a misclassification of BMI status. The Health Promotion Agency (HPA) collected self-reported height and weight data in its 2012 Health and Lifestyles Survey (HLS) while the Ministry of Health collected measured height and weight data in its 2011-12 New Zealand Health Survey. As both surveys are nationally representative and methodologically rigorous, their findings are comparable for analytic purposes. Download the publication on the website below

<http://www.hpa.org.nz/research-library/research-publications/bmi-a-comparison-between-self-reported-and-measured-data-in-two-population-based-samples-technical>

People's estimates of how many New Zealand adults smoke. In Fact

In the HPA's Health and Lifestyles Survey all respondents (aged 15+ years) were asked to estimate the number of New Zealand adults who smoked daily (as perceived prevalence of smoking can help assess whether or not tobacco use is seen as a normal behaviour). The daily smoking rate in New Zealand was 18% in 2006/07 and 17% in 2011/12. Results showed that respondents tended to over-estimate the prevalence of smoking among New Zealand adults, with 83% of respondents thinking that prevalence was more than 17%. In fact, 30% of the respondents believed at least half of the adult population smoke daily.

<http://www.hpa.org.nz/research-library/research-publications/people%E2%80%99s-estimates-of-how-many-new-zealand-adults-smoke-in-fact>

Phase two of Say Yeah, Nah launches

The second phase of Say Yeah, Nah was launched on 24 February 2014. This phase gives power to the 'refuser' by positioning the person pressuring others to drink. This stage also continues to reinforce the use of 'Yeah, Nah' as a way to say 'Yeah I'm up for a good night, but no I don't want a drink'. Messages featuring New Zealand comedian Guy Williams will be seen on billboards, bus shelters, street posters, bar media (e.g., drink coasters, mirror decals, table talkers, bar runners and screens), and online. Radio advertisements will also air on multiple stations.

A phased approach will take place with billboards, adshells and street posters so that the yellow versions of the artwork (primarily aimed at males) will initially be introduced followed by the pink versions (primarily aimed at females and referring to "winesies" rather than "beersies") shortly after.

<http://www.hpa.org.nz/what-we-do/alcohol/say-yeah-nah>

<http://www.hpa.org.nz/>

4. NZDF: New Zealand Drug Foundation

Matters of Substance February 2014

This edition covers the following;

- Synthetic solutions: the global response to legal highs
- Growing alternatives
- What's going on in the smoke filled rooms?
- Guest editorial — Sounding the drug war retreat
- Viewpoints — Should New Zealand have supervised injection sites?
- Mythbusters — Firms should encourage workplace drinkies
- Q&A —Kofi Annan
- About a drug — Khat

<http://www.drugfoundation.org.nz/matters-of-substance>

<http://www.drugfoundation.org.nz/>

5. Alcohol Healthwatch

FANZ Update

Last week, the Government responded to recommendations from the Health Select Committee (HSC) on their Inquiry into Child Health Outcomes. Specific FASD recommendations and the Government's response can be found on the website below. Also included in the update with links are;

- The international charter on prevention of fetal alcohol spectrum disorder
- The first Chair of the Health Select Committee
- FASD-CAN Inc
- Alcohol Healthwatch
- *'Meeting the needs of children with FASD through research-based interventions'* First Peoples Child & Family Review
- Break silence about FASD, make awareness universal
- Sydney Morning Herald article on FASD and Crime Link.
- An Australian study
- Alcohol consumption during pregnancy and birth outcomes: the Kyushu Okinawa Maternal and Child Health Study.
- New research reinforces danger of drinking alcohol while pregnant.
- Introducing the Better Safe Than Sorry project.
- Drinking while pregnant might soon be a crime in UK.

<http://www.ahw.org.nz/>

Criminalising pregnant women for drinking alcohol wrong response

Criminalising pregnant women for drinking alcohol will not solve the problem, says Alcohol Healthwatch. "These women need compassion and treatment – not blame and imprisonment," says Director Rebecca Williams. "There is no evidence that punishing someone addicted to a substance will deter them. On the contrary it is very likely to drive them further away from the help they need," says Ms Williams is commenting on a landmark case heading to the Court of Appeal in the United Kingdom (UK). The court will consider whether to criminalise women who continue to drink excessively during pregnancy against medical advice. This has stemmed from a local council seeking compensation for a 6 year old girl whose exposure to alcohol in the womb resulted in brain damage. Alcohol Healthwatch works to address drinking during pregnancy and its consequences –known as fetal alcohol spectrum disorders (FASD) – in New Zealand.

<http://www.ahw.org.nz/>

6. Like Minds, Like Mine

Nothing new this month
<http://www.likeminds.org.nz/>

7. Engage Aotearoa

Probation Services and Mental Health

Research suggests that 39% of offenders supervised by probation services have a current mental health condition. Yet mental ill health in the probation caseload is, for the most part, unrecognised and untreated. This briefing paper summarises the current and potential future links between health and probation services relevant to the needs of offenders with mental health conditions. It is based on data collected by the University of Lincoln showing the prevalence of a range of mental health conditions among one probation service caseload and the proportion of those people receiving treatment and support.

<http://www.engagenz.co.nz/>

E-mental Health: What's all the fuss about?

This paper looks at how the mental health sector might make the most of opportunities offered by e-mental. It gives examples of how service users, mental health providers and other organisations are already embracing e-mental health to bring about change.

<http://www.engagenz.co.nz/>

Developing Family Leadership - A Discussion Paper on Personalised Transition from The Centre for Welfare Reform

Increasingly public services are waking up to the need to let families lead – not abandoning them, not burdening them – but building the right kind of supportive relationships that let families control their own destiny with respectful support. This discussion paper by Pippa Murray is a product of our Personalised Transition programme and reflects practical learning across Yorkshire and Humber. To download a copy of this report, use the following link:

<http://bit.ly/developing-family-leadership>

New Articles from BMC Psychiatry and Psychosis

- Self-reported stressors among patients with Exhaustion Disorder: an exploratory study of patient records
- Improving communication and practical skills in working with inpatients who self-harm: a pre-test/post-test study of the effects of a training programme
- The effectiveness of integrated treatment in patients with substance use disorders co-occurring with anxiety and/or depression – a group randomized trial
- Person-based cognitive therapy groups for distressing voices: a thematic analysis of participant experiences of the therapy
- Providing safety in the midst of psychosis: an interpersonal dimension of recovery: First Person Account
- Fallacies of a family member: recovery in progress: First Person Account

<http://www.engagenz.co.nz/>

Government Agencies

8. Families Commission

Families Commission's new mandate to identify what works and what doesn't

New legislation passed will see the Families Commission working to increase the use of quality evidence to inform better decisions and promote debate on key social sector issues to improve the lives of New Zealand communities, families and whānau. Chief Families Commissioner Belinda Milnes says, "Complex social issues deserve good quality evidence to enable better decisions to be made. We want decision-makers to know what works and what doesn't."

Under the legislation the Commission has a new monitoring, evaluation, and research function, to determine where evidence and research would help decide or achieve government priorities, and to commission research and manage research contracts, in the social sector.

<http://www.familiescommission.org.nz/publications/media-releases/families-commission%E2%80%99s-new-mandate-to-identify-what-works-and-what-doesn%E2%80%99>

Families Commission seeking members for Reference Groups

The Families Commission is seeking expressions of interest from people wanting to represent their community's views on social issues or issues relating to families and whānau on the Commission's Reference Groups. The Commission has three Reference Groups representing Whānau, Ethnic communities and Pacific Peoples respectively.

