



Tairāwhiti



Waikato



Lakes



Taranaki



Bay of Plenty

<http://www.midlandmentalhealthnetwork.co.nz>

What's New?



JULY 2014

An update of information, events and resources from established New Zealand websites, relevant to the mental health & addiction sector

What's New – July 2014?

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What's New – July 2014?

Mental Health and Addiction Specific Sites

1. Mental Health Foundation

Cantabrians tired but see lots of opportunities ahead, research says

New research conducted by the All Right campaign in 2014 shows that post-earthquake Cantabrians are tired and grieving for what has been lost, but still see lots of opportunities for the future.

82% of survey respondents had a better sense of what is important to them since the earthquakes, and 4 out of 5 Cantabrians feel they value other people more than they did before the quakes.

However, there was a 10% increase in the number of people who felt tired since the last survey in 2012, and less than half (48%) reported regularly sleeping well. 1 in 4 Cantabrians reported feeling overwhelmed, and nearly half (47%) worried about experiencing another earthquake. 35% of respondents have more health issues since the earthquakes.

Cantabrians have lived through over 14,000 earthquakes in the last four years, and the All Right campaign, lead by the CDHB and the Mental Health Foundation continues to work to ensure Cantabrians can look after their own mental health and wellbeing during the recovery, even when facing things that are beyond their control.

See the full results of the research on the [All Right website](#) or check out the highlights with this [infographic](#)



June Newsletter

Stories of friendship, acceptance and social inclusion are featured in a new report released by the Mental Health Foundation.

[Stories of Success](#) is the latest piece of work in association with [Like Minds, Like Mine](#) to reduce the stigma and discrimination associated with mental illness. The report focuses on how people living with mental illness have experienced social inclusion and reveals the powerful role friends, Whanau, employers and others play in their recovery.

The publication of [Stories of Success](#) is timely given the direction of the new Like Minds, Like Mine National Plan 2014–2019, which has signalled social inclusion as a key priority area. [Read more about Stories of Success on the Mental Health Foundation website.](#)

Naku iti nei

Rebecca Proffitt
Senior Communications Officer
Mental Health Foundation

Contents

- [Latest News](#)
 - [New NZ Resources](#)
 - [New International Resources](#)
 - [Update on Stigma & Discrimination](#)
 - [Update on Wellbeing & Flourishing Literature](#)
 - [Workshops, Conferences and Meetings](#)
-

Mental health language primer

Language as a vehicle of discrimination

Language both reflects and shapes social reality. Discriminatory language is, therefore, both a symptom of, and a contributor to, various forms of discrimination. Many advocates for social justice have recognised the use of language in reinforcing stereotypes including those addressing the unequal social status of women, people with disabilities and people from various ethnic and racial backgrounds.

The foundation encourages journalists to think actively about the language they use when reporting on mental illness, and below is a list of some suggestions on how to avoid using discriminatory language that reinforces stigma and discrimination towards people experiencing mental illness.

When writing or talking about people with experience of mental illness, remember to follow these guidelines:

- Avoid the verbs 'is' and 'are' and avoid 'a schizophrenic' and 'schizophrenics' as this is labelling people as their illness. Employ the verbs 'has' or 'have' and name the illness, as in 'Johnny has a diagnosis of schizophrenia' or 'Johnny has schizophrenia'.
 - Avoid all adjectives that label people; employ instead substantives, for example, naming conditions or diagnoses as in the example above.
 - Avoid the article 'the' as in 'the mentally ill'. Employ first person constructions, as in 'people with...', 'a person with...', and name the specific illness as in 'people with bipolar disorder' or 'a person with depression'.
 - Avoid 'mental illness', the singular and employ the plural, 'mental illnesses', as there are many.
 - Avoid the use of 'suffering' when describing a person or persons with mental illness. Use instead, 'experience' as in 'supporting men experiencing depression' or 'supporting men with experience of depression', rather than men suffering from depression.
-

New resource

Tihei Mauri Ora: Supporting whānau through suicidal distress

Written with extensive consultation with Māori suicide prevention experts, whānau and communities, [Tihei Mauri Ora: Supporting whānau through suicidal distress](#) will help whānau and friends to support someone who is in distress or crisis. It features information about warning signs to look out for, how to handle a crisis and explores ways to support loved ones struggling with suicidal thoughts and feelings.

Theresa Reihana's powerful paintings illuminate *Tihei Mauri Ora*. Her art captures the wairua of Māori, reflecting the strength of whānau and the value of whakapapa and human connection. This resource is a valuable tool for whānau to help those who need it most.

There are many ways you can get a copy: the [Tihei Mauri Ora PDF](#), or read the [resource online on the SPINZ website](#). It is also available as an [ePub](#) to read on your mobile or tablet. As always, you can order free print copies of the resource from their [shop](#).

<http://www.mentalhealth.org.nz/>

2. Skylight

We support people of all ages who are facing a tough life situation of change, loss, trauma or grief - whatever the cause. We also assist those wanting to help them.

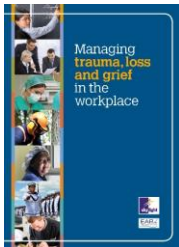
Skylight is facilitating

The New Zealand's Loss and Grief Awareness Week 2014: July 28th - August 3rd

To help New Zealanders understand the challenging impact of loss and grief, find ways to support all ages through loss and grief effectively and find the right help when it's needed.

Get involved! For ideas and events, see www.grief.org.nz

Featured Books



Managing Trauma, Loss and Grief in the Workplace

NEW Just launched a practical handbook for workplace employers and leaders. [Click here](#) for information about it and to purchase your copy. See [MEDIA RELEASE](#). **ALSO NOW AVAILABLE AROUND NZ - A Training Workshop for Leaders and Managers in your workplace.** [Click here](#) and see the 2nd page



NEW See our online links directory for support information:

[Support for those Bereaved by Suicide in NZ](#)

[Support for those Bereaved by Homicide in NZ](#)

<http://www.skylight.org.nz/>

3. HPA (Health Promotion Agency)

Latest research publication

Alcohol and older people - A descriptive analysis of changes in alcohol use in older New Zealanders from 2004 to 2009

Current evidence presents a mixed view on the role of socio-economic status, education and family structure in alcohol consumption by older people. Furthermore, little is known about how these factors are associated with the ethnicity of New Zealanders. Information about how older Maori and Pacific peoples drink is especially scarce. This research aimed to provide important information towards addressing the knowledge gap in these areas.

