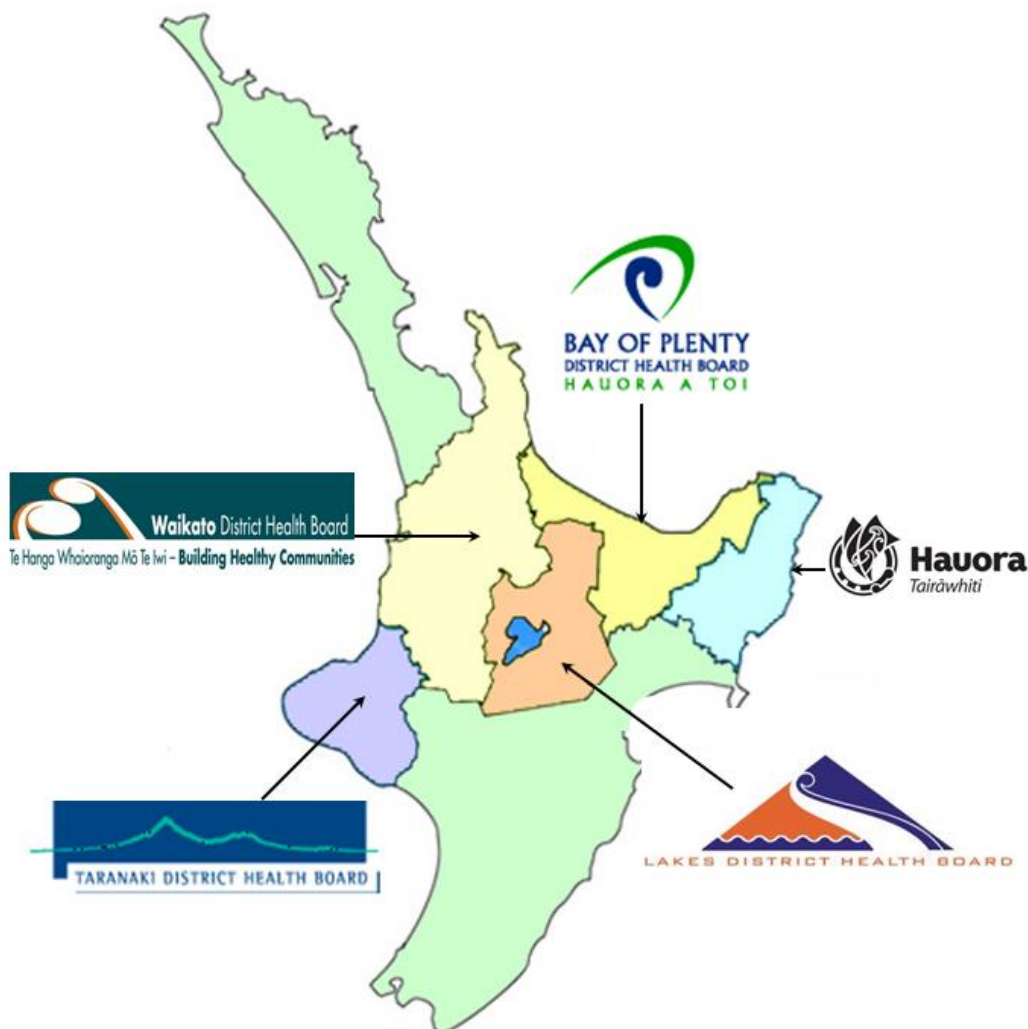




<http://www.midlandmentalhealthnetwork.co.nz>

What's New?



June 2016

An update of information, events and resources from established New Zealand websites, relevant to the mental health & addiction sector

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What's New – December 2016?

Mental Health and Addiction Specific Sites

1. Mental Health Foundation



The law and suicide reporting

To help protect vulnerable people there are some restrictions in New Zealand on what can be made public about a suicide or suspected suicide. These are set out in Section 71 of the Coroners Act 2006. [The Act was amended in 2016](#) to clarify the restrictions. Unless you have an exemption from the chief coroner, you can't make public:

- the method or suspected method of the death
- any detail (like the place of death) that might suggest the method or suspected method of the death
- a description of the death as a suicide before the coroner has released their findings and stated the death was a suicide (although the death can be described as a suspected suicide before then).