Chief Families Commissioner Belinda Milnes says, "The Reference Groups help ensure the Commission is well connected to these communities and that the Commission's work is relevant and needed."

The Commission is looking for people who can:

- play a recognised leadership role within their community
- advise on key issues affecting their community and families within it
- provide high level advice on the current gaps in research and evidence relevant to issues affecting their community
- demonstrate a sound understanding of various social science research methodologies
- understand government processes relating to policy development, research and evaluation.

Members are appointed for up to three years. The reference groups meet three times a year in Wellington in October, March and August. Members are paid a meeting fee, and travel costs are met by the Commission.

The Expressions of Interest and Terms of Reference are available on the Families Commission website. Expressions of Interest close on Monday **7 April 2014**.

For more information contact:

Michelle Evans, michelle.evans@nzfamilies.org.nz

National Drug Policy - Submission to the Ministry of Health

In this submission, the Families Commission provides evidence from three of its research studies which show that there needs to be more support for families living with addiction.

The research shows that:

- when there is a substance abuser in a family, the children are likely to have significant problems, and could be at risk of abuse or neglect;
- other adult members of the family could experience relationship, family violence, financial problems, or other problems;
- the current policy of focusing on the individual substance abusers, without considering the other family members, can leave families poorly supported

<http://www.familiescommission.org.nz/publications/submissions/national-drug-policy>

Family Violence Indicators

Can national administrative data sets be used to measure trends in family violence in New Zealand? Good quality, reliable outcome indicators can be used to monitor trends, identify emerging problems, create awareness, guide legislative and policy reforms, and ensure adequate provision of services. This report assesses whether the administrative data sources collected by the Ministries of Health, Justice, Social Development (CYF) and the Police are suitable for providing outcome indicators to measure trends in the frequency of family violence events in the community.

The report recommends a provisional set of indicators as measures of trends in family violence as recorded by government agencies and also proposes a theoretical definition of family violence as a starting point for discussion. It also recommends ways to improve the quality of the data currently collected.

<http://www.familiescommission.org.nz/publications/research-reports/family-violence-indicators>

<http://www.familiescommission.org.nz/>

9. New Zealand Family Violence Clearinghouse

Bill to establish a court to hear family matters

In Samoa, a bill to establish a court to hear family matters has been through its second reading in parliament. The bill has been referred to a parliamentary committee and public consultation

<http://www.nzfvc.org.nz/node/1661>

Victims' Orders, Victims' Code and Welfare Fraud Bills pass second reading

Three Bills relevant to family violence have passed their second reading in Parliament: The *Victims' Orders Against Violent Offenders Bill* would prevent serious violent and sexual offenders from coming into contact with their victims. Background information is available in a previous NZFVC news story. Provisions added to strengthen the Bill at second reading include:

- orders can be applied to a person who has been sentenced to more than two years in prison for a specified violent or sexual offence (rather than the five year threshold proposed in the original Bill);
- non-contact orders can be extended to cover an offender's associates, where the offender encourages the associate to engage in prohibited behaviour that would harm the victim's recovery; and
- victims can apply for an order at any time after sentencing.

The *Victims of Crime Reform Bill* seeks to improve how victims of crime are treated by the justice system and increase its responsiveness to victims' needs.

The *Welfare Fraud Bill* would change the law to allow for the prosecution of the partners of people convicted of benefit fraud. Auckland Action Against Poverty has highlighted the risk of increased intimate partner violence as a result of the measure.

<http://www.nzfvc.org.nz/node/1660>

Government responds to Health Committee Inquiry into child health outcomes

The Government has responded to Parliament's Health Committee Inquiry into practical health and social interventions to promote children's wellbeing prevent child abuse and break cycles of disadvantage. The response outlined government "acceptance" or "partial acceptance" of 109 of the 130 recommendations prepared by the Health Committee. 14 recommendations were noted, and seven rejected. The response has been criticised as a "missed opportunity" with many pointing out it acknowledges activity already in place, with little clear vision or action for the future

<http://www.nzfvc.org.nz/node/16549>

Domestic Violence Disclosure Scheme (Clare's Law) launched in Britain

A new British law allowing people to find out whether their partner has a domestic violence conviction was launched on International Women's Day (8 March). The Domestic Violence Disclosure Scheme (DVDS) was piloted over 14 months (July 2012 to September 2013) across four Police areas. It sought to introduce a consistent Police process to disclose information to an individual about previous offending by a partner.

The pilot tested two processes:

- The 'Right to Ask' - "where a disclosure request is triggered by a member of the public directly contacting Police about a partner", and;
- The 'Right to Know' - "where a disclosure request is triggered by Police or partner agencies based on information an individual is at risk of harm from their partner".

Requests are subjected to Police checks and referred to a local multi-agency decision making forum which must justify a "pressing need for disclosure, and that a disclosure is lawful, necessary and proportionate to protect the potential victim from future crime".

During the pilot period, 386 applications were made: 231 Right to Ask requests and 155 Right to Know requests. Of the total 386 requests, 111 (29%) of applications resulted in a disclosure. The majority of applications requested information about the previous history of a woman's male partner, commonly triggered by the behaviour of the partner.

DVDS is also known as Clare's Law, named after 36 year old Clare Wood who was strangled and set alight in her home by her ex-boyfriend George Appleton in 2009. He had a history of violence against women. Alongside Clare's Law, Britain has also introduced Domestic Violence Protection Orders (DVPOs) to prevent perpetrators from contacting victims for up to 28 days.

New Zealand does not have an equivalent law. Justice Minister Judith Collins said "If it's significantly better than our law changes or it [results in] an improvement in the safety of women and children, then I'd be very happy to look at it". Jill Proudfoot, Director of Shine, said the law would have a "significant impact" for those at risk. She said "If we had the opportunity available or if we could encourage them to ring the police and ask for that information knowing that they could get it, it would be excellent".

<http://www.nzfvc.org.nz/node/1656>

Child harm prevention orders "on hold"

Plans to introduce a new Child Harm Prevention Order as part of the Vulnerable Children's Bill have been taken "off the table" by the government. If implemented, High and District Court judges would have been able to impose restraining orders on people who had not been found guilty of an offence, keeping them away from children for up to 10 years. The order could be imposed if a person "has been convicted of, or found on the balance of probabilities to have committed, one or more of the qualifying offences against a child or children listed in the schedule".

However, a regulatory impact statement released by the Ministry of Justice has said "risk prediction is inherently uncertain, so that orders will inevitably be imposed on people who would not have subsequently acted on that risk in the absence of an order". Media reported that large parts of the report were withheld by the government.

<http://www.nzfvc.org.nz/?q=node/1651>

UNICEF Information Sheet: section 59 and physical punishment of children

UNICEF has produced an Information Sheet: Physical Punishment of Children in New Zealand – An Update. This follows concerns over Conservative Party leader Colin Craig's election promise to change Section 59 of the Crimes Act. Craig told Radio Live that he hits his eight year old daughter as a form of discipline and would like to change the 2007 legislation as it is "unpopular" and "doesn't work".