The objective of this report is to examine the changes in alcohol use in New Zealand for older men and women aged 60 years and over, and the association of these changes with socio-economic and deprivation factors, living arrangements and chronic health conditions. The report uses data from the Statistics New Zealand Survey of Family Income and Employment (SoFIE) and the SoFIE-Health sub-study, covering the period from 2002 to 2010.

Download this publication

<http://www.hpa.org.nz/>

4. NZDF: New Zealand Drug Foundation

Nothing new this month.

<http://www.drugfoundation.org.nz/>

5. Alcohol Healthwatch

Media Releases

May 2014: Newsletter Edition 1

30 June 2014: [Media- Alcohol labelling decision a travesty of justice for unborn babies](#)

18 June 2014: [Media-Community alcohol survey results support restrictions](#)

9 June 2014: [Media-Call to Action on Alcohol Hits the Mark](#)

<http://www.ahw.org.nz/>

6. Like Minds, Like Mine

What you do matters

Kiwis pride themselves on a sense of fair play. Yet a recent Like Minds survey on discrimination showed that over 80% of respondents had faced some form of discrimination as a result of disclosing their experience of a mental illness.

What can you do to make the difference?

If someone you know has experience of mental illness, these are some of the things you can do to support them:

- Carry on as normal – just be the family member, friend or colleague you've always been and stay in touch.
- Offer practical support, help and understanding.

What's New July 2014

- Educate yourself about mental health and wellbeing.
 - Use positive and encouraging language when talking about mental illness.
 - Value and respect the person's decisions about his or her mental wellbeing.
 - Talk about the future, make plans to do things together.
 - And speak up if your family member, friend or anyone you see is being treated unfairly.
- Our online toolkit provides information and resources about the issues of mental health and employment. You can use it to advance your efforts towards a mentally healthy and stigma-free workplace [How to create a stigma free workplace](#)

<http://www.likeminds.org.nz>

7. Engage Aotearoa

Generation Next – Mental Health and Wellbeing Seminar

Generation next is a not-for-profit social enterprise dedicated to enhancing the mental health and wellbeing of young people and their communities.

They run a series of annual seminars in Australia and NZ. They aim to provide participants with the knowledge and skills to help young people achieve and maintain their emotional, social, mental, and physical wellbeing.

The Mental Health & Wellbeing of Young People, being held in **Auckland on Friday 1 August 2014** will feature local and international experts in child mental health and wellbeing, showcasing the latest updates on key health, social, and educational issues.
Download 2014 [Brochure here](#).

<http://www.engagenz.co.nz/>

Government Agencies

8. Families Commission

Media Releases

Mon 16 Jun, 2014 - [Meaningful action needed on child abuse and domestic violence](#)
Families Commissioner Belinda Milnes says the People's Report released confirms what we already know about the impacts of domestic violence.

Fri 6 Jun, 2014 - [Appointment to the Families Commission](#)
Social Development Minister Paula Bennett announced the appointment of Mr Haami Piripi to the board of the Families Commission.

Publications

Families and Whanau Status Report 2014

Towards measuring the wellbeing of families and Whanau

What's New July 2014

The Families and Whanau Status Report is the second in a series that aims to enrich our understanding of family and Whanau wellbeing.

[Research reports](#)

Mon 30 Jun, 2014

[Download Families and Whanau Status Report 2014](#)

<http://www.familiescommission.org.nz/>

9. New Zealand Family Violence Clearinghouse

News - June 2014

[Victims' Orders Against Violent Offenders Bill passes final reading](#) - 30 Jun, 2014

Victims of serious violent and sexual offences will be able to apply for an...

[Free, introductory online course on data analysis, starting October](#) - 30 Jun, 2014

The University of Auckland's Department of Statistics is offering a free online...

[16 Days of Activism Against GBV 2014 campaign theme launched: militarism](#) - 30 Jun, 2014

The Centre for Women's Global Leadership has announced the 2014 theme for the...

[New sexual violence bystander intervention posters available for use](#) - 26 Jun, 2014

Sexual Abuse Support and Healing (SASH) Nelson has produced a series of sexual...

[Death reviews lead to call for "radical change" in response to dangerous family violence](#) –

26 Jun, 2014 The Family Violence Death Review Committee's (FVDRC) fourth report urges...

[Vulnerable Children Bill passes into legislation](#) - 25 Jun, 2014

The Vulnerable Children Bill passed its third reading in Parliament on 19 June...

[Legislation criminalises forced marriage in UK](#) - 24 Jun, 2014

The UK has passed legislation making it a criminal offence to force someone to...

[Domestic violence information available in Easy Read and New Zealand Sign Language](#) -

23 Jun, 2014 Lobby and advocacy group Auckland Domestic Violence and Disability (DVD) has...

[Victorian research highlights experiences of violence against women with disabilities](#) –

23 Jun, 2014 new research from Victoria has explored the experiences and nature of violence...

[New publications summarise what works to prevent violence](#) - 23 Jun, 2014

The Global Programme to Prevent Violence against Women and Girls project has...

[Family Violence Taskforce nominated for international award](#) - 19 Jun, 2014

New Zealand's Taskforce for Action on Violence within Families has been...

[Research and resources on shaken baby syndrome](#) - 19 Jun, 2014

Dr Patrick Kelly has spoken to the New Zealand Herald about the Shaken Baby...

[Distribution of \\$10.4 million for specialist sexual violence services](#) - 19 Jun, 2014

The Ministry of Social Development has announced how the \$10.4 million in new...

[New sexual violence prevention campaign launched: "Are you that someone?"](#) - 18 Jun, 2014

A new sexual violence prevention campaign was launched by Social Development...

[First Glenn Inquiry report released](#) - 17 Jun, 2014

The Glenn Inquiry has released its first report, which records the experiences...

[World Elder Abuse Awareness Day: Sunday 15 June](#) - 12 Jun, 2014

World Elder Abuse Awareness Day (WEAAD) is being marked on 15 June 2014. Age...