'Making public' doesn't just mean news reports and other media – it includes things like public posts on Facebook too. Individuals and media may apply to the [chief coroner for an exemption](#) to these restrictions. Sometimes, the coroner will release more information if it's in the public interest.

For more about making information about a suicide public, see [Coronial Services of New Zealand](#)



To read **Provisional Coronal Suicide Statistics 2015/16** [click here](#)



The Wellbeing Game

It's a game that anybody can play solo, or as part of a team, with the goal of accumulating happiness, one hour at a time.



Activities are based on the [Five Ways to Wellbeing](#) – Give, Take Notice, Keep Learning, Be Active and Connect – which are proven to improve people's mental wellbeing. Activities can be something as simple as enjoying a walk in the fresh air, or catching up with a friend over coffee – the Five Ways to Wellbeing are about noticing the things that make your life a little brighter and taking pleasure in them.

The Wellbeing Game, which sits under the Mental Health Foundation's Working Well programme, now has a brand new look with easier to use features and continues to be free to use. The Mental Health Foundation will continue to ask for donations from the public to keep the game and site maintained, fresh, relevant and available at no cost.

Go to www.thewellbeinggame.org.nz sign up now and START PLAYING!

<http://www.mentalhealth.org.nz/>

2. Skylight



Earthquake and Flood Support Resources

Skylight has specialist resources available free of charge to support, explain and reassure children, young people, their families/whanau and friends.

- [When quakes go on... and on... and on...](#)
- [Supporting your Children/Teen after a stressful or traumatic event](#)

Email: [Resource Centre for further information](#)

<http://www.skylight.org.nz/>

Living well with supportive systems

3. HPA (Health Promotion Agency)



News

12 Dec 2016 | HPA Attitudes and Behaviour towards Alcohol Survey 2015/16: Questionnaire

The Attitudes and Behaviour towards Alcohol Survey (ABAS) is undertaken every year. This report is the questionnaire for the 2015/16 ABAS which collected information on behaviour related to the last month and the last drinking occasion and attitudes and opinions towards alcohol.

[Click here](#) to download publication



9 Dec 2016 | 2016 New Zealand Mental Health Survey: Questionnaire

The New Zealand Mental Health Survey (NZMHS) is an annual, nationally-representative survey, conducted for the first time last year.

[Click here](#) to download publication

<http://www.hpa.org.nz/>

Living well with supportive systems

4. NZDF: New Zealand Drug Foundation

News

Shifting to drug law that works for Māori: Kaikohe Hui Report
November 28, 2016 [read more](#)

Up & Coming Event

8th Australasian Drug and Alcohol Strategy Conference 2017

The conference theme for 2017 is Influencing Attitudes - how can thinking and behaviour towards alcohol and drug use be changed? Both the Australian and New Zealand national drug policies



recognise the critical importance of building partnerships between health and law enforcement sectors and engaging all levels and parts of government and non-government sectors and the community.

ADASC 2017 seeks to strengthen the partnerships between law enforcement, health practitioners, academics and policy makers at a local, national and international level; bringing people together to examine, review, assess, share and learn from each other.

Date: **Tuesday, May 2, 2017 - Friday, May 5, 2017**

Location: Wellington

Event Organiser: NZ Police

To visit the website click here → [ADASC 2017](#)



Matters of Substance - quarterly print magazine November 2016

Features

[Gangs trial new ways](#)

Police, researchers, politicians and even gang members themselves will tell you that gangs play a significant role in the drug trade in this country, but the focus and reputations of some of New Zealand's infamous ethnic street gangs seem to be changing. Some sparks will fly as these and other gangs come up against the government's Gang Action Plan.



[There's something wrong with the sentences](#)

Under the irrelevant and outdated Misuse of Drugs Act, cannabis penalties and convictions in New Zealand remain inconsistent, disproportionate, unjust and largely ineffective, especially for Māori.

[Hepatitis C – new hope on the horizon](#)

Pharmac has recently started funding new drugs that have amazing curative effects for more than half of people in New Zealand with hepatitis C. The wait continues for those for whom the drugs are not suitable, but there may be good news on the horizon.

[Country profile: Colorado](#)

Cannabis-based lotions, patches, bath salts, jelly babies, chocolates, acne treatments, lip balms, toothpastes and toothpicks are all now on sale in Colorado dispensaries. This wild-west reborn offering to meet every conceivable consumer choice has grown rapidly since cannabis was legalised in 2014.