The amendment of Section 59 of the Crimes Act made "better provision for children to live in a safe and secure environment free from violence by abolishing the use of parental force for the purpose of correction" (from the Act). The legislation was an initiative taken to address New Zealand's significant child abuse, death and maltreatment rates - among the worst in the OECD.
<http://www.nzfvc.org.nz/?q=node/1646>

<http://www.nzfvc.org.nz>

10. Health & Disability Commissioner

Vacancy - Team Leader, Complaints Assessment (Auckland)

As one of two Team Leaders reporting to the Complaints Assessment Manager, you will lead a busy team of Complaints Assessors in a frontline service delivery environment.

Applications close 5.00pm, Friday 28 March 2014.

Download the position description and HDC Application Form from the website

Please send your completed application form, covering letter and CV to:

Reena Mathew, Office of the Health and Disability Commissioner, PO Box 1791, Auckland 1140 or by email to reenam@hdc.org.nz by **5pm Friday 28 March 2014**.

For further information, please contact reenam@hdc.org.nz at 09 373 1046.

[http://www.hdc.org.nz/utilities/current-vacancies/team-leader,-complaints-assessment-\(auckland\)](http://www.hdc.org.nz/utilities/current-vacancies/team-leader,-complaints-assessment-(auckland))

Vacancy - Complaints Assessor - Helpline (Auckland)

The principal role of the Complaints Assessor is to handle complaints about health or disability services from consumers. All applicants **must** complete an HDC application form to be considered. Download the this form and the position description from the website

Please send your completed application form and CV to:

Reena Mathew, Office of the Health and Disability Commissioner, PO Box 1791, Auckland 1140, or by email to reenam@hdc.org.nz by 5pm 4 April 2014.

For further information, please contact reenam@hdc.org.nz or phone 09 373 1046

[http://www.hdc.org.nz/utilities/current-vacancies/complaints-assessor---helpline-\(auckland\)](http://www.hdc.org.nz/utilities/current-vacancies/complaints-assessor---helpline-(auckland))

Review of the Act and Code 2014 – Submissions closed

Health and Disability Commissioner Anthony Hill is currently undertaking the fourth review of the Health and Disability Commissioner Act 1994 (the Act) and Code of Health and Disability Consumers' Rights (the Code). The Act requires the Commissioner to undertake reviews of both the Act and the Code, consider whether any amendments are necessary or desirable, and report the findings to the Minister of Health. The Commissioner sought comments from the public about whether the Act and Code should be amended and the operation of the Act and Code in general. The Commissioner's consultation document is available to on the website.

<http://www.hdc.org.nz/the-act--code/review-of-the-act-and-code-2014>

<http://www.hdc.org.nz/>

11. Health Quality & Safety Commission New Zealand

Resources from the British Columbia Patient Safety & Quality Council's Quality Forum

Resources from the British Columbia Patient Safety & Quality Council's (BCPSQC) 2014 Quality Forum are now available online. More than 700 people attended the Forum over two days. A number of resources from the Forum are available on the BCPSQC website including personal stories, presentations from keynote speakers such as Robert Francis, QC, photos and storyboards.

<http://www.hqsc.govt.nz/news-and-events/news/1427/>

NHS patient participation guides

NHS England has developed a series of guides to support patient and public participation in the NHS. The 'Bite-sized guides' aim to help health care professionals plan and deliver the best possible patient and public participation. The guides are linked to the NHS document *Transforming participation in Health and Social Care guidance* (published September 2013). These guides are the first in a suite of bite-size resources, and more will follow throughout the year. Access the guideline from the NHS website below;

<http://www.england.nhs.uk/2014/03/13/pat-pub-participation/>

The importance of patient voices

Patient Voices is an initiative, started by the UK's Royal College of Nursing, which tells patient stories to emphasise the importance of placing patients at the centre of health care. There are over 250 stories on the website, which are viewed by hundreds of people each day. The collection of stories continues to expand and can be used as educational and developmental tools. The elements of the Patient Voices programme are:

- the production and distribution of the Patient Voices digital stories themselves
- workshops that enable health care professionals, carers and patients to develop their own stories and narratives
- consultancy and support on the integration and use of digital stories within health care development programmes
- research into the uses and applications of digital stories in health care quality improvement and as reflective tools in health care education
- development and identification of resources that support the use of digital storytelling in health and social care.

These are underpinned by an ongoing academic programme in inter-professional education and lifelong learning. To find out more or view some of the Patient Voices digital stories, visit the Patient Voices website.

<http://www.patientvoices.org.uk/>

Online health on the way

This clip from Radio New Zealand's *Insight* programme, discusses the introduction of electronic portals for general practice to allow patients to access their medical records online, book appointments, renew prescriptions, and access test results. It includes an interview with Graeme Osborne, director of the National Health IT Board. This originally aired on Radio New Zealand's *Insight*, Sunday 16 March 2014. Listen to the full programme on the Radio New Zealand website. <http://www.radionz.co.nz/national/programmes/insight/audio/2588978/insight-for-16-march-2014-online-health-on-the-way>

<http://www.hqsc.govt.nz/>

12. Human Rights Commission

Commission launches review of Race Relations in 2013

New Zealand is more diverse than it has ever been and this is both its greatest strength and biggest challenge. That's according to Dame Susan Devoy, Race Relations Commissioner for the Human Rights Commission, who launched her first race relations review and the Commission's tenth, entitled *Tūi Tūi Tuitiā, Race Relations in 2013*. It was launched at the Auckland Regional Migrants Services Centre, Auckland. Dame Susan says the publication is a major milestone and includes a glance back at race relations for the last ten years as well as a snap-shot of 2013, her first year as race relations commissioner.

Dame Susan says the publication identifies, among other things, the following:

- More than a quarter of our population was born overseas
- The highest rates of discrimination were reported by Asians followed by Māori
- Social media provides a new platform for racial discrimination and harassment
- There are more than 160 languages spoken in Aotearoa New Zealand
- 496 race related complaints were received by the Human Rights Commission in 2013. These made up a third of all the complaints received which has been the pattern for the last decade.
- More can be done to eliminate inequality in health, education and criminal justice, particularly for Māori, Pacific and other ethnic groups.

Dame Susan challenges all New Zealanders to explore and embrace the Race Relations Day 2013 message "I am Aotearoa New Zealand" every day of the year and not just on 21 March.

Read *Tūi Tūi Tuitiā, Race Relations in 2013* on the website;

<http://www.hrc.co.nz/feed>

Human Rights Commission's position on religion in schools

The Human Rights Commission's position on religion in schools is set out in its 2009 booklet, *Religion in Schools*. The booklet only applies to state primary schools. Private schools and integrated schools are not required to provide a secular education. Teaching also does not have to be explicitly secular in state secondary schools as Boards of Trustees have some flexibility about how they choose to provide religious instruction. Any observance must be provided in a non-discriminatory way and pupils need to be able to opt out.

The position in relation to primary schools is set out in the Education Act 1964:

- Under s.77 education must be secular during school hours;
- Section 78 allows schools to close for an hour a week for religious observance or instruction. (A school is considered to be "closed" outside of normal teaching hours and at lunchtime);
- Section 79 allows children to opt out if their parents do not wish them to participate.

Because the Bill of Rights applies, it moderates (but does not override) the Education Act. So pupils must not be discriminated against if they choose (or chose not) to participate in religious observance or in how they manifest their belief (for example, wearing an item such as a headscarf or Magen David could be considered justified in a secular school).