[ASB Community Trust Centre for Social Impact launched](#) - 12 Jun, 2014

A new centre to support innovative responses to complex social issues was...

[New Zealand, England and Wales sign MOU to share family justice reform knowledge](#) –

12 Jun, 2014 New Zealand has signed a Memorandum of Understanding with England...

[Review finds social workers do not have enough time with children and families](#) –

10 Jun, 2014 A qualitative review of Child, Youth and Family (CYF) social worker caseload,...

[CYF and Ngati Kahungunu sign child protection agreement](#) - 10 Jun, 2014

Child, Youth and Family (CYF) and Ngāti Kahungunu signed a Memorandum of...

[Ministers attend international gatherings](#) - 9 Jun, 2014

A Global Summit to End Sexual Violence in Conflict is being held in London on...

[Govt accepts "vast majority" of UN human rights recommendations](#) - 4 Jun, 2014

The government has formally responded to the United Nations Human Rights...

[Bill to strengthen victims' rights passes into legislation](#) - 4 Jun, 2014

A Bill to increase the rights of victims of crime has passed into legislation,...

[Eight new Children's Team locations announced](#) - 4 Jun, 2014

Social Development Minister Paula Bennett has announced the locations of eight...

[Rugby League's "Don't be an Egg!" campaign addresses sideline abuse and family](#)

[violence](#) - 3 Jun, 2014 The It's Not OK Campaign and Rugby League Northland (RLN) have collaborated..

Data Summaries June - 2014

[Snapshot](#)

[Family Violence Deaths](#)

[Violence Against Women](#)

[Children and Youth affected by Family Violence](#)

[Child Sexual Abuse](#)

[Adult Sexual Violence](#)

Events

Developing child protection policies and procedures - Workshop

Organised by Child Matters

Cost \$185 + GST [More information](#)

- **Gisborne** Thursday **7 August 2014**, 9am-4pm, venue confirmed on enrolment
- **Auckland** Thursday **30 October 2014**, 9am-4pm, venue confirmed on enrolment
- **Christchurch** Wednesday **12 November 2014**, 9am-4pm, venue confirmed on enrolment

Domestic Violence: Safety First - Advanced Training

When: 3-4 September 2014, 9am-4pm

Where: Shine Office, Ground Floor, 409 New North Road, Kingsland, Auckland

Organised by **Shine**.

Fees vary early bird rates close **20 August 2014**. [Register now](#)

International Indigenous Development Research Conference

When Tuesday 25 November - Friday 28 November 2014

Where University of Auckland

Hosted by Ngā Pae o te Māramatanga

Cost Early bird registration opens **1 February until August 2014**

Register on [conference website](#)

<http://www.nzfvc.org.nz>

10. Health & Disability Commissioner

Published decisions

General Practitioner

06 Jun 2014

Inappropriate care by general practitioner.

Accident and Medical Centre

30 May 2014

Identification of penicillin allergy prior to prescribing medication.

<http://www.hdc.org.nz/>

11. Health Quality & Safety Commission New Zealand

Publications

[Family Violence Death Review Committee Fourth Annual Report](#) 26th Jun 2014

This report sets out the work of the Family Violence Death Review Committee (FVDRC) from January 2013 to December 2013.

[Eighth Annual Report of the Perinatal and Maternal Mortality Review Committee](#)

17 June 2014

This report provides an accurate estimate of the numbers and rates of perinatal and maternal deaths in New Zealand, describes the risk factors for such deaths, and attempts to identify where maternity and neonatal services might be focused.

Upcoming Event

[Medication Safety Forum 2014](#)

16th Oct 2014 in Wellington (venue to be confirmed)

Join in the launch of the Open for better care medication safety campaign and collaborative.

What's New July 2014

What's new?

Improving teamwork and communication to further the patient safety culture

25th Jun 2014, *Reducing Perioperative Harm*

The Commission is continuing its focus on reducing patient harm during the perioperative period by encouraging improved teamwork and communication across the operating theatre team.

<http://www.hqsc.govt.nz/>

12. Human Rights Commission

[Human Rights Commission welcomes The Way Forward report](#)

EEO Commissioner Dr Jackie Blue has welcomed *The Way Forward* report on an integrated system for Intimate Partner Violence, Child Abuse and Neglect.

"*The Way Forward* report is truly a way forward. We're not starting from scratch, all the jigsaw pieces are there we just need to connect them," said Dr Blue.

"As a country New Zealand is small and agile enough to make this happen: we have the opportunity to lead the world in actively reducing violence, abuse and neglect."

The Way Forward maintains that existing regional family violence networks and inter agency response systems are disconnected and isolated from one another. It recommends a new national agency to coordinate those working to respond to child abuse and domestic violence. Regional hubs linking services and professionals with a "right door" approach to help seekers are other recommendations.

"We don't need any more reports to tell us that we have a violence problem: we have a violence epidemic and a succession of policies and plans have failed to make any real inroads so the kind of change advocated by this report is needed," said Dr Blue.

"What's needed most of all is good will from all political parties and buy in from organisations and people working across the sector. This isn't a time to let politics, egos or ideologies to get in the way."

<http://www.hrc.co.nz/feed>

03-07-2014 - New Māori Language Strategy confirmed

Minister of Māori Affairs, Hon Dr Pita Sharples, has today released the governments new Māori language strategy, which includes an updated model for Te Mātāwai, a Māori governance entity which will be charged with leading and guiding the Crown's strategy for te reo Māori. Dr Sharples said "Te Mātāwai is a significant part of the [...] » [MORE](#)

17-06-2014 - Almost one in four New Zealanders were identified as disabled in 2013

Almost one in four New Zealanders were identified as disabled in 2013, according to the New Zealand Disability Survey released today by Statistics New Zealand. This was up from 20 per cent in 2001. A total of 1.1 million people (24 percent of the population) were identified as disabled. The results show that 11 per cent of [...] » [MORE](#)

Event

2014 New Zealand Diversity Forum, **24-25 August**: One of the key events in the NZ race relations calendar. This year it is being held in **Christchurch**.