To get your copy visit our [Membership page](#), and for back issues [contact us](#).

<http://www.drugfoundation.org.nz/>

Living well with supportive systems

5. Alcohol Healthwatch

Alcohol Healthwatch
Whakatūpato Waipiro

Media Release

15 Dec 2016 | Community wishes overshadowed by alcohol industry power

New liquor laws promising increased community control over the sale of alcohol have been overshadowed by the powerful influence of the alcohol industry, according to a new report.

A central feature of the Sale and Supply of Alcohol Act 2012 allows each local Council to develop its own Local Alcohol Policy (LAP), addressing community concerns relating to the location and number of alcohol outlets, as well as their trading hours. But an Alcohol Healthwatch report by researcher Dr Nicki Jackson, released today, shows that the Act has delivered very little in terms of increased community control.

The report found that, as at July 2016, 19 of the 67 local councils in New Zealand were yet to develop policies. Of the 31 policies which had reached the Provisional stage, the alcohol industry appealed all but one. "Legal appeals of the policies by the alcohol industry have resulted in significant compromises being made by local councils," says Dr Jackson.

"In many instances, the appeals resulted in the removal of effective strategies to reduce alcohol-related harm or they were watered down to the point where they have little hope of making any real difference". Dr Jackson said it was very clear in the council documents she researched that communities wanted stronger restrictions on where and when alcohol could be sold.

"In particular this is sad news for Māori, Pacific peoples and those of low income because these groups suffer the greatest harm from living in communities with high numbers of alcohol outlets." Alcohol Healthwatch Director Rebecca Williams says policy processes are being hijacked by those who are better resourced and who are driven by a commercial imperative.

The report, a review of Territorial Authority progress towards Local Alcohol Policy development, is available on the Alcohol Healthwatch website at: http://www.ahw.org.nz/resources/Documents-other/2016/LAPReport_FinalWEB%202016.pdf

For more information:

Rebecca Williams, Director, Alcohol Healthwatch: 021 862 250

Dr Nicki Jackson, Alcohol Researcher and Report Author: 021 187 9749

<http://www.ahw.org.nz/>

Living well with supportive systems

6. Like Minds Like Mine



Sign up to Step Forward



Good Reads

Opening minds in Kiwi workplaces

Lisa decided it was important to focus on what she could achieve with this project – which led to a decision that the aim should be to increase managers' confidence in talking about mental health. "People we've liaised with are really excited," she says. "There is no doubt this work is wanted

“We want people to talk about mental health, not as a deficit, but in a way that allows everyone to do their best. Starting the conversation at the mental health end of the spectrum is more inclusive and gets people thinking in the right way from the start.

<http://www.likeminds.org.nz>

7. End Seclusion Now



Catherine Jones' experience of seclusion as a mental health inpatient suggests the practice is far from benign.

A black and white photograph of a man sitting on a wall. The wall is covered in graffiti, with phrases like "YOU LOOKING FOR THE ONE YOU WOULD WANT TO EVER LISTEN", "YOU CALLING YOU?", "VANT YOU TALKING TO BE WITH YOU TALKING", "WANT TO BE WITH YOU TALKING", "IT WEAR THAT", "CARBS WHAT YOU THINK WHERE WERE", "I THINK YOU'RE SO", "I SAID NO!", "YOU'RE NOT IN CHARGE", and "YOU'RE LIVING". The man is wearing a dark jacket and pants, and is looking towards the camera.

Page 7

It is "seclusion" and while it sounds benign, it is anything but.

[Click here](#) to read more of Catherine's story along with other stories.

<http://www.endseclusionnow.com/>

Living well with supportive systems

8. Midland Regional Network

Regional Projects

[Midland Mental Health & Addictions Projects 2015/2016](#)

[Midland Mental Health & Addictions Projects 2014/2015](#)



Midland Newsletter

[Spring Issue 1 - October 2016](#)



Midland Strategic Leadership Networks

[Midland Addictions Leadership Network](#)

[Midland Consumer Leadership Network - He Tipuana Nga Kakano](#)

[Midland Maori Leadership Network - Te Huinga o Nga Pou Hauora](#)

[Midland Whanau Leadership Network - Te Ao Whanau](#)

[Midland Mental Health & Addiction Portfolio Managers Network](#)

[Midland Clinical Governance Network](#)

[Midland Workforce Leadership Network](#)



[Click here](#) for the **FAQ and latest documents on PRIMHD**

Please advise your Decision Support Coordinator Ashley Bajaj of staff, contract lines or reporting system changes so your records can be updated on ashley.bajaj@lakesdhb.govt.nz

<http://www.midlandmentalhealthnetwork.co.nz>

Living well with supportive systems

Government Agencies

9. Social Policy Evaluation and Research Unit (Superu)

Tools & Resources

[Evaluation Capacity Tools for NGOs](#)



Evaluation is about systematically and rigorously assessing the value (merit, worth and importance) of something of interest (e.g. an organisation, programme or project).