<http://www.hrc.co.nz/2014/human-rights-commissions-position-on-religion-in-schools>

Harmful Digital Communications Bill

In the Commission's submission to the Justice and Electoral Committee, Chief Commissioner David Rutherford says the right to be free from bullying is fundamental to the realisation of basic human rights. "Everyone, particularly children, have a right to personal security," he says. "There is no difference between the harm caused by bullying in the real or digital worlds. It's not OK to threaten anyone. Bullying – including cyberbullying – is a major human rights issue in New Zealand because it threatens the very right to life." For some years now the Human Rights Commission has been involved in the issue of bullying and its effects. David Rutherford says the

Commission recognises that although some opponents of the Bill may argue it infringes the right to freedom of expression the Commission considers that restriction justified in order to protect vulnerable people and children in particular. The Commission is also troubled about the extent of cyberbullying, noting with concern that Vodafone New Zealand's black list of text bullying has received 130,000 complaints.

The Bill will create a new civil enforcement regime that will resolve complaints in a number of ways including mediation and the District Court declaring the breach of Communication Principles. One of the principles, Communication Principle 10, states that a digital communication should not denigrate someone because of some of the grounds that are unlawful under the Human Rights Act. The grounds are colour, race, ethnic or national origins, religion, gender, sexual orientation or disability.

The Commission, in its submission, questioned why the principle does not extend to the other grounds of the Act such as beneficiary status which is part of employment status. Beneficiaries who are hounded or criticised for living off the State, for example, may be equally upset by unpleasant online comment but unable to complain under the Bill.

"The Commission finds it hard to understand why some of the grounds have been included and not others."

<http://www.hrc.co.nz/feed>

<http://www.hrc.co.nz>

13. Ministry of Health

Consultation on Alcohol Advertising and Sponsorship

The Ministerial Forum on Alcohol Advertising and Sponsorship is seeking submissions from affected stakeholders, experts on advertising, sponsorship, alcohol and health, and the public. It is looking for new evidence, information and expert advice that has emerged since 2010.

To inform its report, the Forum would appreciate your feedback to the questions in the submission form which can be found on the website. The submissions period runs until **5pm, 28 April 2014**. You are encouraged to include details in your written submission of your reasons why further restrictions are necessary/unnecessary; what, if any, restrictions could be implemented; and to cite evidence that has emerged since 2010 that supports your views.

Your submission may be requested under the Official Information Act 1982. If this happens, it will normally be released to the person who requested it. If you think there are good reasons why your submission should not be released, please indicate those reasons in your submission.

The Forum may invite some submitters to make an oral submission. Decisions on presentations to the Forum are still to be made. If you wish to appear before the Forum, please state this clearly in your written submission along with your daytime phone number. Once decisions are made you will be contacted by the Forum secretariat.

Please email your submission to: alcoholadvertisingforum@moh.govt.nz with 'Forum Submission' in the subject line.

Or send to:

Nick Goodwin

Secretariat for Ministerial Forum on Alcohol Advertising & Sponsorship

Ministry of Health

PO Box 5013

Wellington 6145

If you have any queries about this consultation email: alcoholadvertisingforum@moh.govt.nz

<http://www.health.govt.nz/publication/consultation-alcohol-advertising-and-sponsorship>

Regional results from the 2011-2013 New Zealand Health Survey

These data tables give regional estimates for 20 District Health Boards (DHBs) and 12 Public Health Units (PHUs) for both adults and children. Where available, time trends from 2006/07 are also presented allowing comparisons to be made over time. These regional results are based on data from the 2011/12 and 2012/13 New Zealand Health Survey (NZHS). By pooling two years of data the Ministry of Health has been able to provide results for all DHBs in New Zealand.

The usefulness of these results comes by looking across all the indicators to get an overall picture of the population health issues in each DHB, and by comparing DHB results to the national figures. The "Results by DHB" table provides a summary of DHB estimates for all indicators with the national estimate as the reference data.

In addition to publishing Excel data tables, for the first time, we are piloting a web based interactive mapping tool to display regional results. This tool provides the ability to view Tier 1 statistics (current smoking, obesity, self-rated health and psychological distress) by DHB or by PHU geographically

<http://www.health.govt.nz/publication/regional-results-2011-2013-new-zealand-health-survey>

Organisation wanted to run Local Area Coordination in Bay of Plenty/Lakes regions

Local Area Coordination (LAC) is being rolled out long-term in the Bay of Plenty and Lakes regions this year following a successful two-year demonstration in the Bay of Plenty.

The Ministry of Health has placed an advertisement on the Government Electronic Tenders Service website seeking proposals from organisations that are able to manage and lead LAC across the two regions.

Local Area Coordinators have been working in the Bay of Plenty since 2011, walking alongside disabled people and their families/whānau to assist them to live good, everyday lives within welcoming communities. An evaluation of the LAC programme has shown that Local Area Coordinators have supported disabled people in achieving their goals including connecting with their communities; feeling more positive about the future; trying new activities; increasing social connections; learning new skills; and finding new homes and paid employment.

The Ministry is seeking an agency that knows its community and values disabled people as citizens. The agency will also need to be a good employer; able to employ four Local Area Coordinators; and provide leadership to the LAC programme. Organisational leadership by disabled people will also be important. The successful agency will have or be prepared to establish a physical presence across the Bay of Plenty and Lakes regions.

For more information on the Request for Proposals (RFP), visit GETS and find "Local Area Coordination in the Bay of Plenty" (ref 41682). The deadline for people to email questions about the RFP is **Friday 4 April**. Responses to the RFP must be returned by 12.00 noon on Wednesday **16 April 2014**.

<http://www.health.govt.nz/news-media/media-releases/organisation-wanted-run-local-area-coordination-bay-plenty-lakes-regions>

Psychoactive Substances Regulatory Authority suspends retail licences in Hamilton

The Psychoactive Substances Regulatory Authority (the Authority) has today issued suspension notices to six interim psychoactive substance retail licence holders in Hamilton. Affected retailers are required to immediately stop trading in psychoactive products.

This action follows the Hamilton City Council adopting a Local Approved Products Policy (LAPP) under section 66 of the Psychoactive Substances Act 2013 (the Act). The Council's LAPP came into effect on 27 February 2014 and imposes restrictions on the location of premises within Hamilton City from which a licensed person may sell approved psychoactive products.

The Authority has suspended each licence for 21 days on the basis of information provided by the Council today. The Authority will now investigate the requirements of Council's LAPP in more depth, and the extent to which each affected retailer complies. Further regulatory action may include lifting the suspensions or taking action to cancel licences. Retailers have the option of

electing to surrender their licence by advising the Authority directly. The suspensions today are taken under section 22(1)(c) of the Act.

<http://www.health.govt.nz/news-media/media-releases/psychoactive-substances-regulatory-authority-suspends-retail-licences-hamilton>

<http://www.health.govt.nz/>

14. Ministry of Justice

Government Response to Law Commission Report on Review of the Law of Trusts: A Trusts Act for New Zealand

The Government has considered the Law Commission's Report, *Review of the Law of Trusts: A Trusts Act for New Zealand* (NZLC R130) (the Report) presented to the House of Representatives on 11 September 2013, and responds to the Report in accordance with Cabinet Office circular CO (09) The Trustee Act 1956 (the Act) and case law regulate the administration of trusts in New Zealand. The Law Commission has reviewed the core institution of the trust in New Zealand and has made 51 recommendations to modernise and clarify trust law. The Government agrees with the Law Commission's key recommendation to replace the Act with a new Trusts Act. However, further work is required on the detail of the new Trusts Act.