[Download the Forum brochure](#)

[Visit the Diversity Forum page](#)

[Download the Forum Programme](#)



NEW ZEALAND
DIVERSITY FORUM
CHRISTCHURCH
24 - 25 AUGUST

Newsletters

Te Korowai Whakapono - The Religious Diversity Network

The Religious Diversity Network is facilitated by the Human Rights Commission as part of the New Zealand Diversity Action Programme. Its purpose is to support and publicise groups that undertake interfaith activities, projects and programmes that contribute to religious tolerance, public understanding of religions, beliefs and interfaith cooperation for peace, security and harmonious relations.

[May 2014](#)

Te Ngira: New Zealand Diversity Action Programme Update

A monthly update for participants in the New Zealand Diversity Action Programme, and any other interested parties.

[June 2014](#)

Te Punanga - The Refugee Focus Network

The Refugee Focus Network is facilitated by the Human Rights Commission as part of the New Zealand Diversity Action Programme. It seeks to connect refugee communities and people and organisations that work with them by publicising events, projects and activities involving refugees in New Zealand.

[June 2014](#)

Te Waka Reo - The Language Policy Network

The Language Policy Network is facilitated by the Human Rights Commission as part of the New Zealand Diversity Action Programme. Its purpose is to support and publicise groups that undertake language policy initiatives, projects and programmes that foster linguistic diversity in New Zealand.

[May 2014](#)

<http://www.hrc.co.nz>

13. Ministry of Health

[Healthline](#)

Healthline is here to help you 24 hours a day, seven days a week.
Phone calls are free from within New Zealand 0800 611 116

[Healthline Symptom Checker phone app](#)

you can now use your iPhone or iPad to identify symptoms and decide what to



do about them.

New Zealand Health Targets

How is my DHB performing?

Latest news articles

[Gender identity – proposed concepts for a statistical standard](#) 14 July 2014

[New vaccines introduced in National Immunisation Schedule change](#) 01 July 2014

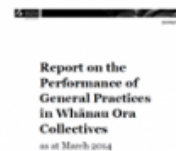
[Changes to prescribing](#) From 1 July 2014, the Medicines Amendment Act 2013 and Misuse of Drugs Amendment Regulations 2014 come into effect.

[Stop Before You Start](#) 'Stop before You Start' is a new anti-smoking campaign aimed at young adults, who are at risk of taking up smoking. Research shows that young adulthood is a key time for establishing smoking behaviours, with a large number of New Zealand's young adults smoking in social settings despite not identifying as smokers. These young adults run the risk of becoming addicted daily smokers.

Publications

Report on the Performance of General Practices in Whānau Ora Collectives as at March 2014 - 02 July 2014

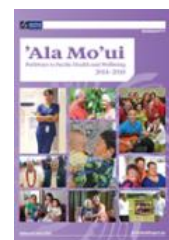
This report focuses on the performance of general practices in Whānau Ora collectives – using results from the software package HealthStat, which collects an anonymous summary of patient health information from general practices in Whānau Ora collectives. [Read more](#)



Statement of Intent 2014 to 2018 - 30 June 2014

Summary, , The Ministry of Health's Statement of Intent 2014 to 2018 identifies outcomes for the health system and the Ministry:, , New Zealanders live longer, healthier and more independent lives [Read more](#)

Ala Mo'ui: Pathways to Pacific Health and Wellbeing 2014–2018 - 26 June 2014



This national plan sets out priority outcomes and actions to improve health outcomes for Pacific peoples. The plan will contribute to the overall vision of health equity for Pacific peoples in New Zealand. [Read more](#)



Equity of Health Care for Māori: A framework - 20 June 2014

The framework guides health practitioners, health organisations and the health system to achieve equitable health care for Māori through leadership, knowledge and commitment.

[Read more](#)

The Guide to He Korowai Oranga – Māori Health Strategy - 20 June 2014

This short guide provides a summary of the refreshed He Korowai Oranga – Māori Health Strategy. This includes 'Pae Ora' and its 3 elements and how the existing framework has been strengthened for the future. [Read more](#)



The Alcohol Purchasing Patterns of Heavy Drinkers - 11 June 2014

This research was commissioned to provide an insight as to whether heavy drinkers in New Zealand are more likely than non-heavy drinkers to purchase the cheapest alcohol available to them. [Read more](#)

<http://www.health.govt.nz/>

14. Ministry of Justice

What's new?

[Changes to Civil Justice](#) The District Court Rules 2014 came into force on 1 July. Go to the Civil Justice website find out how this impacts civil claims.

[Representing yourself in the High Court of New Zealand](#) The information in this section of the Ministry of Justice's website will help you understand how you can represent yourself when taking a claim to the High Court of New Zealand or defending a claim in the High Court.

Accessing court decisions online

This page provides information about where to find all final decisions made by the courts that are available to the public. These are:

- Higher courts
- District courts
- Environment court
- Employment court
- Tenancy tribunal
- Disputes tribunal

<http://www.justice.govt.nz/courts/accessing-court-decisions-online>

Court and tribunal statistics

View the latest [workload and waiting time statistics for courts and tribunals](#).

<http://www.justice.govt.nz/>

15. Ministry of Social Development

Social housing waitlist

The social housing waitlist is people waiting for Housing New Zealand and other social housing provider properties at a given point in time. The number of people on the waitlist and their priority rating is subject to change, as people come on and off the waitlist and as their circumstances change.

The social housing waitlist includes people assessed as eligible for social housing who are ready to be matched to a suitable property (housing register). It also includes tenants currently in social housing that have requested a transfer to another social housing property in a different location or because there is a change in the number of bedrooms they require (transfer register).

The housing waitlist will be published on a quarterly basis. Waitlist numbers will be reported by priority, by region (territorial local authority or local board for Auckland) and by the number of bedrooms applicants are assessed as requiring.

National summary – 30 June 2014

	Register type		Total applications
	Housing Register	Transfer Register	
Priority A	2,596	592	3,188
Priority B	2,034	618	2,652
Total waitlist	4,630	1,210	5,840

Terms and definitions

- Priority A clients People considered 'at risk' and includes households with a severe and persistent housing need that must be addressed immediately. The household is unable to access and/or sustain suitable, adequate and affordable alternative housing
- Priority B clients People who have a 'serious housing need' and include households with a significant and persistent need. The household is unable to access and/or sustain suitable, adequate and affordable alternative housing.
- Territorial local authority (TLA) A TLA is defined under the Local Government Act 2002 as a city council or district council.
- Local boards May be established in areas of new unitary authorities that are predominantly urban and have a population of more than 400,000 people. Twenty-one boards have been established in Auckland.
- Number of bedrooms required The number of bedrooms the applicant is assessed as requiring based on number and composition of the people that will be housed with the applicant.
- "S" An "s" denotes data of a small volume. The data is suppressed to ensure the privacy of our clients

Household Incomes in New Zealand: trends in indicators of inequality and hardship 1982 to 2013

The Household Incomes Report provides information on the material wellbeing of New Zealanders as indicated by their household incomes from all sources from 1982 to 2013.