NGOs can use the toolkit to build their capacity for evaluation. This toolkit is user-friendly and comes with a step-by-step guide (in four parts). Parts 2-4 are interactive so you can fill them in online and print them off.

Click here → [access the tool](#)



Events

Save the date – Evidence to Action 19 June 2017 Conference

More information about the programme and keynote speakers will follow when registrations open in early 2017.



<http://www.superu.govt.nz/>

Living well with supportive systems

10. New Zealand Family Violence Clearinghouse

Nothing interesting this month



<http://www.nzfvc.org.nz>

Living well with supportive systems

11. Health & Disability Commissioner

***Want to make
a complaint?***

Click [here](#) to get started

***Getting the best
from your health
or disability service***

For Information on getting the best from a service click [here](#)

<http://www.hdc.org.nz>

12. Health Quality & Safety Commission New Zealand

Events

Optimising patient experience through digital innovation conference | 27th - 28th Feb 2017 | Stamford Plaza, Auckland

The increasing expectations of the patient have motivated health care providers to devote more time and effort to patient satisfaction and to reduce the per capita costs of health care.



Providers are faced with problems such as:

- How can technology enable a positive return on investment and improvement in consumer perception of an organisation?
- How can all of this new technology impact upon the patient experience?

Expert insights on patient experience and technology from:

- Ministry of Health
- Health Quality & Safety Commission
- Orion Health
- NZ Blood Service
- Deloitte
- Hawke's Bay Health Consumer Council
- Bay Urology
- Waikato District Health Board
- Waitemata District Health Board
-

Also featuring a patients' panel where patients will be given the chance to discuss their expectations for health care.

See the agenda at www.conferenz.co.nz/px.



News

December 2016 'Let's Talk Triggers' out now 16th Dec 2016

This quarterly newsletter from the Commission's Trigger Tools programme contains updates, trigger tool tips, featured articles and other items on patient safety.

Click the link → to go to a downloadable PDF of [Let's Talk Triggers](#).

Choosing wisely campaign launched in New Zealand 16th Dec 2016

On Wednesday 7 December a number of health sector leaders got together to launch the *Choosing Wisely* campaign New Zealand.

Council of Medical Colleges chief executive Dr Derek Sherwood, Health Quality & Safety Commission chief executive Dr Janice Wilson and Consumer chief executive Sue Chetwin were among speakers at the launch event, held in Wellington.

Choosing Wisely focuses on reducing the number of unnecessary tests, treatments and procedures carried out on patients.

[Click here](#) to read more

<http://www.hqsc.govt.nz/>

13. Human Rights Commission

Recent News

December 13, 2016 | Clear and agreed plan needed to address child poverty numbers

The Human Rights Commission has today welcomed the release of the [Child Poverty Monitor](#), which shows that urgent action needs to be taken to answer the calls for a reduction in New Zealand's persistently high child poverty numbers.



"Currently, there are at least 85,000 children in New Zealand living in incredibly difficult circumstances. There must be a clear and agreed plan from the Government to reduce child poverty, or we will continue to talk around the issue instead of addressing it," Chief Commissioner David Rutherford says. [Click here](#) to read more....

November 3, 2016 | Staying in the Red Zones

All kiwi homes are vulnerable, if property rights aren't better protected says Commission. The Human Rights Commission is calling for greater protection of property rights for New Zealanders, following today's release of a monitoring report on human rights in the Canterbury earthquake recovery.

The Report, Staying in the Red Zones: Monitoring Human Rights in the Canterbury Earthquake Recovery is the second of two monitoring reports from the Commission and highlights the experiences of those who remained living in the red zone following the earthquakes and refused the Government's offer to buy their properties.