<http://www.justice.govt.nz/publications/global-publications/g/government-response-to-law-commission-report-on-review-of-the-law-of-trusts-a-trusts-act-for-new-zealand/index>

Accessing court decisions online

This page provides information about where to find all final decisions made by the courts that are available to the public. These are:

- Higher courts
- District courts
- Environment court
- Employment court
- Tenants tribunal
- Disputes tribunal

<http://www.justice.govt.nz/courts/accessing-court-decisions-online>

Expressions of interest - Family Court Judge based in Waitakere

The Attorney-General wishes to hear from suitably qualified persons who would like to be considered for appointment as an Acting District Court Judge, with a Family Court warrant, based in Waitakere. To be eligible for appointment candidates must have held a practising certificate as a barrister or solicitor for at least seven years.

Appointments to the District Court are made by the Governor-General on the recommendation of the Attorney-General

A copy of the document setting out the process and criteria for appointment and expression of interest form is available on the website and should be submitted to

judicialappointments@justice.govt.nz by **5pm on Friday, 21 March 2014**.

All expressions of interest will be handled with the highest degree of confidentiality.

<http://www.justice.govt.nz/courts/district-court/expressions-of-interest-family-court-judge-based-in-waitakere>

<http://www.justice.govt.nz/>

15. Ministry of Social Development

Social Housing for IRRS tenancies – Request for Information

The Government is extending payment of the Income-Related Rent Subsidy (IRRS) to registered social housing providers other than Housing New Zealand from 14 April 2014. This is to help grow a more diverse social housing market in New Zealand. The subsidy tops up the rent paid by social housing tenants to housing providers. From **14 April 2014**, the Ministry of Social Development (MSD) will be responsible for the purchasing, contracting and payment of IRRS. To assist with planning for IRRS payments, MSD has published a Request for Information (titled Social Housing for IRRS Tenancies) about social housing properties that may become available for IRRS tenancies.

The RFI asks organisations considering registration as a social housing landlord, for the purposes of IRRS, for the following:

- when registration as a social housing landlord might be attained
- the type of housing, and where it is located, that will be suitable for IRRS
- anticipated vacancies
- indicative price for housing.

The RFI is not a procurement process. Neither does it infer any obligation on either side to provide IRRS tenancies or a contract with MSD. To become a provider of social housing for the purposes of IRRS, organisations need to be eligible and achieve registration with the social housing regulator. More information is available from the Social Housing Unit's website:

The RFI closes at noon on **Monday 7 April 2014**.

<http://www.shu.govt.nz/>

Household Incomes in New Zealand: trends in indicators of inequality and hardship 1982 to 2012

Revisions 27 February 2014 - Statistics New Zealand and the Treasury have found an error in their estimates of household income in recent datasets provided to MSD and others. MSD has now received corrected datasets and has prepared revised tables and graphs for commonly used statistics in the 2013 Household Incomes Report. Download from the website the Key Points document which gives a brief outline of the error and the impact of data revisions on key statistics in the Incomes Report.

<http://www.msd.govt.nz/about-msd-and-our-work/publications-resources/monitoring/household-incomes/index.html>

<http://www.msd.govt.nz/>

16. National IT Health Board

HISO 10041.1 Clinical Document Architecture Templates for Medications, Allergies and Adverse Reactions

This interim standard defines a set of HL7 Clinical Document Architecture (CDA) templates for representing the patient medications, allergies and adverse reactions data set in discharge summaries and other structured document types. This is a technical specification for interoperability between clinical data repositories, clinical workstations, shared care systems and patient self-care portals. It defines the required electronic format of patient medications, allergies and adverse reactions data exchanged to support transfer of clinical responsibility and multi-disciplinary shared care.

<http://ithealthboard.health.nz/hiso-100411-clinical-document-architecture-templates-medications-allergies-and-adverse-reactions>

The health equivalent of online banking

Check out Radio New Zealand's Insight documentary on patient portals
<http://ithealthboard.health.nz/health-equivalent-online-banking>

Patient portals

New Zealanders will access their electronic health record via an online site or patient portal. The National Health IT Board is working with district health boards, primary health organisations and integrated family health centres to ensure all general practices provide patients with a portal by 2014. Giving people direct access to their health information has many benefits – including enabling better management of chronic conditions, the ability for patients to have more input into their treatment, better use of individuals' and clinicians' time at face-to-face consultations. Patients will also be more aware if requested tests or results are not carried out or followed up, and will be able to raise this with clinicians. Patient portals enable people to become more proactive with their care and enable more 'self-care'. Some general practices already give patients the opportunity to access their electronic health record via a secure online site. The National Health IT Board supports the development of patient portals on two levels:

- a self-care patient portal for managing everyday health
- the addition of a shared care plan for more complex health needs.

<http://ithealthboard.health.nz/our-programmes/patient-portals>

Technology being used to cut medication errors in hospital

Karen Brown explores the introduction of electronic medicine reconciliation at Middlemore Hospital in Auckland.

<http://ithealthboard.health.nz/technology-being-used-cut-medication-errors-hospital>

<http://www.ithealthboard.health.nz/>

17. Office for Disability Issues

Office for Disability Issues - Email Newsletter

The latest newsletter contains:

- Part one: Government news
 - Message from the Minister for Disability Issues
 - Think Differently campaign update
 - Meetings of Expert Advisory Group on New Zealand Sign Language
 - Completion of Electoral Commission's disability strategy
 - Updated user's guide to Total Mobility around New Zealand
 - Submissions open on Earthquake-prone Buildings Amendment Bill
- Part two: Sector news
 - Contemporary dance and disability
 - Signing of events at New Zealand Festival
 - Celebration of World Down Syndrome Day

<http://www.odi.govt.nz/resources/publications/e-mail-update.html>

<http://www.odi.govt.nz/>

18. Office of the Children's Commissioner

Nothing new this month

www.occ.org.nz

19. Office for Senior Citizens

Address to Age Concern New Zealand conference by Jo Goodhew

We need to make sure that we are making the most of the opportunities an ageing population presents us with. A vital part of this will be for government agencies to work together better across more issues, and to continue to support the wonderful work of organisations such as yours. Reducing social isolation through such work will be vital to allow older New Zealanders to feel valued and respected and part of their community, and for New Zealand to reap the benefits of everything older people can contribute. This is an exciting challenge and I look forward to seeing what we can come up with.

Social isolation and community involvement

- Link Age and SAGES
- SuperGold Card
- Going Digital
- Elder abuse and neglect
- Carers' Strategy
- Cross-government synergies

<http://www.beehive.govt.nz/speech/address-age-concern-new-zealand-conference>

World Elder Abuse Awareness Day - Saturday June 15

World Elder Abuse Awareness Day events - Local Age Concerns throughout the country have been busy planning and preparing displays and activities in their communities. Below are some examples of what is on offer in Midland.

Taupo: St Patricks School pupils will display and talk about their artworks portraying older people in their lives at a community morning tea at 10am on Friday June 14 at the Great Lake Centre in Taupo. Also, further north in Tokoroa, intermediate school students will present a kapahaka demonstration and then talk about the older people in their lives at a morning tea at St Marks Lounge in Bridge Street, Tokoroa, on Friday June 7. There will also be elder abuse awareness displays in public libraries in Taupo and Tokoroa.