The report uses data from Statistics New Zealand's 2012-13 Household Economic Survey (HES) to update the previous report in the series which had information to 2012. All the relevant tables and figures for earlier years have been revised using the corrected income figures for the 2009-10, 2010-11 and 2011-12 surveys.

The interviews for the 2012-13 survey were carried out in the year to 30 June 2013, and asked about incomes in the previous twelve months.

In addition to the Full Report and the Overview and Summary, there is also a Key Findings document which gives a quick overview.

The next update is planned for mid 2015 using data from the 2013--14 HES.

[Download the key findings](#)

[Download overview summary](#)

[Download the report](#)

Benefit Fact Sheets *June 2014*

The Benefit Fact Sheets provide a high-level view of trends in benefit receipt over the past five years. They present numbers and characteristics of clients on benefits at the end of the current quarter and for the equivalent quarter one year ago and five years ago.

[Welfare Reform](#)

[All main benefits - June 2014](#)

[Jobseeker Support fact sheet - June 2014](#)

[Sole Parent Support fact sheet - June 2014](#)

[Supported Living Payment fact sheet - June 2014](#)

[National level data tables - June 2014](#)

[Work and Income region data tables - June 2014](#)

[Regional Council data tables - June 2014](#)

[Auckland Boards data tables - June 2014](#)

[Territorial Authority Area \(TLA\) data tables - June 2014](#)

[Service Centre data tables - June 2014](#)

[Release timetable](#)

The Benefit Fact Sheets provide breakdowns of overall numbers, where appropriate, by:

- benefit sub-categories
- gender
- broad age groups
- ethnicity
- continuous duration on any benefit
- presence of dependent children
- broad categories of incapacity.

It should be noted that trends in numbers receiving benefits are more reliably shown by comparisons between the same quarter 12 months apart, rather than by comparisons across consecutive quarters. This is due to seasonal changes which affect benefit numbers.

16. National IT Health Board

Latest News

Texting times – a short consult - 15 July 2014

The way we communicate is changing all the time. New technologies provide us with new ways of sharing information, and of providing healthcare.

[Read more](#)

Successful Southern Telehealth Pilot - 08 July 2014

Telehealth, via a video link, is being used with great success to connect a Dunedin rehabilitation consultant with patients and staff at a rehabilitation clinic at Southland Hospital, 206 kms away.

[Read more](#)

Newsletter

Towards 2014 July 2014 newsletter - [The July 2014 edition of towards 2014 is now available.](#)

In this issue:

- Our digital health future
 - Clinician's Corner - Dr Sadhana Maraj
 - Online health records to improve care
 - Top tips from ambassadors
 - Accessing health information from overseas
 - Hand-held technology for ambulances
 - E-prescriptions hit 4 million
 - Better patient information for SI hospitals
 - Clinical pathways website launched
 - Ambassadors to speak at conference
 -
-

Events

Date	Event	Location
24–27 July	NZ College of GPs' General Practice Conference 2014  (A patient portal session on Sat 26 July.)	Christchurch
28–29 July	Graeme Osborne, National Health IT Board, eHealth Ambassadors Dr Sue Wells and Dr Damian Tomic will be presenting on patient portals at the Australasian Long Term Conditions conference 	Waipuna Hotel and Conference Centre Waipuna, Auckland
4–6 September	Practice Managers & Administrators conference  (A patient portal workshop is on Sat 6 Sept)	Energy Events Centre Rotorua
10–12 November	Graeme Osborne, eHealth Ambassadors and National IT Health Board partners are presenting at Health informatics NZ's HINZ 2014 – 13th annual conference and exhibition 	Auckland

17. Office for Disability Issues

New Zealand to nominate a candidate for the 2016 election to the United Nations Committee on the Rights of Persons with Disabilities

On 10 June 2014, the Minister for Disability Issues announced that New Zealand will nominate Robert Martin as a candidate for election in 2016 to the United Nations Committee on the Rights of Persons with Disabilities. This Committee oversees implementation by States of the Convention on the Rights of Persons with Disabilities. This announcement was made during the Minister's address to the Conference of State Parties to the Convention, which was held at the United Nations in New York.

[Read the Minister's media release on nomination of Robert Martin](#)

New Zealand Sign Language Board to be established

The Minister for Disability Issues has announced more details on the Government commitment of \$6 million over four years to establish a New Zealand Sign Language Board.

[Read the Minister's announcement](#)

18. Office of the Children's Commissioner



New guidelines to prevent bullying

Practical guidelines to help schools prevent bullying have been published. The *Bullying prevention and response: A guide for schools* was developed by a cross-sector Bullying Prevention Advisory Group, which included the Children's Commissioner.

The guide is based on research and evidence about what works - and includes practical advice about how to create a safe environment for all students.

[Read the guidelines](#)

Reports

Legislating to reduce child poverty

John Hancock May 2014

High levels of child poverty have stark social implications. It is now well documented that children who grow up in poor households are also more likely to experience adverse outcomes in other facets of their life. There is growing recognition that a systematic policy approach is required if child poverty in New Zealand and its broad social impact are to be sustainably reduced. Using legislation to embed a child poverty reduction strategy is one approach to consider. This Research Brief is based on a research paper by John Hancock and explores the impacts child poverty legislation has had in the UK, and what lessons New Zealand can take from that approach. [Download \(pdf 280 KB\)](#)

Statement of Performance Expectations 2014 - 15

Office of the Children's Commissioner **June 2014**

[Download \(pdf 534 KB\)](#)

First Child Poverty Monitor released

Too many kiwi kids live in poverty. Each year the Children's Commissioner, J R McKenzie Trust and Otago University will release a monitor of child poverty in this country. The data is backed up by a Technical Report produced by Otago University's NZ Child and Youth Epidemiology Service. Read the [Child Poverty Monitor: 2013 Technical Report](#)

[Visit the Child Poverty Monitor website](#)

www.occ.org.nz

19. Office for Senior Citizens

Work Programmes

[Volunteer Community Co-ordinators \(VCCs\) Programme](#) To promote positive ageing through community participation in policy development.