Chief Commissioner David Rutherford says that while the group of residents that the report focuses on is relatively small, their experiences and stories are ones that much can be learnt from. [Click here](#) to read more....

<http://www.hrc.co.nz>

Living well with supportive systems

14. Ministry of Health

Latest news

Latest annual snapshot of New Zealanders' health 15 December 2016

The Ministry has published the full Annual Update of Key Results 2015/16: New Zealand Health Survey. [Read more](#)

Youth mental health project evaluation reports released 15 December 2016

The Prime Minister's Youth Mental Health Project (YMHP) has resulted in positive changes, better outcomes and improvements to service delivery for young people in New Zealand.

[Read more](#)

Updated information on cannabis-based products 07 December 2016

The Ministry of Health and the New Zealand Customs Service are providing updated information which may be of interest to travellers arriving from the United States. [Read more](#)



Grey Matters Newsletter

December 2016 – [Issue 40](#)

November 2016 – [Issue 39](#)

October 2016 – [Issue 38](#)



Publications

Content Guide 2015/16: New Zealand Health Survey 15 December 2016

The questionnaires and content guide give information about the content of the adult and child surveys in the New Zealand Health Survey. [Read more](#) to see the key findings....



PRIMHD Resources

PRIMHD Activity Code Guidance

The purpose of this guide is to improve national consistency in the collection and use of PRIMHD activity type codes, also known as T codes, by mental health and addiction services, funders and planners, and the Ministry of Health PRIMHD national collections team. The guide is not a replacement for the HISO PRIMHD standards but is intended to support a consistent national approach so that the quality of the data reported to PRIMHD improves, thereby improving the utility of the national collection. [Click here](#) to download resource...



<http://www.health.govt.nz/>

Living well with supportive systems

15. Ministry of Justice



What's New?

Draft anti-money laundering laws released 14 December 2016

Businesses and professions that will be affected by proposed reforms to anti-money laundering rules can have their say on a new draft law. The Government announced in June that it would fast-track the second phase of the Anti-Money Laundering and Countering Financing of Terrorism (AML/CFT) Act.

The Act currently covers a range of financial services and casinos. Phase 2 will extend it to cover many lawyers, accountants, real estate agents, some business that deal in expensive goods, and sports and racing betting.

To have your say in our online consultation, go to: [Phase 2 AML/CFT exposure draft amendment Bill](#). Consultation closes **27 January 2017**

Ministry finalist for greater use of te reo in courts 13 December 2016

We're honoured to be a finalist for the 'Te Reo Māori Central Government Champion of the Year' award at Ngā Tohu Reo Māori (National Māori Language Awards), held this November in Taranaki.

The finalist nomination recognises our work to support more te reo Māori use in all district court sessions across the country. This now includes court session with Justices of the Peace and Community Magistrates – over 220,000 sessions per year.

See more in our [media release](#)

<http://www.justice.govt.nz/>

Living well with supportive systems

16. Ministry of Social Development



MINISTRY OF SOCIAL
DEVELOPMENT
TE MANATŪ WHAKAHIATO ORA

Latest News

Ministry releases key information about demand to social housing sector 15 December 2016

The Ministry of Social Development has released its 2016 Social Housing Purchasing Strategy. The strategy brings together data on the nature and demand for social housing; detail on the many ways the ministry can work with providers; and where - by June 2020 - the Ministry anticipates we'll need to secure more places.

"The strategy is not just for social housing providers. It is the driving document for the Ministry to meet demand, shape the market and achieve its deliverables under the Social Housing Reform Programme," says Deputy Chief Executive Scott Gallacher.

[Click here](#) to read more...



Work Programmes

Sector Social Trials

The Trials initially began in six rural communities in March 2011 and are currently operating in 16 communities around New Zealand.

The Trials are supported at the national, regional and local level by the [Ministries of Education](#), Health, Justice, Social Development and the New Zealand Police.

The Trials are now coming to a close.

Where successful, the SST will transition from a community-influenced model to a community-led model, with a less narrow focus for the delivery of services.

The remaining SST locations will cease to be funded on 1 July 2016 because they are ready to be managed locally, or performance to date means exit is appropriate. [Click here](#) to read more...