Tauranga: Age Concern Tauranga is holding its Purple Pamper Party on Tuesday June 11 to offer pampering for carers and older people. It will also run a second Preventing Elder Abuse public meeting at the Greerton RSA on July 9.

Hamilton: Age Concern Hamilton has organised a flash mob in Garden Place in front of the Hamilton City Council building. It is also involved in the street appeal trial with groups collecting at four different locations

Taranaki: Displays in public libraries. Education session and sing-a-long over afternoon tea for rest home residents. Public awareness seminar combined with talk on financial abuse prevention at Taranaki Cathedral on June 14.

Gisborne: Age Concern Tairāwhiti has organised community awareness activities at Te Wananga O Aotearoa on June 10, Turanga Health on June 11 and Kiri Te Kanawa Retirement Village on June 12. At Treble Court, they will have a display and handouts including purple muffins.

<http://www.ageconcern.org.nz/safety/elder-abuse/world-elder-abuse-awareness-day-events>

www.osc.govt.nz

20. SPINZ (Suicide Prevention Information New Zealand)

Save the date: Kia Piki te Ora national conference

This year's Kia Piki te Ora national Māori suicide prevention hui will be held on **29 May 2014** in Whanganui. Further details about registration and the conference programme will be available soon.

<http://www.spinz.org.nz/page/187-news#kiapikisavedate>

Lifeline Aotearoa launches web-whakaaro video series

Lifeline Aotearoa has launched a series of 'web-whakaaro' videos as part of its suicide prevention campaign –'Start the conversation today – Me tīmata te kōrero i tēnei rā!' The campaign has included the launch of suicide crisis helpline **0508 TAUTOKO (0508 82 88 65)** and a series of television advertisements encouraging people to reach out for help. Through the next phase of its campaign, Lifeline will release a series of thirty-five videos sharing perspectives from Māori and Pasifika community members. "This next phase consists of a series of web-whakaaro. Whakaaro can mean 'thought, opinion, idea or gift' in te reo Māori, which I think captures what this next phase is all about." says Lifeline CEO, Jo Denvir. The first videos in the series are from Pacific Inc and Le Va CEO Dr Monique Faleafa, Māori broadcaster and producer Annabelle Lee Harris, Māori actor, writer, poet, presenter and eco-warrior Anatonio Te Maioha and actress Amber Cureen.

For more videos on Māori and Pacific suicide prevention, subscribe to the SPINZ YouTube channel and watch our YouTube playlists on suicide prevention within Māori communities and Pacific communities.

http://www.lifeline.org.nz/corp_Home_378_2001.aspx

A new community fund supporting Māori and Pacific suicide prevention is now open for applications.

Waka Hourua's Community Fund will distribute \$2 million to projects through two funding rounds. Applications for the first funding round are due on **31 March**.

One-off funding is available to Māori whānau, hapū, iwi, Pacific families and communities who can show how their suicide prevention or response initiative will contribute to greater resilience, connection, protection and inclusiveness for all its members.

Projects should contribute to one or more of the following outcomes:

- Families, whānau and communities are strongly connected to one another and people actively participate in the wider community
- Families, whānau and communities have their own approaches and plans in place and are actively building resilience and reducing risks of suicide
- People are informed about and assisted to access the services available to them
- Community leaders empower people, foster resilience and bring people and resources together
- Families, whānau and communities have stronger relationships and confidence to be able to talk about their difficulties
- People bereaved by suicide receive the support they need within their families and whānau.

Suicide rates for Māori are 1.8 times higher than for Pākehā, and the rate for young Māori is 2.4 times higher than for young non-Māori, according to the latest statistics released by the Ministry of Health. Read more about the fund and apply online through the Waka Hourua website.

<http://www.wakahourua.co.nz/>

Free Australian webinar on LGBTI suicide

Researcher Dr Delaney Skerrett will present a free webinar on suicidal behaviours in Australia's lesbian, gay, bisexual, transgender and intersex (LGBTI) communities on 8 April (3-4pm New Zealand time). The webinar is the latest in a free series run by MindOUT!, the mental health and suicide prevention project within the National LGBTI Health Alliance in Australia.

Dr Delaney Skerrett is a Research Fellow at the Australian Institute for Suicide Research and Prevention (AISRAP) at Griffith University. He is currently the project leader on AISRAP's study "Fatal Suicidal Behaviours in LGBTI Populations in Australia".

MindOUT!'s webinar series focuses on topics relevant to understanding mental health and suicide prevention for sexual and gender minorities. During each webinar, a presenter speaks for around 40 minutes, followed by a Q&A session. Webinar participants are able to watch the presenter through a video link and ask questions via an instant message program.

You can register for the **8 April** webinar on the MindOUT! website, or watch recordings of previous webinars. For more resources and information on LGBTI suicide prevention, please visit our resource database.

<http://www.spinz.org.nz/page/187-news#delaney>

<http://www.spinz.org.nz>

21. The Beehive

Congratulations to Community Awards winners

Community and Voluntary Sector Minister Jo Goodhew has this evening congratulated Mistletoe Bay Trust on winning the supreme award at the Trustpower National Community Awards and the Neurological Foundation Southern Chair of Neurosurgery for receiving the runner-up award. The Awards were announced this evening at the 2013 Trustpower National Community Awards Dinner, held at Stadium Southland.

"Supreme Winner Mistletoe Bay Trust was representing the Marlborough District. The Trust set up an eco-village and campground within the Marlborough Sounds. It is much more than a place to stay, it is an experience," says Mrs Goodhew.

"Representing Dunedin was the runner-up, The Neurological Foundation Southern Chair of Neurosurgery. The Foundation drove an awareness and fundraising campaign to ensure local neurosurgical services would continue.

<http://beehive.govt.nz/release/congratulations-community-awards-winners>

<http://www.beehive.govt.nz/>

Workforce Centres

22. Health Workforce NZ

New look for HWNZ website

The website of Health Workforce New Zealand (HWNZ) is currently undergoing development work. This is to ensure it meets new web standards on accessibility and usability.

A new workforce section on the Ministry of Health website - <http://www.health.govt.nz/our-work/health-workforce> will contain full details of HWNZ schemes and initiatives such as the Voluntary Bonding Scheme, pilot projects to test new workforce roles and career planning information. A new microsite with the URL <http://healthworkforce.health.govt.nz>

will include information on the board and details about HWNZ's role in the planning and development of the health and disability workforce. The new look and the new URLs will go live in late March.

<http://www.health.govt.nz/our-work/health-workforce>

<http://www.healthworkforce.govt.nz/>

23. Le Va

Connect with Le Va on Twitter!

Le Va is now on Twitter - connect with us to keep up to date with the latest initiatives, programmes, news and views that make a difference for Pacific families and communities. We'd be pleased to hear from you.

<https://twitter.com/levapasifika>

<http://www.leva.co.nz>

24. Matua Raki

Nothing new this month

www.matuaraki.org.nz

25. Te Pou

Putting people first: Te Pou develops Let's Get Real for the disability sector

Te Pou is developing a competency and capability framework for the disability workforce, in consultation with disabled people and their family/whanau, disabled person's organisations and disability support organisations.

<http://www.tepou.co.nz/news/2014/03/18/putting-people-first-te-pou-develops-lets-get-real-for-the-disability-sector>

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Workshops designed to support effective training in disability services

Coming to a town near you, the Disability Workforce Development team within Te Pou are holding a series of workshops to support effective training in disability services. The workshops are free to attend.