New Zealand Positive Ageing Strategy

What is happening in New Zealand to improve the wellbeing of older people

-  [Read about the Minister for Senior Citizens, Hon Jo Goodhew](#)
 -  [Positive Ageing Strategy](#)
 -  [Positive Ageing goals](#)
 -  [Older people in New Zealand](#)
 -  [Minister's key priorities](#)
-



[Enduring power of attorney](#)

www.osc.govt.nz

20. SPINZ (Suicide Prevention Information New Zealand)

No updates this month

<http://www.spinz.org.nz>

21. The Beehive

Releases

Social recovery shows positive progress Social recovery in Christchurch continues to show positive signs, but there is still much to be done, Canterbury Earthquake Recovery Minister Gerry Brownlee says. [Read full release >>](#)

Hon Peter Dunne to speak at 20th International AIDS Conference Associate Health Minister Peter Dunne is to attend and address the Global Commission on Drug Policy special session at the 20th International AIDS Conference in Melbourne tomorrow. He has been invited to speak on New Zealand's regulated approach to controlling psychoactive substances. [Read full release >>](#)

<http://www.beehive.govt.nz/>

Workforce Centre's

22. Health Workforce NZ

No updates this month

<http://www.healthworkforce.govt.nz/>

23. Le Va

News

Mata Ni Ceva Pacific co-existing problems programme 01 July 2014

In early 2013, the Mata Ni Ceva programme began as collaboration between Whirinaki Child and Adolescent Health and TUPU Services. The pilot addiction services and mental health programme is the first to take a Pacific co-existing problems (CEP) approach to addictions and mental health issues, within a group setting.

Words Matter - positive Pasifika words for disability 30 June 2014

At Le Va we are aware that the words we use every day can open doors to understanding, respect, dignity and support, but they can also create barriers, stigma or stereotypes that are demeaning and rob people of their individuality.

Publications



Depression

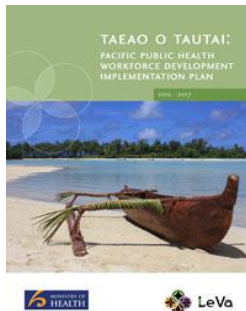
Published 30 June 2014 by Le Va



Help give hope

Published 10 June 2014 by Le Va

Pacific public health workforce development



To contribute to flourishing Pasifika families and healthy communities we look beyond healthcare services to improve the conditions in which we live, learn, work and age. We partner with communities to enable increased control over and improve their health and well being. [Taeao o Tautai: the Pacific Public Health Workforce Development Plan 2012-2017](#) takes this approach.

Le Va has been charged by the Ministry of Health with implementing actions in Taeao o Tautai. The plan contributes to [Te Uru Kahikatea: The Public Health Workforce Development Plan 2007-2016](#) and focuses on

The plan has been inaugurated with the Samoan name Taeao o Tautai: the morning for the fisherman – an appointed time of stewardship and leadership as they navigate the seas for village sustenance

<http://www.leva.co.nz>

24. Matua Raki

News

[Addiction services can help people to get paid work, new research shows](#)

A UK report co-authored by Matua Raki programme lead Anna Nelson and Helen Lockett (Wise Group) shows that more people with drug or alcohol addiction can be helped into employment with the right support.

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Projects

ADOM implementation project: The [ADOM briefing pack](#) provides the information services need to initiate this process including the ADOM data system requirements.

[Register your interest:](#) To register your service's interest in implementing ADOM, please [email us](#) and we will help you get the process started.

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Publication

[A Guide to the Addiction Treatment Sector in Aotearoa, New Zealand](#)

30 June 2014



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Events

Te Pou and Matua Raki events August 2014

13 August 2014 | [Engaging Pasifika Cultural Competency Workshop](#)

The programme aims to ensure a mental health, addiction, disability and public health workforce that can better engage Pacific clients, families and communities at the critical first point of contact, ensuring the best possible outcomes for Pacific consumers and their families/aiga.

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Sector events August 2014

What's New July 2014

01 August 2014 – 03 August 2014 | [Second Australasian Association for Solution Focused Brief Therapy Conference](#) The Second Australian and New Zealand Solution-Focused Conference will be held in Sydney, Friday 1 - Saturday 3 August 2014.

01 August 2014 | [Generation Next: The Mental Health and Wellbeing of Young People 2014](#) This event will feature local and international experts in child mental health and wellbeing, showcasing the latest updates on key health, social, and educational issues.

02 August 2014 | [Autism Spectrum Disorder \(including Asperger Syndrome\)](#) This course covers the common developmental disorders of Autism, Asperger Syndrome and related disorders (Autistic Spectrum Disorders - ASD).

04 August 2014 – 06 August 2014 | [Family therapy training - Auckland](#) Family therapy training: Systemic approaches to working with individuals, couples and families

04 August 2014 – 08 August 2014 | [Developments in family therapy](#) A five day family therapy training, in two parts, led by Dr Paolo Bertrando, an internationally recognised family therapist, trainer and supervisor from Milan.

12 August 2014 | [Symposium on Alcohol, Marijuana and the Adolescent Brain](#) A one-day symposium on the effects of alcohol and marijuana on the adolescent brain. Build your knowledge of the latest research findings and participate in workshops which will allow you to link this knowledge to practice.

14 August 2014 – 15 August 2014 | [National Association of Opioid Treatment Providers \(NAOTP\) meeting](#) The National Association of Opioid Treatment Providers meets three times a year.

14 August 2014 | [Symposium on Alcohol, Marijuana and the Adolescent Brain](#) A one-day symposium on the effects of alcohol and marijuana on the adolescent brain. Build your knowledge of the latest research findings and participate in workshops which will allow you to link this knowledge to practice.