<http://www.msd.govt.nz/>

Living well with supportive systems

19. National IT Health Board



News & Events

2016 Clinicians Challenge highlights innovation

03 November 2016

Health Minister Jonathan Coleman has congratulated this year's Clinicians Challenge winners for their innovative IT solutions to improve healthcare. [Read more](#)

Southern district health providers move to shared records 14 September 2016

Southern DHB and WellSouth will be joining HealthOne from 27 September

[Read more](#)

<http://www.ithealthboard.health.nz/>

Living well with supportive systems

17. Office for Disability Issues



What's Happening?

NZSL Fund applications open

Applications are now open for Round 3 of the NZSL Fund.

The theme for this round is 'Strengthening NZSL in the home and Deaf community.' (Whakapakari te oranga o Te Reo-a-Ringa o Aotearoa kei te hapori Turi, whānau, marae, hapū me ngā iwi).

Applications can be made for grants between \$5,000 and \$80,000 (excluding GST) for one year. There is approximately \$600,000 available in total. [Applications close on 26 February 2017.](#)

Click here → [Find out more information](#)

<http://www.odi.govt.nz/>

Living well with supportive systems

18. Office of Children's Commissioner



What's Happening?

Supplementary report to the United Nations Committee on the Rights of the Child September 2016

In September 2016 Children's Commissioner Judge Andrew Becroft attended the 73rd session of the United Nations Committee on the Rights of the Child. This supplementary report outlines his concerns about the rights of children in New Zealand and opportunities for improvement.

[Download the report](#)

www.occ.org.nz

Living well with supportive systems

19. Child Youth and Family

Newsletter

Care Matters is our quarterly newsletter for caregivers featuring stories about people at the heart of caring for children and young people. Care Matters also has a range of helpful parenting tips and tricks and interesting articles from guest contributors.



To read click here → [Issue 45 - December 2016](#)

<http://www.cyf.govt.nz/>

Living well with supportive systems

20. Office for Senior Citizens

Where to Find Senior Citizens Info

- SuperSeniors website
- NZ Superannuation and other income support
- Elder Abuse and Neglect – contacts for advice and support
- Connects - Connecting Neighbours and Communities
- Preventing social isolation and loneliness
- SuperGold Card Positive Ageing Strategy - read the latest report
- The Business of Ageing - Realising the Economic Potential of Older People in New Zealand
- Enduring Power of Attorney - Protect your future

Organisations That Help Senior Citizens

- SeniorNet - technology learning centres for older people
- Ministry of Health - Health of older people
- Age Concern
- GreyPower
- Eldernet - information about services for older people
- INsite - news and views from the aged care sector

www.osc.govt.nz

Living well with supportive systems

21. SPINZ (Suicide Prevention Information NZ)

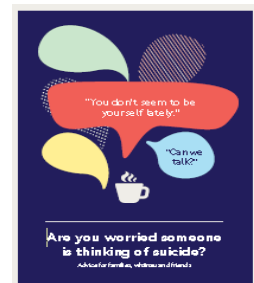
Resources

Are You Worried Someone is Thinking of Suicide?

If you're worried that someone might be thinking about suicide, don't be afraid to ask the directly. [Click here](#) to download this helpful resource...

Tihei Mauri Ora – Supporting Whānau Through Suicidal Distress

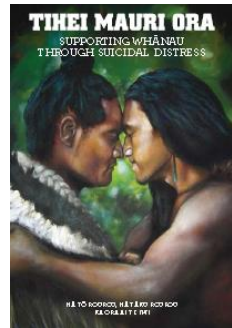
This resource is developed with whānau in mind. It is aimed at helping whānau and friends to support someone who is in crisis or distress. This resource gives



you information about what to look for and how to help someone who may be feeling suicidal.

A person who is distressed might not ask for help, but that doesn't mean that help isn't wanted. Most people who attempt suicide don't want to die – they just want to stop hurting. Support and connection with whānau, friends and culture can help them to find a way through.

[Click here](#) to download or order resource online...



<http://www.spinz.org.nz>

Living well with supportive systems

22. The Beehive

Latest Releases



beehive.govt.nz

The official website of the New Zealand Government

PM announces new Cabinet line-up

Prime Minister Bill English has today announced his new Cabinet line-up which builds on the success of the last eight years and provides new ideas and energy heading into election year.

[Read full release](#)

New role benefits pharmacists and patients

Health Minister Jonathan Coleman says the roll-out of a new technician role in pharmacies is benefiting both pharmacists and patients.