Workshop dates and times in Midland:

| | | |
|---------------------|--------------------------|------------------------------------------------------------------------------|
| Hamilton | Wednesday 2 April | Te Pou, Kakariki House 293 Grey St, Hamilton |
| Bay of Plenty | Thursday 3 April | Kiwi 360 State Highway 2 Te Puke |
| Taranaki / Wanganui | Thursday 1 May | Anndion Lodge and Function Centre, 143 – 145 Anzac Parade, Whanganui 4500 |

For more information on workshops please contact your Disability Workforce Development regional facilitator

<http://www.tepou.co.nz/news/2014/03/17/workshops-designed-to-help-disability-services-to-implement-effective-training->

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Highlights from TheMHS – managing and working with trauma

- Robyn Shearer recently attended The Mental Health Services (TheMHS) Summer Forum in Sydney. The two day conference focused on trauma and the mental health workforce. Robyn has summarised each of the streams she attended as per below. These are available on the Te Pou website:
Open dialogue
Engagement makes or breaks
Unstructured open dialogues
Listen to what people say, not what they mean
How the workforce experiences trauma
What can be done?
- How legislation is a form of structural violence
Heartened that New Zealand initiatives address solutions
What can help nurses deal better with the challenge?
- Recovery journeys from trauma – surviving child abuse

<http://www.tepou.co.nz/news/2014/03/12/highlights-from-themhs--managing-and-working-with-trauma>

<http://www.tepou.co.nz/>

26. Te Rau Matatini

Waka Hourua

Waka Hourua, a national suicide prevention programme for Māori and Pacific communities is a partnership between national Māori health organisation Te Rau Matatini and national Pacific non-government organisation, Le Va. Waka Hourua will provide a clear focus for suicide prevention in Māori whānau, hapū, iwi, Pacific families and communities. It invites Māori and Pacific communities to enhance resilience and build capacity to prevent suicide and to respond safely and effectively when and if suicide occurs.

A key workstream within Waka Hourua is the development of a Strategic Research Agenda with a clear objective to build the evidence base of what works for Māori, Whānau, Hapū, Iwi Pacific families and communities to prevent suicide. The draft Strategic Research Agenda, Te Ra o Te Waka Hourua, has been developed by Te Rau Matatini and Le Va. It provides a clear outline of the principles and priorities to build the evidence base around Māori and Pacific suicide prevention. The Health Research Council Māori and Pacific secretariat has provided information in relation to process..

The final Strategic Research Agenda and one-off research funding pool will be made available in **April 2014**.

A copy of the draft strategic research agenda is available at the Waka Hourua website.

<http://www.wakahourua.co.nz/te-ra-o-te-waka-hourua>

<https://www.matatini.co.nz/>

27. Werry Centre

Nothing new this month

<http://www.werrycentre.org.nz/?t=16>

Other

28. Health Consumer Website/Health Navigator

World survey shows 73% of New Zealanders log on every day

Latest figures from the World Internet Project Report (NZ) for 2013 conducted by AUT show that:

- 99% of people sampled under age of 40 regularly use the internet
- 73% of New Zealanders log on every day
- Four out of five spend an hour or more online at home every day.

Research also confirms New Zealanders are regularly going online to look for health information with 82% of internet users going online to search for health information per year.

<http://www.healthnavigator.org.nz/features/>

<http://www.healthnavigator.org.nz/>

29. Working For Youth

Important Notice: Changes to opening and closing dates of the Community Organisation Grants Scheme (COGS) and information on upcoming elections

Historically, COGS has been open for submission of applications from 1 June to the last Wednesday of July each year, with decisions about applications announced in October/November. Dates for the Community Organisation Grants Scheme (COGS) are changing. The 2014 COGS funding round will now open on **Wednesday 26 March 2014** and close on **Wednesday 14 May 2014**, with decisions announced in August.

We are making changes to our business in order to improve the way we process and assess grant applications. This year, in the first of two phases, we are changing dates and streamlining timeframes. COGS applications will be processed quicker this year and you will find out about the outcome of your application sooner. Successful applicants will receive their grants earlier in the year, from August 2014.

In 2015, phase two will see COGS go live on a new online application system which will simplify the process of applying for funding. This is part of a project that aims to collect information from community groups once, to reduce the number of questions asked, and to give you more transparency about where your application sits within the decision-making process.

We are making these changes now to enable us to improve how we manage COGS in 2014 ahead of introducing a new online application system. It also means that we can provide better support for communities and committee members through training as we continue to improve our services. More information (including a timeline) can found on our website below:

<http://www.communitymatters.govt.nz/Funding-and-grants---Crown-Funds---Community-Organisation-Grants-Scheme>

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Welcome to the EBOP One Stop Network Newsletter

This newsletter has been designed to keep all services linked together and well informed, so we know what's going on in the Eastern Bay of Plenty. Do you have information for our next newsletter? Send it to eboponestop@gmail.com.

Help support this newsletter - keep the Eastern Bay of Plenty well informed

<http://www.linkage.co.nz/webhealth>

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He Huia Mahuri - Kawerau Career Expo

Tuesday, April 15th, 2014

Sponsored by Te Whare Wananga o Awanuiarangi, the Career Expo uniquely targets secondary school students through to mature adults seeking a career change. There will be up to 50 exhibitors showing off their industry or business, careers, jobs or skills - ranging from local business and industry, government agencies, armed forces, tertiary providers, ITOs, PTEs and more. Open to all members of the community between 9am and 4pm, there will be live demonstrations and seminars throughout the day.

If you are interested in sponsoring, exhibiting or demonstrating at the expo please email: office@kea.org.nz or phone 07 323 7377.

<http://www.working4youth.co.nz/>

30. Skip – Strategies for Kids/Information for Parents

Celebrating our kids on Children's Day

Thousands of Kiwis joined in the fun of Children's Day. Communities around the country held events to help families celebrate and treasure their children on Sunday. From pony rides in Papamoa to fire station open days in Southland – wherever you were, there was something fun to do! Were you involved in organising an event? Or did you take the kids to a Children's Day event? We'd love to hear about it!

<http://www.skip.org.nz/news-and-events/news/2014/childrens-day-events.html>

Accolades for Young Parents Group

Scholarship for young parent champion! We know that you all do wonderful work with parents and families, most of which goes unrecognised – except by those who you've helped! So we were delighted to hear that the Horowhenua District Council has awarded a scholarship to Zoe, of the Young Parents Group in Levin, for her work with young mums and dads in the area.

Zoe and the other parents in the group are helping to change community attitudes towards young parents. As part of Barnados' Levin Early Years Hub initiative, funded by SKIP, the young parents have reached out to over 200 parents and their pre-schoolers through peer support, information sharing, and outings. They are also involved with community events like the Teddy Bear's Picnic, Children's Day and the Health Expo. Zoe's voluntary work with the Hub has led to an on-call position with Hono Wahine Resource Centre, which she fits in alongside her fulltime work as a carer for disabled people. All while being a great mum to her five-year-old son!

Horowhenua District Council awards scholarships annually to people aged 12 to 24 who make a significant contribution to the community in sport, the arts or community service.

Congratulations to Zoe, and to the young parents group! It's great to see this public recognition of your efforts

<http://www.skip.org.nz/news-and-events/news/2014/scholarship.html>

Whakatipu

Whakatipu is a kaupapa that encourages strong whānau connections which nurture and develop tamariki. Tikanga and pakiwaitara are interwoven with child development information, ideas and activities for whānau. Full of humour and heart, these new resources reinforce how tamariki and parents can learn together through play at every age and stage.