29 August 2014 – 01 September 2014 | [New Zealand Psychological Society Annual Conference](#) Psychology in a changing world.

www.matuaraki.org.nz

25. Te Pou

The [HoNOS tool](#) is now online! Te Pou created the HoNOS tool to make it easier for mental health clinicians to use the HoNOS suite of outcome measures. Also now available are a series of [e-books](#) for each of the HoNOS suite of outcome measures. Learn more about HoNOS and find all [Te Pou's HoNOS resources](#).

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News

[Reflections on international perspectives on the economics of mental health](#)

Published: 18 June 2014 by [Rob Gill](#)

Mental health leaders from around the world met at various sites across Europe and the United Kingdom to discuss current mental health topics, as part of the



2014 International Initiative of Mental Health Leadership Exchange.

[Update - National guidelines for personal restraint practice project](#)

Published: 16 July 2014 by [Anne Brebner](#)

An update on the national guidelines for personal restraint practice project, July 2014.

Your Stories

Manager says "just do it" to employing disabled people

Karen Beard-Greer, chief executive of Independent Living Service (ILS) in Auckland believes that disability support services employers have an additional responsibility to employ disabled people because, like any industry "We need to understand our target market." [Read more](#)

Disabled people "make a difference" in disability support services

An overheard conversation led Ava Thomas to a job with Laura Fergusson Trust Canterbury 12 years ago, and she's still with the trust today. [Read more](#)

Latest Te Pou resources

[ADOM Implementation Success Strategies](#) 16 July 2014

[2014 National outcomes and information forum presentations](#) 02 July 2014

<http://www.tepou.co.nz/>

26. Te Rau Matatini

Nothing new this month

<https://www.matatini.co.nz/>

27. Werry Centre

Upcoming events

Family Therapy Training 2014: Systemic Approaches to Working with Individuals, Couples and Families. These 3-day training workshops introduce participants to family therapy theory and practice. The aim is to increase your effectiveness when working with individuals, couples or families in any setting.

Click on each link below to view the brochure and registration form.

[4-6 August in Auckland](#)

[2-4 September in Nelson](#)

[13-15 October in Palmerston North](#)

[10-12 November in Auckland](#)

Youth Health Workshop

The Youth Health Workshops provide practical programmes to enhance professional skills when working with young people in clinical and community settings. The Centre for Youth Health is happy to consider additional training for health providers if requested.

Youthline Manukau

145 St George Street, Papatoetoe

There are two workshops

The HEEADSSS Assessment, 12 June, 22 July

A one day introduction to clinical practice in youth health including: communication and engagement in youth health and using the HEEADSSS assessment model.

What Comes After HEEADSSS, 18 April, 9 September

This one day course gives an introduction to intervention skills when working with young people such as problem solving, motivational interviewing and discussing principles of behaviour change in young people. For more info and registration, please refer to the [flyer](#) (pdf)

'Tips for Autism' Auckland

Date: **19 – 21 August 2014** (Tuesday-Thursday)

Time: 9.00am - 3.00pm

Location: Papatoetoe

Venue: Papatoetoe Sports Centre, 12 Sutton Crescent, Papatoetoe

Latest Publication



[Real Skills Plus ICAMH / AOD](#)

A Competency Framework for the Infant, Child and Adolescent Mental Health and Alcohol and Other Drug Workforce (File Size: 1327 Kb) [Download File](#)

<http://www.werrycentre.org.nz/?t=16>

Other

28. Health Consumer Website/Health Navigator

Trusted health information and self-help resources for all New Zealanders



Website features include:

- 100s of [health topics](#)
- [Asthma](#), [diabetes](#), [gout](#), [kids](#) ...
- Plain English [medication information](#)
- [Library](#) with [videos](#), [people's stories](#)
- [Multiple languages](#)

Resources for Health Providers:

- [Guidelines](#), [pathways](#), & [tools](#),
- [Resources](#) and [training](#)

<http://www.healthnavigator.org.nz/>

29. Working for Youth

Recent Notices

[Opportunity for a Young Person - New Zealand Red Cross National Youth Forum](#)
[Rotorua Community Fund Open for Applications](#)

Activity/Event Registrations open for September's Activate Month
September W4Y Forum
Life Hack Social Labs
June Ministry of Health NGO newsletter

Upcoming Events

Symposium: Alcohol, Marijuana and the Adolescent Brain - Tuesday, August 12, 2014
Teen Parent Support Conference - September 24th, 2014 to September 25th, 2014
Youth Week 2015 - Saturday, May 23rd, 2015 to Sunday, May 31st, 2015

Youth Worker Training

Key Contact: Diana Beattie - Administrator - 027 281 3595 - youthworkertraining@live.com

<http://www.working4youth.co.nz/>

30. Skip – Strategies for Kids/Information for Parents

Resources available to order



SKIP booklets can be ordered individually or in larger quantities. Everyone is welcome to order the booklets, whether they are to be read by individuals, used in parenting support groups, or displayed in a workplace.

SKIP fridge magnets and stickers have simple messages designed to remind parents to talk, listen, sing and read to children. **Our posters** offer positive parenting messages and friezes share tips for building a strong relationship with your baby and to support their development. [Order SKIP resources](#)

Research and training material

SKIP provides independent research on positive parenting and training materials to help promote positive parenting messages throughout. Resources include posters, DVDs, books and training modules and are intended only for organisations providing positive parenting education for parents. So please only order what you need. [Read about and download SKIP research and training materials](#)



Parenting tips in languages other than English

SKIP booklets are available in 18 languages other than English. Some of these are only available to download, some can be ordered through the Order Resources page.

[See what languages are available](#)

Whakatipu

Whakatipu is a kaupapa that encourages strong whānau connections which nurture and develop tamariki. Tikanga and pakiwaitara are interwoven with child development information, ideas and activities for whānau. Full of humour and heart, these new resources reinforce how tamariki and parents can learn together through play at every age and stage.

<http://www.skip.org.nz/whakatipu/index.html>

31. Deaf Aotearoa New Zealand

Sign Ninja Is Live...

Sign Ninja is an educational game, featuring child friendly language and content. The game has been developed with 7 to 12 year olds in mind. Sign Ninja is a wonderful way to encourage all New Zealand children to learn New Zealand Sign Language.

Children can play Sign Ninja Free on computers, tablets and smart phones (Android and iPad/iPhone).