[Read full release](#)

Construction tops 30,000 homes; investment at record level

New Zealand is into its fifth straight year of strong growth in construction, with more than 30,000 homes consented in the year to October and record levels of commercial and infrastructure investment, Building and Housing Minister Dr Nick Smith says.

[Read full release](#)

Requests for Special Earthquake Lotto funds to be administered by Lottery Grants Board

Internal Affairs Minister Hon Peter Dunne today announced that the \$2.7 million profit from the 10 December 2016 Special Lotto draw has been allocated to a Lottery Grants Board Subcommittee set up especially to provide immediate assistance with earthquake recovery activity that is not business and/or employment support.

[Read full release](#)

<http://www.beehive.govt.nz/>

Living well with supportive systems

Workforce Centre's

23. Health Workforce NZ

Publications

Standing Order Guidelines 17 August 2016

The Standing Order Guidelines are a resource for the health professionals working with standing orders. It provides a user-friendly guide to assist issuers when developing and/or reviewing standing orders. It also outlines the roles and responsibilities of health professionals issuing standing orders and those working under standing orders.

[Click here](#) to read more and download publication...

<http://www.healthworkforce.govt.nz/>

Living well with supportive systems

24. Le Va



What's New?



'Express Yourself' Pacific Potential - film competition

Are you a budding actor, director or someone that has always had an interest in film making that will make a difference? Or are you just really awesome sending meaningful messages through video's from your phone?

As part of the Pasifika Film Fest 2017, Le Va is running a short film competition with the following theme:

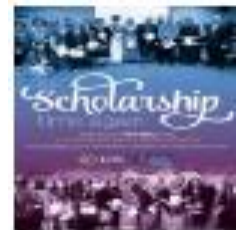
'Intergenerational Communication for Pasifika people'.

If you're looking for an opportunity to express yourself, then this competition is for you!

COMPETITION OPENS: 21 December 2016
SUBMISSIONS DEADLINE: 31 January 2017

2017 Pacific Mental Health & Addictions Scholarship Application Form

Le Va is committed to growing the Pacific mental health and addiction workforce. The Pacific mental health and addictions scholarships are intended to increase capacity and developing the skills of Pacific staff working in mental health and/ or in addiction sectors. Successful selected scholarship recipients will have an approved amount contributed towards their tuition fees and an opportunity to participate in the Futures that Work programme.



Application closes on **Friday, 24 February 2017**

[Click here](#) for more information and to download the application form.



Sector Events

24 June 2016 – 03 July 2017 | [Babette Rothschild - Somatic Trauma Therapy 12 day workshop](#)

The Centre for Mental Health Education is excited to be offering three 12-day intensive courses in trauma therapy which each run over 12 months. This is the first time this training has been conducted in the Asia/Pacific region.

This course was developed and led by Babette Rothschild, author of the bestselling *The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment*. [Click here](#) for more info...

<http://www.leva.co.nz>

25. Matua Raki



News

Implementing SACAT

To support existing and emerging leaders and managers, Matua Raki and the National Committee for Addiction Treatment (NCAT) hold three addiction leadership days a year. The most recent took place at the Rydges Hotel in Christchurch on 24 November 2016.

[Click here](#) to read more...



Events

23 March 2017 | **Addiction Leadership Day - Wellington 2017**

27 March 2017 | **Addiction Nurses' Symposium 2017**

2 May - 5 May 2017 | **8th Australasian Drug and Alcohol Strategy Conference**

www.matuaraki.org.nz

Living well with supportive systems

26. Te Pou



News

Tahatū Rangi symposium 2016

Following feedback from the 2015 symposium Te Pou and Plaform Trust held a second Tahatū Rangi symposium in October this year.

[Read more...](#)

Where are we at with ADOM?

Paul Hanton, Clinical Project Lead at Te Pou, gave an update on where things are at with Alcohol and Drug Outcome Measure (ADOM) reports and "where we're going with them". He also provided some statistics coming out of the reports that he said may be of interest.

[Read more...](#)



Events

23 February 2017 | **Blueprint Leadership Series: Pause - Hamilton**

24 February 2017 | **ADOM initial train the trainer workshop - Auckland**

1 March 2017 | **ADOM trainers and champions refresher training - Hamilton**

<http://www.tepou.co.nz/>

Living well with supportive systems

27. Te Rau Matatini



Te Rau Matatini

Latest news

Te Rau Matatini administers a number of Ministry of Health funded scholarships programmes to build the capacity, capability and acknowledges Māori Health leadership within the Mental Health and Addiction sector.