<http://www.skip.org.nz/whakatipu/index.html>

<http://www.skip.org.nz/>

31. Deaf Aotearoa New Zealand

Nothing new this month

www.deaf.org.nz

32. Autism New Zealand Inc

Feedback from Inaugural Tilting the Seesaw: Session 1

Feedback from our first session of our Pilot Programme Tilting the Seesaw in Auckland.

- "Its so valuable seeing the facilitators having so much practical knowledge of kids with Autism, rather than just theory."
- "Knowing that their behaviour is not naughty, its their way of coping with different situations."
- "Very engaging facilitators. love the visuals and body language. Keeps us interested."
- "I'm delighted there are practical applications of what I will be learning."
- "Well paced and well presented session. Great to have a concrete activity to try in the coming week."
- "Great insight into students with ASD, lots of information. Connected some dots for me."

http://www.autismnz.org.nz/about_us/news/feedback_from_inaugural_tilting_the_seesaw_session_1

<http://www.autismnz.org.nz/>

33. Health Promotion Forum of New Zealand

NZ Population Health Congress: call for abstracts

Health Promotion Forum, the New Zealand College of Public Health Medicine and the Public Health Association are now inviting abstracts for the first Population Health Congress. We are now inviting abstracts and encourage you to take this opportunity to present and discuss your work and your contribution to improving population health.

Abstracts are being invited for:

- Day 1 (**Monday 6 October**) – Focus on **connecting with communities**, particularly the indigenous communities of New Zealand and the Pacific e.g. population health programmes and community based initiatives.
- Day 2 (**Tuesday 7 October**) – Focus on **connecting with policy, business and culture** e.g. healthy public policy, health promoting businesses, and national-level epidemiological studies.

Presentations can be in a range of formats including long and short oral presentations, Pecha Kucha (20 slides at 20 seconds each), written papers, and Interactive workshops.

Please visit the Congress website (www.pophealthcongress.org.nz) for more information about abstract submission, Congress themes and the range of formats.

The closing date for submissions is 29 May 2014.

<http://www.hauora.co.nz/nz-population-health-congress-call-for-abstracts.html>

Worsened poverty figures prompt call for revised social security scheme

The discovery of a data error in the reporting of household income in New Zealand has prompted the Child Poverty Action Group to call for a revision of the Working for Families scheme and called for the correction of "the moral bankruptcy of a social security tax-funded payment for children that deliberately excludes the poorest children...." This follows the discovery of a data

error at Statistics New Zealand, which led to an underestimate of the number of families living below the poverty line. The new figures released from the Ministry of Social Development (MSD) on 27 February reveal a worse household income situation than previously thought for Aotearoa New Zealand

<http://www.hauora.co.nz/worsened-poverty-figures-prompt-call-for-revised-social-security-scheme.html>

Ministry of Health renews its commitment to health promotion

In a consultation draft published this month, the Ministry of Health (MoH) has renewed its commitment to health promotion as one of five core functions for public health. It is inviting submissions on the service specification by **16 May**. In the Public Health Service Health Promotion Tier Two Service Specification, published by the National Health Board Business Unit, the MoH emphasised the importance of tackling the factors that determine health: "Because of the focus on determinants of health, there should be less focus on the activities in personal knowledge and skills section, and a move toward approaches such as health in all policies," it says.

As part of the Ministry's greater focus on the health inequity and the social determinants of health, Health Minister Hon Tony Ryall recently announced a proposed new initiative Healthy Families New Zealand. See the news article about the initiative on their website.

The consultation document is part of a review of public health service specifications.

<http://www.hauora.co.nz/ministry-of-health-renews-its-commitment-to-health-promotion.html>

<http://www.hauora.co.nz/>

34.Medsafe

Latest Issue of Prescriber Update

Prescriber Update is a newsletter written for healthcare professionals. Prescriber Update provides information on safety concerns with medicines and medical devices.

Articles in the latest edition of Prescriber Update:

- Medicine Induced Anaphylaxis - Reporting is Vital!
- Intravenous Iron and Hypersensitivity
- Drug Metabolism - The Importance of Cytochrome P450 3A4
- Update: PPIs and Clopidogrel Interaction
- Adverse Reaction Reporting in New Zealand - 2013 (*Updated 21 March 2014*)
- Acute Kidney Injury - Dangerous to Continue Some Medicines
- Spontaneous Reports: Seasonal Influenza Vaccination 2013
- Combinations: A Bleeding Reason to be Careful
- Quarterly Summary of Medsafe's Early Warning System Communications
- Statins and CYP Interactions
- Reporting Medical Device Adverse Events
- MARC's Remarks: December 2013 Meeting
- Atypical Antipsychotics Interacting with CNS Depressants
- MEDICINES MONITORING: Amitriptyline and Raynaud's Phenomenon Added

<http://www.medsafe.govt.nz/profs/PUarticles.asp>

<http://www.medsafe.govt.nz>

35. Gambling Helpline New Zealand

Nothing new this month

<http://www.gamblinghelpline.co.nz/>

36. Pharmac

Changes to the National Immunisation Schedule

PHARMAC is pleased to announce further decisions related to the National Immunisation Schedule (NIS) that will take effect from 1 July 2014. This was the subject of a consultation letter dated 19 December 2014, which can be found at the following link:

<http://www.pharmac.health.nz/news/consultation-2013-12-19-nis-2/>.

The decisions mean that from **1 July 2014**:

- The currently funded Bacillus Calmette-Guerin vaccine (BCG) will continue to be supplied through an agreement with bioCSL;
- Funded access to the diphtheria, tetanus, acellular pertussis, inactivated polio, haemophilus influenzae type B and hepatitis B vaccine and also to the haemophilus influenzae type B vaccine will be widened to include re-immunisation following immunosuppression; and
- The restriction applying to funding for the diphtheria, tetanus, acellular pertussis and inactivated polio vaccine will be amended to allow catch up programs to the age of 10 years.

All the vaccines will continue to be centrally purchased by PHARMAC's nominated agent (currently the Institute of Environmental Science and Research Limited) and distributed directly to vaccinators at no cost.

<http://www.pharmac.health.nz/news/notification-2014-03-10-nis/>

Proposal to subsidise prescriptions written by all Diabetes Nurse Prescribers

PHARMAC is seeking feedback on a proposal to allow all Diabetes Nurse Prescribers to have their prescriptions subsidised. Currently PHARMAC subsidises prescriptions written by only 27 named Diabetes Nurse Prescribers who participated in the pilot Diabetes Nurse demonstration sites. In summary, this proposal would result in all Diabetes Nurse Prescribers having their prescriptions subsidised. This is the result of a nationwide rollout of the Diabetes Nurse Prescribers demonstration sites.

Feedback sought

PHARMAC welcomes feedback on this proposal. To provide feedback, please submit it in writing by **5 pm on Monday, 7 April 2014** to:

Kaye Wilson

Senior Schedule Analyst

PHARMAC

PO Box 10 254

Wellington 6143

Email: kaye.wilson@pharmac.govt.nz

Fax: 04 460 4995

<http://www.pharmac.health.nz/news/consultation-2014-03-24-diabetes-nurse-prescribers/>

<http://www.pharmac.health.nz/>

37. Waka Hourua

Nothing new this month

<http://www.wakahourua.co.nz/>