We are very excited to announce the [Sign Ninja Labyrinth](#) is open for children to explore.

Before the exploration begins, we would like to take this opportunity to point you to an important page on the Sign Ninja website, [for Parents and Teachers](#). This section will provide you with great information to assist, with guiding children through the Labyrinth.



As part of our launch we are happy to provide you with a special key code **51329**. Look out for the treasure chest, in the Labyrinth and use the code to get a special token.

32. Autism New Zealand Inc

2014 Conference

You're invited to attend Autism New Zealand's 2014 Conference: **Looking to the Future, Friday 22 August – Saturday 23 August** - Rutherford Hotel, **Nelson**

Learn about & discuss the latest autism research, education, resources and programs – for use at home and in the classroom. Network with the New Zealand autism community, experts and international speakers

Autism NZ is pleased to announce these world-class keynote speakers:

- **Dr Catherine Lord** – Member of the Neurodevelopmental Disorders Work Group for the recent revision of the DSM V
- **Minds for Minds** – will present an update on groundbreaking research in the area of genetics & microbiology
- **Neil Stuart** – discussing and showcasing the development of Autism New Zealand's educational resources and their uses

Registrations open on this website in early May. Updates will be posted on this website and our [Facebook page](#). Contact conference@autismnz.org.nz for more information. [Click here](#) for a printable PDF of this information

33. Health Promotion Forum of New Zealand

Newsletter

The autumn edition of our newsletter Hauora is out now. Contents include:

- [Defining health promotion](#)
 - [Health promotion: at the cutting edge of health and wellbeing](#)
 - [Chatham Islands provide excellent health promotion model](#)
 - [Kautaha: a strengths-based approach to building health and wellbeing](#)
 - [HPF interns and fellows: a win-win relationship](#)
 - [Unity and diversity of HPF board](#)
-

Calendar Events

Dates	Types of Training	Location	Registration
2014			
August 12-15	Certificate of Achievement in Introducing Health Promotion: Block One	Auckland	Open
August 1	Determinants of Health	Wanganui	Open
August 27	Pacific Health Promotion, Whanau Ora & Determinants of Health (more info to follow)	Wellington	Opening soon
September 9-12	Certificate of Achievement in Introducing Health Promotion: Block Two	Auckland	See block one above
September 19	Introducing the Ottawa Charter	Taupo	Opening soon
October 17	Māori Concepts of Health	Grey mouth	Opening soon
October 31	Māori Concepts of Health	Keri Keri	Opening soon

34. Medsafe

Media release - 23 May 2014

Dangers of purchasing medicines over the internet highlighted - Operation PANGAEA VII

Publication - 6 June 2014

Prescriber Update is a newsletter written for healthcare professionals to provide information on safety concerns with medicines and medical devices.

Download the latest issue of Prescriber Update - June 2014 (PDF 2.26 MB 8 pages)

<http://www.medsafe.govt.nz>

35. Gambling Helpline New Zealand

Specialist Services

Maori Gambling Helpline

We are professional Maori counsellors trained to help people who are affected by gambling. Our Kaupapa is to listen and support you and your whanau, in dealing with the effects of problem gambling.

If you feel you may have or have had a gambling problem or you may be affected by someone who gambles, we welcome you to call the service. Whilst the service has been created to support Maori, their partners, friends or whanau – we welcome all non- Maori wishing to access our service.

We can offer you a range of practical suggestions, and where possible we can put you in touch with support networks in your area.

Our Hours of Operation - Haora mō ēnei kaupapa

Our free national phone number is: **0800 654 656**

Mondays 12.00 noon – 4.00pm

Wednesdays 5.00 – 9.00pm

Saturdays 8.00am – 12.00 noon

Pasifika Gambling Helpline

Vai Lelei, Talofa Lava, Fakaalofa Lahi Atu, Kia Orana, Malo E Lelei, Taloha Ni, Bula Vinaka, Greetings

We are experienced counsellors who are trained to work with you around gambling problems. We are part of the Pacific community and have a shared understanding of the Pacific culture.

You may be the person gambling, or you may be a family member or friend concerned about someone else's gambling. We're here for all of you.

Our Hours of Operation
Our free national phone number is: **0800 654 657**
Tuesdays 5.00 - 9.00pm
Thursdays 6.00 - 9.00pm
Fridays 12.00 noon - 4.00pm

Youth Gambling Helpline

People of all ages can be affected by gambling. At Youth Gambling Helpline we have younger counsellors who can listen to you, and help you talk through any challenges you may be having with your own, or someone else's, gambling. If you have any questions, or if you want to have a chat, please give us a call on our free-phone number **0800 654 659**.

Our phones are open on Monday evenings from 5pm to 8pm.

If you'd like to call us outside of these hours, leave us a voicemail message and we will call you back. Unless you explicitly give us permission, we won't identify ourselves to the person who answers the phone until we're sure we're speaking with you.

If it's urgent you can contact the Gambling Helpline 24 hours a day, 7 days a week on **0800 654 655**.

<http://www.gamblinghelpline.co.nz/>

36. Pharmac

News

Delay in decision on ferric carboxymaltose (Ferinject) funding proposal 20 June 2014

PHARMAC would like to advise all interested parties that there will be a delay in the decision on a proposal to list ferric carboxymaltose (Ferinject) 500 mg per 10 ml vial in Section H of the Pharmaceutical Schedule from 1 July 2014 for the treatment of iron deficiency anaemia

Decision to approve changes to somatropin Special Authority 20 June 2014

PHARMAC is pleased to announce the approval of changes to the Special Authority criteria and Hospital Medicine List (HML) restriction for somatropin.

Listing of various contrast media 19 June 2014

PHARMAC is pleased to announce decisions relating to the listing of contrast media agents that will take effect from 1 July 2014.

PHARMAC to seek further advice on melatonin funding proposal 11 June 2014

Significant clinical issues were raised during consultation on this proposal. The need to consider these issues and seek further advice from PTAC means we will not be progressing the melatonin proposal at this time.

Changes to the funding access criteria for some vaccines 9 June 2014

PHARMAC is pleased to announce changes to the funding access criteria for a number of vaccines.

<http://www.pharmac.health.nz/>

37. Waka Hourua

Nothing new this month

<http://www.wakahourua.co.nz/>