Our scholarship programmes provide opportunities for both Māori and Non-Māori studying in the mental health and addiction sector. Through encouraging new people into the sector or assisting current workforces to develop their professional repertoire, the mental health and addiction sector is positioned for positive growth into the future.

2017 Scholarship online applications closing date 16 January 2017 at 5.00pm

For information on our scholarships and awards programmes please contact our Te Rau Matatini Scholarships Team on 0800 MATATINI (0800 628 284) or [e-mail](#) us.

To apply [click here](#)

<http://www.matatini.co.nz/>

Living well with supportive systems

28. Werry Centre

Newsletter

E-bulletin No. 31, November 2016



Events & Training

16 February 2016 | [Supporting Parents, Healthy Children \(formerly COPMIA\), Wellington](#)

1 March 2016 | [The Incredible Years Aotearoa National Forum](#)

<http://www.werrycentre.org.nz/>

Living well with supportive systems

International Organisation

29. World Health Organisation

Latest News

WHO's Year in Review for 2016 19 December 2016

2016 has been a turbulent year, in which WHO has tackled disease outbreaks and humanitarian crises and championed efforts to combat antimicrobial resistance and move towards universal health coverage. It has helped countries eliminate infectious diseases and implement programmes to beat cancer, diabetes and other non-communicable diseases.

Click to read → [Year in Review](#)



Publications

Management of dead bodies after disasters: a field manual for first responders

When a major disaster strikes, the first people on the scene are often local organizations, residents and volunteers. They are often faced with the retrieval and immediate management of dead bodies before forensic experts can arrive.

“Management of dead bodies after disasters: a field manual for first responders” provides practical, easy-to-follow guidelines to ensure proper and dignified management of dead bodies after disasters. [More about the publication](#)

<http://www.who.int/en/>

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Other

30. Health Navigator



Newsletter

Healthy tips newsletter – [November 2016](#)



Tools

- [Panic Disorder Severity Scale](#)
- [Workplace Stress Test](#)
- [Anxiety Test](#)

<http://www.healthnavigator.org.nz/>

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31. Working for Youth



Latest Publications

[Lakes DHB Suicide Prevention Plan 2015-17](#)

<http://www.working4youth.co.nz/>

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32. Skip – Strategies for Kids/Information for Parents

Resources

SKIP booklets can be ordered individually or in larger quantities. Everyone is welcome to order the booklets, whether they are to be read by individuals, used in parenting support groups, or displayed in a workplace.

Whakatipu resources have child development information, activities and tikanga-based learnings for all whānau.

[Click here](#) to place orders...





Research & Training Material

SKIP provides independent research on positive parenting and training materials to help promote positive parenting messages throughout.

Resources include posters, DVDs, books and training modules and are intended only for organisations providing positive parenting education for parents. So please only order what you need.



<http://www.skip.org.nz/>

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33. Health Promotion Forum of New Zealand

Rongo Korero/News

Applications for 2017 Public Health Leadership Programme

Applications have opened for the 2017 Ministry of Health funded Public Health Leadership programme (PHLP). Anyone working in Public Health may apply.

Closing date **5pm on Wednesday 1 February.**

[Click here](#) for more information, application criteria and online applications.



<http://www.hauora.co.nz/>

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34. Gambling Helpline New Zealand

Helpline for All Gambling Issues



networks in your area.

We have professional Maori counsellors trained to help people who are affected by gambling. Our Kaupapa is to listen and support you and your whānau, in dealing with the effects of problem gambling.

We can offer you a range of practical suggestions, and where possible we can put you in touch with support

Vai Lelei, Talofa Lava, Fakaalofa Lahi Atu, Kia Orana, Malo E Lelei, Taloha Ni, Bula Vinaka, Greetings

We have experienced counsellors who are trained to work with you around gambling problems. We have counsellors who are part of the Pacific community and have a shared understanding of the Pacific culture.





Our experienced financial counsellors are trained to work with you around gambling problems and gambling debt. We provide specialist gambling debt crisis counselling for gamblers, their partners, family and others.

People of all ages can be affected by gambling. At Youth Gambling Helpline we have younger counsellors who can listen to you, and help you talk through any challenges you may be having with your own, or someone else's, gambling.



<http://www.gamblinghelpline.co.nz/>

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